



By Love Serve One Another

JOTTINGS

Faith in God the Father Almighty
and in Jesus Christ His Only Son Our Lord and Saviour
and in the Holy Spirit

Purpose

- Promotion of the full development of women and girls through its programmes
- To develop a membership that is responsive through service to the changing needs of the community in a changing world.

For Private Circulation only

No. 300 May 2024

Reading Between the Lines : The Multifaceted Approach to Reading the Holy Bible

Annie Cardoz

Within the sacred narrative of the Holy Bible lies a labyrinth of meanings waiting to be explored. Like skilled weavers, Hebrew scholars unravel its intricate threads, revealing layers of wisdom and revelation when they read the Tanakh aka / the Old Testament. Each interpretive method offers a unique lens through which to perceive the divine message, which is:

1. Peshat (פְּשָׁט): This is the literal or straightforward meaning of the text. It involves understanding the basic narrative, historical context, and linguistic elements without reading into deeper symbolism or allegory. In Genesis 1:1, the straightforward meaning of the text is that 'In the beginning, God created the heavens and the earth.'

2. Remez (רִמְזָה): Remez refers to the allegorical or symbolic meaning of the

text. It involves searching for hidden or deeper meanings beyond the literal words, often through the use of symbolism, metaphor, or numerical significance. In Psalm 23:1, "The Lord is my shepherd," the allegorical or symbolic meaning goes beyond literal words with the imagery of God as a shepherd and humans as sheep conveying deeper spiritual truths about God's care and guidance.

3. Derash (דְּרָשָׁה): Derash involves interpreting the text through homiletical or expository means. It encompasses various methods such as allegorical interpretations, moral teachings, and sermon applications. Derash can involve drawing lessons or insights from the text that are relevant to contemporary life. In the parable of the Good Samaritan (Luke 10:25-37), Jesus teaches about compassion and neighbourly love through

allegorical interpretation, teaching a moral lesson relevant to contemporary life.

4. Sod (סוד): Sod is the mystical or esoteric interpretation of the text. It involves uncovering hidden or secret meanings through spiritual or metaphysical insights. In the Book of Daniel (Daniel 7:13-14), the vision of the "Son of Man coming with the

clouds of heaven" is interpreted mystically with what we as Christians refer to as Jesus Christ's divine nature and future return.

So the next time you read the Holy Bible, try to understand it from this new lens to navigate new spiritual dimensions, seeking to uncover the eternal truths embedded within the sacred text.

Birthday List for the months of May & June 2024

Happy Birthday

Date	Member	Area	Staff
1st May	Hemangi Samson Namdas	Byculla	
1st May	Smruti Shinde	Youth	
1st May			Dolcy D'Souza
3rd May	Flavia Olive Lobo	Bandra	
3rd May			Lalbi Shaikh
5th May	Myrtle Rosalind Shipley	Belapur	
5th May	Jaya Damodaran	Chembur	
7th May	Alice Panikal	Bandra	
7th May	Jancy Simon	Bandra	
7th May			Sornalatha Jacob
8th May	Elvyn Gonsalves	Bandra	
11th May	Elsa D'Cruz	Andheri	
12th May	Mary Mathew	Belapur	
12th May	Geeta Murdeshwar	Andheri	
15th May	Tanvi Thomas	Bandra	
16th May	Lovey Pariyaram	Chembur	
16th May	Meena Azavedo	Andheri	
17th May	Annie George	Chembur	
17th May			Fatima Shaikh

20th May			Vimal Prabu
25th May	Urvi Shah	Andheri	
25th May			Therese George
26th May	Dr. Sunila Sanjeev Ernam	Belapur	
27th May	Merina John	Andheri	
28th May	Elaine Fernandes	Fort	
28th May	Jonita Nazareth	Youth	
1st June			Santosh Bhalekar
1st June			Vinayak Kamble
3rd June	Clotilda D'Souza	Bandra	
4th June	Janet D'Costa	Borivali	
4th June			Cajetan Fernandes
5th June			Bhiku Gangawane
10th June	Adv. Nikita Panhalkar	Andheri	
11th June	Bernadette D'Souza	Bandra	
11th June			Sangeeta Mhasalkar
12th June			Deepika Tambe
12th June			Anita S. Gaikwad
13th June	Blessy Babychan	Andheri	
15th June			Jayshri A. Dhode
16th June			Jayalaxmi Poojari
16th June	Beverly Bengali	Fort	
19th June	Juliet Crasta	Bandra	
20th June			S. Manoharan
20th June			Pauline Pillai
24th June	Louella Rana	Bandra	
25th June			Christina Shanthraj
26th June	Narinder Sharma (Neelam)	Andheri	
26th June	Sandra Noronha Fialho	Byculla	
27th June			Kiran Patil
28th June	Merline Thangiah	Fort	



