



By Love Serve One Another

JOTTINGS

Faith in God the Father Almighty
and in Jesus Christ His Only Son Our Lord and Saviour
and in the Holy Spirit

Happy Women's Day
to All

You Add
Magic to Life

Purpose

- Promotion of the full development of women and girls through its programmes
- To develop a membership that is responsive through service to the changing needs of the community in a changing world.

For Private Circulation Only

No. 287 March 2023

Why Women's Day?

Jenny Talwalker

No doubt some kind gentlemen decided to give us our own special day. However, seen in the light of history this comes "too little, too late". For centuries, and across all continents, women were deemed the weaker sex. Not just in size, strength and intelligence but also esteem. I feel sure attitudes will turn around, but all so slowly. As a midwife I've seen women weep for not delivering her family a boy child. True, social attitudes are changing and determined women are challenging men in all areas of life. AT LAST. Some type of men still feels the need to feel he holds the purse-strings, and of course, the family title comes from the male side.

To be fair, some men now prove they can cook!

Strange as it is, this holds true worldwide across society. Of course, men and women have some differing gifts, it is just that due respect has never been given to 'the little woman' tied to home. However, as more and more women hurl themselves into areas once denied them, I say this is all for the better. From presidents to academics and sports positions women's voices are now earning respect.

OUR DAY HAS COME!

World Day of Prayer

Paul gave thanks to God for the Ephesians living out their love and faith. He prayed that they would receive a spirit of wisdom and revelation and would "come to know [God]" through the light and inspiration of the Holy Spirit!

Many times we are frustrated by difficulties and obstacles and may even lose our hope and faith, or rely on our weak human nature. However, we are called to keep our "hope and faith" in God's kingdom and promises. Through the enlightenment of the Holy Spirit, we come to see the faithful, loving, and gracious God.

Throughout the letter, the author shared his prayers for the saints, in the trust that they could grasp how wide and long and high and deep the love of Christ is (Ephesians 3:18). Should we be willing to respond to that love by living not for ourselves but for God? The love of Christ may be revealed

through our actions, which will point to God's glorious and abundant inheritance!

In the eyes of God, we are not pieces of confetti that go with the wind without a specific direction, but irreplaceable pieces of a puzzle. Despite our different social backgrounds, regional contexts, and diverse cultures, we come to unity in Jesus Christ.



Date: Saturday, 3rd March 2023
 Time: 11.00 am
 Venue: Y Byculla
 Theme: I have heard about your Faith.
 (Ephesians 1:15-19)
 Country: Taiwan

Birthdays in March 2023

Date	Members	Area	Staff
1 st March	Divya John	Belapur	
1 st March	Sarah Philip Pothan	Fort	
2 nd March			Ganpat Chipte
2 nd March			Anant Gavang
4 th March	Philomena Lobo	Bandra	
6 th March			Babita Chaudhary
7 th March	Teofilda Pinto	Fort	
7 th March	Nisha Nair	Chembur	
8 th March	Helen Mathias	Fort	
12 th March	Nutan David	Andheri	
12 th March			Suzanne Rebello
14 th March	Anne D'souza	Fort	
15 th March	Rosa M D'Souza	Andheri	
15 th March	Sushila Shetty	Andheri	
15 th March			Vijay Gaikwad
16 th March	Nita Susan Jacob	Chembur	
17 th March			Monica Pawar
18 th March			Isabel Mendonca
20 th March	Yasmin Kuruvilla	Belapur	
20 th March	Suzanne Fernandes	Borivali	
21 st March			Nisha Misal
21 st March			Sunita Waghmare
22 nd March	Roshan Manek Doctor	Fort	
24 th March	Nisha Gopalan	Chembur	
24 th March			Sangeeta Wetal
26 th March			Prabhakar Mahato
31 st March			Meenakshi Sonawane
31 st March			Asha Nagotkar



**Count your life by
smiles, not tears. Count
your age by friends,
not years.**



**Happy
Birthday**



**We
Love
You !**



Sweet Notings

Sharon Pires

“Young girls with dreams become women with vision.”

We can nurture the dreams of our youth, onward and upward as they journey on towards a life of meaning and fulfilment for all, so together we can envision a future that is sustainable, viable and meaningful.

“She believed she could, so she did.”

To be women who stand up against all odds, in both good and bad times takes strength. To speak for the right, with courage and conviction to fight against injustice. To believe in our inner strength and to exercise our rights when needed.

A successful woman is one who can build a firm foundation with the bricks others have thrown at her.

Grit and determination takes nerve and inner strength. Bouquets will be rare, but if you can use the brickbats as stepping stones you will overcome

In Memoriam

George Lobo, brother of Hilda Patrao, Byculla Area member, Passed away on 1st February 2023.

We pray for God’s comfort and peace on the grieving family.



General

Staff Picnic

The Staff Picnic was organised at Rajodi Beach Resort and Water Park Nallasopara (W) held on 25th January 2023. The total number of staff present were 83. As the weather was cold so only some staff member went on the rides. The Rain dance with DJ Music was good. The quality and quantity of food served at the resort was good and tasty. The surrounding area was clean and covered with refreshing greenery.

Overall the staff had lots and lots of fun and entertainment at the Beach. The lady staff played childhood games and races at the sea shore. Some of them were just walking around collecting stones

and move ahead.

When women support each other, incredible things happen.

Women Empowerment – WE can build each other up or tear each other apart, such is our power – let’s channel it in the right direction for a positive impact.

A strong woman stands up for herself.

If you believe you are right, speak up, don’t suffer silently, take a stand and be an inspiration to others too.

The IWD theme is DigitALL – Innovation and Technology for gender equality and Embracing Equity – Let’s get Tech Savvy for the benefit of all, showcase women in the right light – their talents, abilities and initiatives and be more inclusive.

Happy Women’s Day!

and shells. The entire staff participated in the common games organized by the HODs and were given gifts.

A special thanks to all the Committee Members and Board Members for the wonderful day spent together.



International Centre : 18, Madame Cama Road, Fort, Mumbai - 400 001. Ph. : 2202 5053 / 22826814

Hostels - Republic Day Celebrations

Lady Willingdon Hostel:

Republic Day celebration began with unfurling of the National flag by a senior member, Laila Furta-do from Fort, followed by the soulful rendering of the National Anthem by all present. Speeches were given by Members and Staff explaining the significance of 26th January, the Constitution and the sheer privilege of living in a free Country where democratic ideals are upheld. A melodious patriotic song was sung by our resident creating a warm feeling in everyone's heart. The entire area was beautifully decorated with flower petals, pots, and multiple flags. There were 44 residents and guests, 13 Members and 6 Staff (63 nos) present on the 74th Republic Day programme.



Dipti Dhaman Hostel:

Republic Day was celebrated on 26th January, 2023. The Chief Guest Ms Minal Patil Sangthan Adhyaksh, was present with the President, AK and DDH members, Staff, Residents and Guests. After a warm welcome and prayer, the introduction of the Chief Guest was done; she was invited to unfurl the flag after which she gave a speech. The residents participated in the celebration by performing a dance on a National song; they also gave a speech on freedom and sang a song. The Chief Guest was presented with a potted plant for gracing the occasion. It ended with a vote of thanks.



Anugraha:

Republic Day was celebrated on 26th January 2023.

Five members, 25 residents and 2 staff members attended the programme. The National flag was unfurled by our member, Dolly Solomon followed by the singing of the National Anthem. She also spoke about how our Constitution came into existence. Two of the residents also read out about the



importance of Republic Day. Rules and regulations of the Y Hostels were briefly explained by the CP.

Achamma Bhavan Hostel:

India's 74th Republic Day was celebrated with great enthusiasm. The programme began with a prayer and an introduction of the Chief Guest by the CP. She was presented her with a shawl and a potted plant. The National Flag was unfurled by our Chief Guest Professor Sreelatha Kommuguri, all present felt a feeling of pride of being Indians, saluted and sang the National Anthem. The Chief Guest gave a highly motivational speech on the topic 'Sacrifice and Challenges of a woman to achieve her goals'. An informative speech on meaning of Republic Day was given by a Member. The residents sang a patriotic song and gave a speech. It concluded with a prayer.





YWCA OF BOMBAY

Donate

Make a Difference



BANK DETAILS

YWCA of Bombay
Name of Bank: UCO Bank
Branch: Nariman Point
A/c No: 03860100009540
IFSC Code: UCBA0000529



Donations will be used for the welfare of children in communities and shelter homes.