ANNOUNCEMENTS



Prayer Requests

JESUS CALLING - PRAYER REQUEST

Online Prayer request channel was opened by SE Committee.

Prayer requests will be confidential.

Below is the list of members available for prayers:

Gissy Jacob	9702499500
Suneela Arun Kumar	9322776627
Vanita Narvekar	9819624356
Prabhavaty Christdoss	9892717323
Susy Babychan	9869402713
Angela Fernandes	9820627195
Patricia Furtado	9833822124

Important

Members,
kindly update your current postal address, mobile number and email Id to Membership Staff, Christina.

Please Note

Important Guidelines for Jottings

1. **Word-limit for articles is 200-250.**
2. **Departmental Reports should be checked by the respective Chairpersons.**
3. **Reports should be brief.**
4. **Photos of activities conducted, and with captions, should be sent. Request the concerned CPs to approve the photos before being mailed.**
5. **Photos of size upto 1 MB / 300 KB with captions will be accepted and should be sent only by email.**
6. **Photos of events/activities should be emailed separately, as well as in Word document, along with the said article.**
7. **All articles should reach on or before 15th of the month.**
8. **All articles should be sent to Staff Mildin-
jottings@ywcabombay.co.in or a hard copy at Byculla, YWCA.**

Sweet Notings

- Sharon Pires

A worker is a creator and the greatest asset to the nation.

We know the value of work; it helps us bring out our creativity and talent. It helps us earn and provide for our family. It motivates, challenges and enables us to contribute to nation-building.

There are so many who are without work and feel helpless. Work gives us something to do and do it well. On 1st May, **International Labour Day**, let's enjoy our holiday but also be thankful for our jobs, celebrate the work that we do and our ability to complete it. Maharashtra Day came into existence on 1st May 1960, a day to celebrate the state, its legacy and culture.

Only we humans make waste that nature can't digest. – Charles Moore

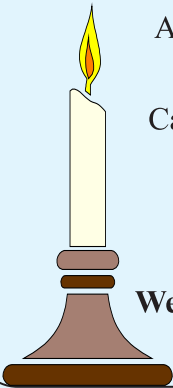
The internet, magazines and newspapers carry pictures of plastic pollution, animals and birds dying due to ingesting plastic bags that fill our land and seas. Clogged water pipes and drains cause water-logging and floods especially in the rainy season. 25th May is marked as **International Plastic-free Day**. A plastic bottle takes 450 years to decompose, that's like forever. **Don't let plastic bottles be our history fossils**. Stop plastic pollution and be the solution. Avoid single-use plastic. Carry your own water bottle and cloth bag- our way of giving back and saying thank you to Mother Earth for the numerous blessings showered on us. Every small positive action can make a big difference.

In Memoriam

Norman Francis Albuquerque, husband of Priscilla Albuquerque, Andheri Area member, passed away on Tuesday, 2nd April 2024.

Capt. Jacob Koshy, husband of Nita Susan Jacob, Chembur Area member, passed away on Saturday, 13th April 2024.

We pray for God's comfort and peace for the grieving families.



FORT: Lady Willingdon Hostel, 18 Madame Cama Road, Fort, Mumbai 400 001. Email: fort.hostel@ywcabombay.co.in

website: <http://www.ywcabombay.co.in>

Interesting and Rare Facts

Compiled by Rekha Joshi

Climate change-Part 1

What is climate change and what is it doing to our planet?

Climate change or **global warming**, is the process of our planet heating up.

Scientists estimate that since the **Industrial Revolution**, human activity has caused the **Earth** to warm by approximately **1°C**. While that might not sound like much, it means big things for people and wildlife around the globe.