Donate and avail of tax exemption u/s 80G.

After making the donation online, kindly send PAN no., address & payment details to acc.manager@ywcabombay.co.in for acknowledgement letter & receipt.

International Women's Day

Date: Saturday 11th March

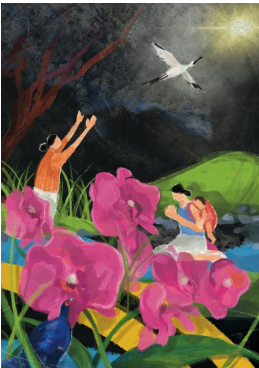
Time: 10:30 am

Venue: Byculla

Registration: Rs120/-

Theme: NARI

New Ambition & Result –Oriented Initiative



World Day of Prayer

Date: Saturday 3rd March 2023

Time: 4.00 pm

Venue: Y Byculla

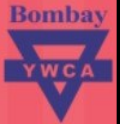
Theme: I have heard about your Faith.

(Ephesians 1:15-19)

Country: Taiwan



YWCA of Bombay



Online Care-giver Course

Starting soon

Eligibility criteria

Qualification: Passed Std 7

Medium of instruction: Marathi & Hindi

Duration of course: One month

Fee: Rs 500/-



Certificates will be given to all participants at the end of the training.

For more information contact:

Nirmala Samel (Nursing teacher)
022 23096544/55
Ext: 206



Admissions are now open

Timing

1 to 3 pm & 3 to 5 pm

Address

YWCA of BOMBAY
75, Motlibai Street,
Opp. Baby Garden,
Near Maratha Mandir,
Mumbai- 400 008

Advance Course- 6 months
Basic Course- 3 months

Contact No.

Sunita Waghmare
9326172029



Certificates will be issued on successful completion

BELAPUR : Anugraha Hostel, Sector 8, CBD-Belapur, Navi Mumbai-400 614.
e-mail: ywcabelapur@gmail.com

Ph. : 27570786

Rare Facts

Changing the Course of Golf

One hundred years ago – on a cold and miserable September day in 1913 – a little-known American, Francis Ouimet, changed the course of golf history. He defeated the might of the British challenge to win the US Open by five strokes in an 18-hole play-off against Harry Vardon, the world's greatest player at the time. Ouimet's victory was remarkable – not only was he just 20 years old at the time, but he was also an amateur golfer. His victory was the first by an American golfer in the 16 years of the US Open, and his win heralded the start of US domination of the world of professional golf. Ouimet was honoured in 1951 as the first American to be named captain of the royal and ancient golf club of St Andrews.

US champions: Francis Ouimet and Tiger Woods.

Quote

God does not stoop His standards low.... You got to raise yours!

– Priya Dongre



Bombay
YWCA
Empowering Women

Admissions open for
Short-term Bakery Course

Hurry!!!
Batches are filling up fast

For details, contact
NACHITA -9969481083/9769097448



Your Feedback on Jottings - Newsletter may be sent to Mildin Nadar, Staff designate at jottings@ywcabombay.co.in

We are Hiring! Join our Team

YWCA of Bombay invites application for the post of Assistant Co-ordinator, **Women's Development Unit (WDU) - Female candidate**

Requirements

- MSW with knowledge of Computer
- 3-5 years of experience in managerial role
- Age: 30 – 50
- Fluency in English, Hindi and Marathi
- Christian

Please apply with expected salary and recent photograph to YWCA of Bombay, 75, Motlibai Street, Near Maratha Mandir, Mumbai 400 008 / Email: admin.secretary@ywcabombay.co.in

YWCA of Bombay invites application for the post of **General Secretary**

Requirements:

- Female
- MSW with knowledge of Computer
- 5 years of experience as managerial role
- Age: 30 – 50
- Fluency in English, Hindi and Marathi
- Christian

Please apply with expected salary and recent photograph to YWCA of Bombay, 75, Motlibai Street, Near Maratha Mandir, Mumbai 400 008 / Email: admin.secretary@ywcabombay.co.in

Membership

EKTA Programme

The very mention of the Annual Ekta programme brings forth visions of camaraderie and enthusiastic performances by members of all YWCA areas.

The programme began with a welcome by Fatima Gomes, after which the beautifully crafted YWCA Anthem was played. Praise and Worship was led by young and enthusiastic Marline Thangiah and the audience participated joyfully. Devotion was led by Shama Chatterjee with a fun activity of finding a partner like Adam finding Eve, and then both reading an appropriate verse from the Bible. A great way to learn about Biblical characters.

This year's Ekta had a special edition where President Blessy Babychan and Board Members shared the National YWCA's vision discussed at the National Convention at Delhi. The information packed powerful snippets not only provided insight of YWCA's vision for the coming year but also helped us bond with the shared mission.

President Blessy emphasised on the fact that we would strive for standardization at all levels - even in membership. Programmes that will be undertaken will need to show measurable results. Annie Cardoz shared insights for the youth and spoke about accessibility citing the plight of those with hearing impairments during Covid as an example. This was followed by self-reflection and commitment. Ovita Parulekar shared her views on Strengthening Communities. Sharon Pires talked on Nurturing Nature - why it is imperative to protect our Earth. This was followed by reflection.

During the self-reflection sessions, Anesha Reuben gently nudged the members to reflect and

list what we are doing right and hence continue as well as list what we are not doing right and therefore commit to pause while thinking what can be started anew as a course correction. The programme ended with a vote of thanks by Jennifer Talwalker.



PIYA

PIYA Committee organized an interactive session on 'Leadership' for students of HR College on 13th January. The guest speaker was Dr. Narayan Iyer from IDF. It was a very inspiring talk encouraging youth to focus on their positive life goals and ways

to achieve success and happiness on their life journey. Youth present expressed their thanks for the information they garnered from the speaker which would benefit them. This was followed by an

interactive question and answer session, which was excellent, as the Speaker answered all queries. Youth were informed about YWCA activities undertaken and all were invited to become members. Many expressed their interest to become members. Some youth requested for more seminars at YWCA on any interesting topic.



Women's Development Unit

- Picnic of Balwadi/Creche and Study class children held in month of January.



- Toy bank staff visited Belapur, Fort and Byculla centre and took activities with the children.
- Sport day celebrated with Balwadi children at all Balwadi centres.



- Savitribai Phule Jayanti celebrated at Fort Balwadi on 3rd January.
- Vaishali Shinde [SW] and Sonu Pereira attended a programme called “Nafraat Ki Diwar Mein Prem Ka Surag” that was jointly organized by Citizens for the Constitution (CFTC) and the Centre for Study of Society and Secularism, Mumbai on 28th January 2023. Sonu Pereira represented YWCA of Bombay by participating in the discussion on the constitution of India and asked relevant questions to the speakers of the programme. Tushar Gandhi, great-grandson of Mahatma Gandhi & Author of “Let's Kill Gandhi”, Mihir Desai, Human Rights lawyer; Dolphy D'souza, GM President, Bombay Catholic Sabha; Dr. Salim Khan, Member of Jamaat e Islami, Hind and Neha Dabhade, Deputy Director of Centre for Study of Society (CSSS) and Secularism, Mumbai were the speakers present.

Success Stories:
Community: Byculla.

Course: Advance Tailoring.
Teacher: Asha More.
Student name Beena Akhtar.

She is enrolled in the tailoring batch of 01-12-2022 to 31-05-2023. She lives in Sathrasta Byculla with her 8 family members. She has also enrolled for the basic mehendi course but dropped out as she couldn't manage it. She was a hyper student as she disturbed the classes and teachers. Social worker Vaishali Shinde thought, she may be going through mental issues. Her case was referred to Aasra but since Beena was not willing to take counseling we didn't proceed. However, this student was very keen in learning something new to assure her family of her abilities. Thus, she got herself admitted in the basic and now advance tailoring course. She stitches lovely children frocks and other type of outfits. She is now in the advance level showing more progress by stitching kurtas / other outfits. She still has 3 more months to complete but this story was a success journey for the YWCA of Bombay along with the student, her family members are very happy with her progress and Beena also feels empowered now and no longer fears or disturbs the class.

Community: Belapur.