Rising temperatures mean that the changing climate will actually make our weather more **extreme** and **unpredictable**.

As temperatures rise, some areas will get wetter and lots of animals (and humans!) could find they're not able to adapt to their changing climate.

What causes climate change?

Burning fossil fuels-Over the past **150 years**,



industrialized countries have been burning large amounts of **fossil fuels** such as **oil** and **gas**. The gases released into the **atmosphere** during this process act like an invisible 'blanket', trapping heat from the sun and warming the Earth. This is known as the **“Greenhouse Effect”**.

2. Deforestation

Forests absorb huge amounts of carbon dioxide – another greenhouse gas – from the air, and release oxygen back into it. The Amazon rainforest is so large and efficient at doing this that it acts like our planet's air conditioner – limiting climate change. Sadly, many rainforests are being cut down to make wood, palm oil and to clear the way for farmland, roads, oil mines, and dams.

Source: National Geographic Kids.

Dear Members and Friends,

PASI Committee is glad to announce the collaboration and support of **YWCA of Bombay to The Recycling Company** (Threco) towards E-waste collection and recycling.

Three **E- Waste** bins have been placed in the YWCA centres at -

- 1) Asha Kiran, Andheri
- 2) Achamma Bhavan Hostel, YWCA, Byculla
- 3) Lady Willingdon Hostel, YWCA, Fort

The main target is to **Reduce, Reuse and Recycle** to save **Planet Earth** and preserve the environment for future generations.

All electronic and electrical items like – laptops, desktops, monitors, keyboards, mouse, mobile phones, printers, remotes, routers, cables, headphones, accessories, batteries, telephones, charges, coolers, ACs, TVs, ovens, music systems, electronic toys, refrigerators, bulbs, tube lights etc., should be disposed off in the prescribed manner.

Looking forward to the support from all YWCA members and staff. Together, we can work towards a cleaner and better environment.

Membership

Sacred Music programme

Venue : The Heritage Hall, YWCA, Fort, Mumbai

Date : 23rd March, 2024.

Chief Guest : Rt. Rev. Joseph Mar Ivanios, Bishop, Mumbai Diocese, Mar Thoma Syrian Church.

Introduction of the Chief Guest : Santhi Liju.

Theme : Hosanna – Save, we pray.

The Bishop spoke on the importance of Passion Week and about Jesus' love for humanity - sacrificing Himself on the Cross to take away the sins of the world.

Compère : Mary Mathew.

Devotion : Dr. Sonal Ohol.

Each area presented hymns and enacted dramas that focussed upon Jesus' words from the Cross.



Prayer and Benediction : Rt. Rev. Joseph Mar Ivanios.

Vote of thanks: Lora Saldanha.



Rt. Rev Joseph Mar Ivanios,
Bishop of Mumbai Diocese of
the Mar Thoma Syrian Church

Spiritual Emphasis

On 3rd April SE conducted prayer fellowship and Bible Quiz on the Book of Esther.



Winners of the Bible Quiz

International Center: 18, Madame Cama Road, Fort, Mumbai 400 001

Ph : 6624 7222

email: ic.manager@ywcabombay.co.in Website: <http://www.ywcabombay.co.in>

Public Affairs and Social Issues

PASI Committee organised an awareness talk on **Intersectionality as a Feminist Theory and Practice**.

Date: 22nd March

Venue: Asha Kiran, Andheri

No. of participants: 42

Resource Person: Dr. Shewli Kumar, Associate Professor and Chairperson of the Centre for Women-Centred Social Work, School of Social Work, Tata Institute of Social Sciences.

Intersectional feminism is important in addressing and advancing first and second-

wave feminist work, as it recognizes people's experiences of oppression which are shaped by multiple intersecting identities and factors such as race, gender, class, sexuality, ability, and more.

In the context of feminist theory, intersectionality highlights how different forms of oppression (e.g. sexism, racism, classism, etc.) intersect and compound each other, leading to unique experiences of discrimination and privilege for individuals. It emphasizes the importance of considering these intersecting identities and power dynamics in understanding and addressing issues related to gender-equality and social justice.