Course advance Beautician/tailoring.
Course Teacher: Mohini H.
Student name Aashiyana Shaikh

She lives in CBD Belapur with her family [husband and 2 children]. She has completed both basic and advance tailoring course with us and recently passed out from the advance batch 10-06-2022 to 16-12-2022. She is now independent enough to support herself, she says “abhi choti choti zarootho ke leya husband ko mangana nahi padta mai khud sambhal leti hu” this explains her little success she takes orders for both stitching and beauty services and earns around 4000 rupees. or more in a month she is thankful to the YWCA of Bombay to be able to learn these courses at such an affordable fee and in safe environment.

Community Report
Belapur:

Organised awareness session on Rationing issues on 2nd January at Belapur with 40 beneficiaries. Mr. Manoj Gaikwad gave information about their rationing cards.

Adolescent Group:

Chembur community: N.N student conducted session with adolescent group on self-esteem and indicator on 28th January with 15 girls.

Youth Group:

Fort youth group Sahyog Yuva Vikas Mandal received their Pan card.. Fort -TISS Students conducted session with Youth group on Body Shaming on 3rd January. TISS student conducted a session on "Time management with 23 youth at Fort community on 17th January.

Senior Citizen Group:

Chembur - N.N. students conducted a session on meditation Yoga with 16 senior citizens at Chembur community on 28th January.

Capacity Building:

- Vaishali Shinde along with 30 women attended one-day workshop of Social Training. Topic: Self-employment, Short term training, Family finance management and Yoga and Pranayam. The resource person was Mr. Balkrishna Nanekar gave the information. Self Defence resource person was Mr. Chandrasen Jagtap. Jewellery making workshop was held on 6th January 2023 at By-culla.



- Women empowerment programme was organized by Audhyogik Utpadak Sahkari Sanstha. Total 400 women attended the programme at Lakhanshi Nappu Hall, chinchpokali on 20th January. YWCA was given an opportunity to share about our activities. We also highlighted work done by WDU, AK and Shelter homes. Administrative Secretary Priya Dongre, Dolcy D'souza, Nisha



Misal, Vaishali Shinde, Kiran Patil, Deepika Tambe and 200 community women from Fort, Chembur, Byculla and 200 from Audhyogik Utpadak Sahakari Sanstha attended.

Special Event:

- Belapur: On 3rd January Sunita Waghmare attended Savitribai Phule Jayanti programme at Vishnudas Bhave Hall with 13 women. 7 women participated in Nutrition Competition and 6 participated in Mehendi Competition. Following were the prize winners in Mehendi Competition. 1st - Naidan Shaikh won Rs.3000/- and trophy 2nd - Shilpa Aaher won Rs.2000/- and trophy 3rd - Drushti Udhand won Rs.1000/- and trophy
- Kiran Patil, Vaishali Shinde, Youth volunteer, TISS student and 30 adolescent children attended programme of Whistling Woods International Film City Complex at Goregaon on 21st January 2023. They enjoyed the programme with dances and games.



- Vaishali Shinde organised a Get-together programme at Byculla with 38 women on 27th January. Nisha Misal gave information on the Importance of getting together and Dolcy D'souza gave information of Aasra.

Sustainable Livelihood

- Seven TISS students organised Mehendi stall their campus for the Chembur community youth girls of YWCA Mehendi class and they earned Rs 5050/-



FORT: Lady Willingdon Hostel, 18 Madame Cama Road, Fort, Mumbai 400 001. E-mail: ywcalwh@rediffmail.com

Ph. : 22020122/ 22823411

- Received invitation from NESCO IT Park for organizing stall of SHG women for homemade items, Modak, Puranpoli, Methi laddoo etc. on 12th and 13th January and they earned well. Deepika Tambe and Kiran Patil handled the stall with women for 2 days.



Course feedback Details: Following are the Byculla and Belapur Community students taking orders

Name of the student	Course name	Monthly Income
Mishva Shaikh	Advance Mehendi	1000/-
Neha Pise	Advance Mehendi	5000/-
Drishti Ushwand	Advance Mehendi	2000/-
Nazma Ansari	Basic Mehendi	6000/-
Soliya Shaikh	Advance Mehendi	5000/-
Sakshi	Advance Mehendi	8000/-
Yogita More	Advance Mehendi	6000/-

Health : Medical camp

Fort : L&T General Medical Camp held at Fort community with 138 Beneficiaries on 9th January and Chembur with 119 beneficiaries on 17th January.



AASRA:

Dolcy Dsouza conducted a session on Healthy Family Life, girl child conflicts between family members at Asha Kiran on 30th January 23.

Psychological Counselling

Month Nov/ Dec-22	Byculla		Belapur	
	New	Follow up	New	Follow up
	3	16	3	4

Bakery :

Success stories –Sancia Araujo, short term bakery student completed course in Covid period She made 20 kg Rum cake, Mawa cake and coconut macaroons during Christmas. Regularly taking orders of bakery products and putting up the stall.

Asha Kiran

- Awareness session on Relationship between Mother-in-Law and Daughter-in-law was held on 20th January 2023 by Dolcy D’Souza. It was a good session. 50 participants along with members were present. It was very interactive session. Many beneficiaries asked for personal counseling for themselves and for their children.



Harsha. They received Rs2000/- for participation.

- Eighteen students registered for Jute Bag Making.



- Two days NGO mela was held at Mithibai College on 24th & 25th January 2023. A stall was put up by our Sakhi beneficiary Ajani/

- Shivsena Shakha Mahila Sangthan Upadhyaksh, Minali Patil, helped us for mobilization of our skill development courses. She also distributed fruits to our Crèche and study center students.



- Twenty study center students along with 3 teachers had gone for an exposure visit at Film city, Goregaon on 21st January 23. This trip was arranged by Andheri Area members.



- Free Adult Literacy Class started from February 23. So far 5 ladies have registered. The timing is from 2 to 3 pm every day.



Shelter Home

- BMC has chosen Shelter Home for research work. BMC has conducted International Inspection of Shelter Home on 9th January 23. They were very happy to see how it functioned. They are conducting research and this will soon be published in a research paper by the University of Sydney.
- Celebrated Savitribai Phule Jayanti on 3rd January 23.
- Celebrated New year with Special lunch at both the Shelter homes.
- Urban Homeless center from Mantra Santha, Mira road visited our Ashray Shelter Home.

They were sent by BMC to see how we maintain the documents and functioning of overall shelter work. So that they can do similar work in their Center. Ashray Shelter Home and Ummeed have truly become a model to be replicated by others.

- Republic Day was celebrated at Shelter home on 26th January 23. Flag hosting, national anthem, dance, action games, group activities were performed Fancy dress, craft/drawing competition were conducted for residents.
- As per BMC request six success stories of Shelter home were sent to their office.

Public Affairs and Social Issues (PASI)

YWCA of Bombay organised 'A Free Early detection of Cancer Screening Camp' conducted by Cancer Patients Aid Association (CPAA) on 17th January 2023 at YWCA, Byculla. CPAA is a charitable organization working for the last 53 years towards the total management of Cancer – Awareness to Rehabilitation.

Mrs. Neeta More, Director of the Association is willing to conduct awareness sessions online or offline. The doctors and staff were experienced and cooperative. Fifty six attended the camp.

The main aim was 'Prevention through Early Detection' by holding awareness and screening camps for healthy individuals at their work place, residential areas, schools / Colleges students/ NGO's etc. The screening camp had the following

examinations/tests:-

- Head & Neck examination an Indirect Laryngoscopy (IDL), visual examination of the oral cavity along with a complete ear-nose-throat check-up by an ENT specialist / Head & Neck surgeon.
- Gynecological examination for women consists of an internal examination, including a per-speculum visual inspection of the uterine cervix, a Pap Smear Test (cytological examination) for early detection of Cervical Cancer and clinical examination (palpation) of the breasts. All women are taught breast self-examination.
- Routine Blood Test – Hemoglobin and White Blood Count to identify infections or anemic conditions.
- A complete general check-up by a Physician.

Reports were collected and dispersed accordingly. As a token, CPAA has given First Aid Box to YWCA. T-shirts and biscuit packets distributed to all by CPAA. After the medical check-up, refreshments were given to the doctors and staff. Vote of thanks was given by staff.

Your vision of Amchi Mumbai – Clean Air and Pollution-Free (Seniors)
Your vision of India – Unity in Diversity (Common)

Judges for the poster competition were
Rekha Joshi
Angela Fernandes
Ujwala Reddi
A big thanks to them.

The children showcased their creative skills in drawing and colouring. It was an entertaining event for a noble cause, for the boys at the YMCA.