The talk was followed by a Kathak group dance. It was based on a Marathi song about the lives and struggles of six different working-class women characters:

Mill worker (Girni kamgaar)

Factory worker

Nurse

School teacher

Farm worker

Daily wage-earner

This was followed by an interactive session.

Women's Development Unit (WDU)

1) Health:

Medical Health Check-up Camp was conducted for 87 beneficiaries on 7th March at Fort community.



PASI Committee organised **-Voter Awareness programme** on 4th April at YWCA, Byculla on the topic '**Why Must We Vote?**' A lot of people want to vote but many are not aware of its need and how to cast it. The aim of this programme was to create awareness of the importance of voting as it is a civic right of every adult citizen.

Speakers were Mr. Dolphy D'Souza, President of Bombay Catholic Sabha and Mr. Norbert Mendonca, Vice President of Bombay Catholic Sabha. Mr. Dolphy explained the reason why we must vote, as every vote counts. Voting helps us to elect the right candidates who will be accountable for their actions and create the framework for our democracy. This will lead to better governance and what everyone desires – a democracy that is free, fair and representative.

Mr. Norbert showed us the PPT presentation on the Voter Registration App. which is downloadable, and various useful updates.

The session was very informative.

2) Senior Citizens' Group:

Kiran Patil conducted a programme for 45 senior citizens on 24th March at Fort. Shree Gaurishankar Pratishtan distributed Sholapuri bedsheets to the participants. Kiran Patil was felicitated with a memento by the Pratishtan.

BELAPUR: Anugraha Hostel, Sector 8, CBD-Belapur, Navi Mumbai- 400 614 Ph: 27570786
email: belapur.hostel@ywcabombay.co.in



3) Acupressure and Sujok :-

A session on Acupressure and Sujok was conducted by nursing teacher Shradha Dhepe for 20 participants in March for Byculla community.



4) Staff Capacity-building:

Mumbai Mobile Creche organised an exhibition for Balwadi teachers Meenakshi Sonawane and Yogita Sonawane on 21st March at Wadala. The highlights of the exhibition were:

- Puppet show
- Preparation of paper dog-face
- Interesting action song



5) Adolescent Session:

A session on **Safe & Unsafe Touch** was conducted for 19 children (12-15 age group) on 20th March at Belapur.



6) APM and 'Empower Her Mela'- WDU participation:

17 SHGs participated in the **Empower Her Mela** to showcase their products and benefit from the sale.

Santoshi Dwivedi, from Byculla community, completed Basic and Advanced Beautician, Nail Art, Self-grooming and Mehendi courses at YWCA. Now she earns Rs. 20,000-25,000/- monthly.

Nursing student **Sayli Aambokar** worked in a nursing home for a year. After joining Dalvi Hospital, she worked in the ICU department for 5 years. Presently she is working as an OT nurse in the same hospital. **Pratiksha Santosh Tanwade** was

introduced to YWCA through Basic Mehendi course in 2022. Soon after completing Advanced Mehendi, she started taking orders for regular, as well as, Bridal Mehendi. Inspired by YWCA, she started teaching community women at a reasonable rate. She enrolled for and completed both Basic and Advanced Parlour Course. Pratiksha now earns Rs 35,000/- for bridal make-up and Rs 11,000/- for mehendi.

Felicitations



Santoshi Diwedi



Pratiksha Santosh
Tanwade



Sayli Aambokar

Shelter Homes

1. Voting Awareness programme was conducted at Ashray Shelter Home, Borivali. CDO Mahendra Gopne, Health centre and BMC team attended.
2. **The Movement of India** donated books to the mini library of Ashray Shelter Home.
3. Shelter Homes residents arranged a food stall at Asha Kiran on the occasion of its Silver Jubilee on 5th April.
4. Activity and relaxing games were conducted in both the Shelter Homes in March.

Silver Jubilee Celebrations

1. Rehearsal was held on 2nd April.
2. Jubilee Mela was organised with 22 stalls on 5th April. Tambola was enjoyed by all.
3. 6th April was the final day which began at 6.30 pm. The event was a grand success in terms of programmes, performances, relevance and substance.



Area Reports

Andheri: 22 members with 5 guests attended meeting on 11th April. Devotion was led by Juliet Solomon. The following points were discussed:

- Area picnic on 8th June
- Online Bible classes every Thursday from 4.30 pm to 5.30 pm on Zoom
- Y- Deepa summer date 30th May. Members gave their names to volunteer for the same.



Bandra: 9 members attended meeting on 6th April at YMCA. Devotion was led by Helen George Mathew. Members conducted Outreach Activity on 26th March for malnourished children, single mothers, brick kiln workers and their children in the villages of Eklahare, Bandi, Katkari and Parre of Murbad Taluka in Maharashtra. After a brief talk on balanced diet, 10 beneficiaries were handed over nutritional kits.



Belapur: 10 members attended meeting on 8th April. Devotion was led by Suneela Arun Kumar. Members discussed Bridge course for study-centre students, and Y Deepa event for the months of April and May.

Borivali: 20 members with 1 guest attended meeting on 3rd April. Devotion was led by Flory Alvares. Spiritual Emphasis Team conducted Bible Quiz on the Book of Esther. Members shared feedback on visit to Dilkhush Home at Gorai.

Byculla: 11 members attended meeting on 2nd April. Devotion was led by Annie

Aranhna. Dr. Sonal Ohol gave a talk on **Early Signs and Symptoms of Diabetes**. Members discussed upcoming events.



Chembur: 7 members and 5 guests attended meeting on 5th April at Seva Dhan. Devotion was led by Lovey Pariyaram. Sundari Raju, member of Multiple Sclerosis Society of India gave a talk on **Multiple Sclerosis (MS)**. MS is a chronic progressive disorder of the Central Nervous System which appears suddenly and has devastating effects on individuals in the prime of life. The speaker highlighted the following points:

- Importance of early diagnosis
- Appropriate support-system to cope with the disorder both for the patient as well as the caregiver
- No cure for the disease at present

The talk was educative and enlightening as most people are unaware of this disorder.



Fort: 9 members attended meeting on 4th April. Devotion was led by Eileen Fernandes. Members celebrated Laila Furtado's birthday. Prayer fellowship was conducted by member Laila Furtado. Visit to Garden School was discussed.

Programmes and Committee Meetings for May 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Holiday	2 PIYA 7.00 pm on Zoom	3	4
6	7	8	9 WDU Meeting 11:00 am Byculla	10	11 Membership Meeting 10.30 am on Zoom IC Meeting 10.30 am Hybrid
13	14 Shelter Homes Meeting 1:30 pm Andheri	15	16 Buildings Meeting 11.00 am Byculla	17	18
20	21	22	23	24	25
27	28	29	30	31	

Programmes and Committee Meetings for June 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Bandra Area 3:00 pm WDU Meeting 11:00 am Byculla
3 Belapur Area 11.00 am LWH Meeting 4:00 pm Fort	4 Byculla Area 10.00 am Prayer fellowship followed by Area Meeting ABH Meeting 1:00 pm Byculla	5 Borivali Area 11.30 am	6 Fort Area 10.30 am Andheri Area 3.30 pm Spiritual Emphasis Meeting 11:30 am on Zoom DDH Meeting 12:00 noon Andheri PASI Meeting 2:00 pm Byculla	7 Anugraha Meeting 11:00 am Belapur Chembur Area 3.30 pm PIYA 7.00 pm on Zoom	8 AK Meeting 12.00 noon Andheri Membership Meeting 10.30 am on Zoom IC Meeting 10.30 am Hybrid PR Meeting 1:00 pm on Zoom
10	11	12 General Hostels Meeting 1:00 pm Andheri	13 SGMA Meeting 11.30 am Byculla	14	15
17	18 Jottings Meeting 11.00 am on Zoom	19	20 Buildings Meeting 4.00 pm on Zoom	21	22 HR Meeting 10.00 am on Zoom
24 Finance Meeting 5.00 pm on Zoom	25	26	27	28	29 Board Meeting 10.00 am Byculla

DROP IT IN

If you do not receive a copy of the JOTTINGS for the month please inform our Byculla office immediately.

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 Vocational Training Institute. email : jottings@ywcabombay.co.in
 website: <http://www.ywcabombay.co.in>