The programme was successful with the joint efforts of the staff and PASI Committee of YWCA and YMCA. Thanks to all, who attended too.



Report of Awareness Session - Poster Making Competition held on Saturday, 4th February 2023 at for YMCA Boys at YMCA, Andheri (West)
The topic of Awareness Session on ‘Leadership and Decision-Making Skills’ by Guest Speaker Dr. Shaila Naik.

The session started with devotion by Angela Fernandes. Welcome and Introduction of the speaker by CP Lalitha Fernandes. A brief of YMCA boys was given by Rekha Joshi and Mr. Amul Raj (YMCA). Dr. Shaila Naik kept the boys engrossed with quality influence, presented, latest leadership examples, active participation, keeping in mind discipline and carried on the session with extreme patience and control.

The awareness session was appreciated by all. Guest Speaker Shaila Naik kept the boys enthralled while conducting the session.

Poster Making Competition:

The staff explained the rules for the poster-making competition. The boys were divided into two groups (Junior and Senior).

A separate topic for drawing was given:-
My Classroom in the Boys Home (Juniors)



Area Reports

Andheri: 29 members attended the meeting on 14th February. Devotion was led by Juliet Solomon and Shama Chatterjee, both Hindi and English on the Biblical passage of Love. A melodious hymn "Let there be Love shared among us" was sung meaningfully by all members. It was definitely a very significant Valentine's Day. Members in their best red clothes, as was the color of the day. It was such a delight to see all bubbling with laughter and joy. Birthdays for the month of February were



celebrated. The fun part of the meeting got rolling...Best Dressed Valentine was chosen...fun games of matching couples, 'iski topi uska saar' made us roll with laughter at the activity. Modern day Romeo and Juliet was enacted...well depicted. Am sure the Bard would want to write a new romance. Blowing heart shaped balloons, photo sessions, snacks followed.

Bandra: 13 members attended the meeting on 4th February. Devotion was led by Isabel Murzelo. Outreach Activity held at the Remand Home for Girls in Dongri on 24th January, by 9 Members were spent in carrying some gifts for the 40 girls there. Clotilda D'souza gave a moving account of the visit, how painful and eye-opening it was to see those unfortunate teenage girls in the Remand Home, Grateful to Juliet Crasta for facilitating this once-in-a-lifetime activity for us.

A DAY WELL SPENT WITH TEENAGE GIRLS OF THE DONGRI REMAND HOME

By Jacinta/Clotilda

YWCA Bandra area, as part of its outreach programme, visited Dongri Remand Home for Girls on 24th January, 2023. Ten members, including Y Staff, attended. The event was sponsored by YWCA with some contributions from members. We were very moved to see such young girls in the remand home, and were reminded of the stark contrast with our own children, who are privileged to have the protection of their parents and family.

We interacted with the girls by praying and playing. The girls put up a lovely dance performance and we, in turn, showed them our moves! The remand home staff also joined in the exuberant activities and made it wholesome. Some of us inspired the girls to dream big and achieve their desires by working hard and being optimistic. We reminded the girls that they could turn their lives around, and to remain hopeful. As part of the interaction, we involved the girls in a fun group game, which they thoroughly enjoyed. The girls also received sanitary pads, hair oil, toothpaste, chocolates and lollipops, all gifted in a handy box.

We could see the gratitude and happiness on the girls' faces, with some of them having tears in their eyes. It was a once-in-a-lifetime experience for us. We are grateful to YWCA for giving us this opportunity to reach



out and touch the lives of these unfortunate girls.

Belapur: 8 members with 2 guest attended meeting on 3rd February. Devotion was led by Myrtle Shipley. Members celebrated Valentine's Day. The evening started by playing games with our domestic staff namely- blowing and bursting the balloons and making gratitude cards for each other. They were asked to speak about themselves



(extempo). Games for the members were: Tune of Love songs in English and Hindi were played and the members had to guess the songs and dance. Gratitude cards for each other. Musical gift game. It was an enjoyable evening.

Byculla: 12 members with 2 guest attended meeting on 7th February. Prayer fellowship was led by Emema Christy. Members discussed a visit to J.J Dharamshala in the month of March.

Borivali : 6 members with 2 guest attended meeting on 12th February. Devotion was led by Doris Bandari. Members discussed to a visit to Sneha Dhan in the Month of March.

Fort: 14 members attended the area meeting held on 3rd February. Devotion was led by Hilda Pinto. Members decided to have Valentine's Day celebration after Prayer Fellowship on 15th February with lunch and games. Members visited Homeless Street Children Project of Scots Kirk near Sterling Cinema and as required by them gave Tur Dal, Amul Ghee and Printing Paper. Members also gave the children a packet of Wafers and cake. Met the Bishop and other College Students who help in teaching the kids. They sang some hymns and we too joined them.

Chembur: 4 members attended the area meeting held on 9th February. Devotion was led by Nita Susan Jacob. Members prepared soups displaying their culinary skills. All enjoyed the soups and exchanged recipes. We discussed our visit to a home and will be finalizing it as soon as we get adequate input. We plan to visit Vidya Vardhini Foundation Trust at Cheeta Camp on 13th February. Members will be visiting Grace Joseph on 15th February.

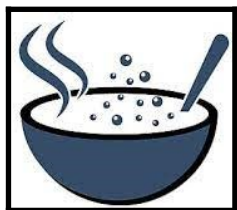


Tickle your Tastebuds

Broccoli Soup Nisha Gopalan

Ingredients:

- 1 teaspoon butter
- 1 teaspoon chopped garlic
- 1 medium onion
- 1 head Broccoli cut into florets
- 1 small potato peeled and cut
- 1 small carrot peeled and cut
- 1 cup milk
- 1 cup water
- Pepper
- Salt
- 1/2 cup grated cheddar cheese



Procedure:

Heat butter in a kadai, saute onions and garlic, add broccoli carrot potato salt and water. Cook till tender. Switch off the gas. (Keep aside some cooked broccoli and carrot pieces). Blend the remaining cooked vegetables with milk. Pour this into the kadai on the stove. Simmer for five minutes.

Mix grated cheddar cheese and add pepper and salt according to taste. Switch off gas and add the Broccoli and carrot pieces kept aside. Serve Broccoli soup hot.



Awareness Session on CONSUMER RIGHTS



Guest Speaker

Adv. Hemangi Pathare
Practicing Advocate, Consumer Court

Date: Friday, 10th March 2023 at 3pm

Venue: YWCA of Bombay
18, Madame Cama Road, Fort - 400 001

For details contact Sornlatha Jacob 9892280839



Members are requested to renew their membership between **Saturday, 1st April 2023 and Sunday, 30th April 2022** online or offline.

Membership Fees: Rs. 500/-

Bank details: YWCA of Bombay

Name of Bank: Central Bank of India

Branch: Mumbai Central

A/c No. 1026882882

IFS Code: CBIN0280601

On making the transfer, kindly send a message or screenshot to Christina for record.

Programmes and Committee Meetings for March 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Fort Area 11.00 am Belapur Area 3.00 pm	2 Andheri Area 2.30 pm Borivali Area 11.30 am	3 World Day of Prayer 11.00 am Byculla Byculla Area 12.30 pm Chembur Area 3.30 pm	4 Bandra Area 3.00 pm Belapur Project Meeting 11.30 am Belapur Anugraha Meeting 3:00 pm Belapur PIYA Meeting 5.00 pm
6 LWH Meeting 12.00 noon LWH, Fort	7 Holiday	8 DDH Meeting 11.00 am Andheri	9 AK Meeting 2.30 pm Andheri Spiritual Emphasis Meeting 5:00 pm International Centre 7:30 pm Fort	10 Shelter Homes Meeting 11.00 am Asha Kiran PASI Meeting 12.30 pm Fort ABH Meeting 4.00 pm Zoom	11 PR Meeting 10:00 am International Women's Day 10.30 am Byculla WDU Meeting 10:00 am Byculla Membership Meeting 2.00 pm Byculla
13	14	15 General Hostels 2.30 pm	16 Buildings 3.00 pm	17 Jottings Meeting 11.00 am Byculla	18 Personnel Meeting 10.00 am
20	21 Finance Meeting 3.30 pm	22	23	24	25 Board Meeting 2.00 pm
27	28	29	30	31	

BYCULLA : 75, Motlibai Street, Near Maratha Mandir, Byculla, Mumbai 400 008.
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