

Purpose

- · Promotion of the full development of women and girls through its programmes
 - To develop a membership that is responsive through service to the changing needs of the community in a changing world.

For Private Circulation Only

No. 286 February 2023

February 14 - A commemoration of true love Jenny Talwalker

Many are the stories of St. Valentine's Day, even conflicting ones. I grew-up thinking it a fun day when the first man you saw any year on February 14th morning became your Valentine! (Just kids fun!)

In fact, the usually accepted story is that this Bishop of Rome (in the reign of Emperor Claudius) was martyred for his faith on Feb.14 in the year -270 A.D. He was imprisoned for performing Christian marriages of soldiers in the Roman army which was forbidden, it seems, to keep the men devoted to their military units!

In prison he refused to change his faith. While somehow, the story goes, a girl called Julia who was blind, was miraculously healed by Valentine. Thus his sainthood. St. Valentine believed that marriage was symbolic of Christ and His Church, and the mystery symbolizes enduring Love.

Sun and moon rising and setting,

Insects, trees, birds and

humans begetting Life!

This is what His love is!

So I ask myself the question

again and this time the answer In every creation He exists,

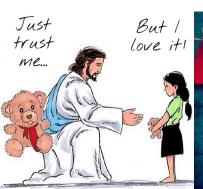
God's love Ankita Shelke - ABH Byculla

I've often heard that God is love, But does God and love really exist? Cause I see his own children dying in forest fires and pandemics.



But then I see a baby being born A rooster crowing at dawn A wildflower smiling at me My loved one sleeping soundly,









A Beautiful Christmas Eve Aishani Lal - LWH Fort

A wonderful evening filled with full of joys, stage had been set with glittery decoration. First time, YWCA was lit with shimmers and beautiful lightings. An unexpected yet everyone event made every moment precious and elated. From the soulful Christmas songs to effervescent dance performances. The time was just ticking by otherwise it was sure that more the performances merrier the enjoyment. The event was organised well and smoothly conducted. Thank you, YWCA for making me part of the Pre-Christmas event, wishing to see more events like these.

Fear by Khalil Gibran Contributed by Hilda Patrao

It is said that before entering the sea, a river trembles with fear. She looks back at the path she has travelled, from the peaks of the mountains, the long winding road crossing forest and villages. And in front of her, she sees an ocean so vast, that to enter. There seems nothing more than to disappear forever. But there is no other way, The river cannot go back. Nobody can go back.

To go back is impossible in existence.

The river needs to take the risk of entering the ocean because only then will fear disappear,

because that's where the river will know it's not about disappearing into the ocean, but of becoming the ocean.

Sweet Notings Sharon Pires

"I am no longer accepting the things I cannot change. I am changing the things I cannot accept."

- Angela Davis

We are all challenged to respond to situations around us, to be the change by impacting change, through our thoughts, words and actions. We are called to raise our voices against injustice, speak up for the voiceless and be a light in the darkness. It's not easy to stand up for the right when you know the adverse consequences, to be a lone voice when the majority are against you. It takes courage, tremendous strength of will and character and a silent prayer for fortitude, to be a beacon of hope for the hopeless. God's grace can hold us upright, shield us from adversity, especially as we commemorate World Day of Social Justice on 20th February. "Volunteers do not necessarily have the time... they just have the heart."

- Elizabeth Andrew

Volunteering is an action that comes from the heart. The motivation is deep rooted and even if time is a constraint, we will find it, for we believe in the greater good that spurs us on. Why do people join groups and devote time, not because they have excess to spare - but to reach out and make every minute count. We can't help everyone but everyone can help someone – beautiful indeed. On 27th February, World NGO day, all heart-centric volunteers celebrate your life and the opportunities to make a difference in the lives of others.

In Memoriam

- Sumathi Ramdas, mother of Jayanti Premkumar, Chembur Area member, passed away on 11th December 2022.
- Vijay Ubale, husband of Dr. Usha Ubale, Andheri Area member, passed away on 23rd December 2022
- Rev. J. S. Thorat, Father-in-Law of Joycia Thorat, Byculla Area member passed away on 7th January 2023

We pray for God's comfort and peace on the grieving families.



Jottings February 2023

Birthdays in February 2023

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	Date	Members	Area	Staff
	1 st February			Hansa R. Singal
)	2 nd February			Hanumant Dhopre
	2nd February			Ajit Sakpal
	3 rd February	Candida Fernandes	Bandra	
	3rd February			Moorthy Selvam
	4 th February	Joanne vas	Bandra	
	4 th February			Seema Chauhan
	9 th February	Farida Lokhandwala	Andheri	
	10 th February	Seema D'Souza	Andheri	
	12 th February	Alida D'souza	Andheri	
	12 th February			Madan Selvaraj
	13 th February	Susy Babychan	Bandra	
	13 th February			Sachin G. Kulaye
	17 th February			Seema Dalvi
	18 th February	Gemma Sequeira	Bandra	
	20 th February			Sanjay Kale
	20 th February			Sunanda Edre
	21 st February			Clarence John
	22 nd February			Swati Sawant
	23 rd February			Anita Waghmare
	24 th February	Maheshwari Laxman	Bandra	
	25 th February	Helen Mathew	Bandra	
	26 th February			Anita Singh
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Birthdays signify renewal and the beginning of a new year of love, laughter, and joy.

Happy Birthday!

We Love You !



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Website: ywcabombay.co.in

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Y Hostels Report on Christmas In night

ABH:

Christmas In-night was celebrated on 21st December 2022. The entire hostel was decorated by the residents of the hostel. The hall was adorned with glittery streamers, lights and a beautiful Christmas tree. The In night started with a welcome note by a resident. Heart stirring devotion, Christmas message and a worship hymn was done by the Committee. Vote of thanks was by the CP. On arrival the Committee Members were greeted with a red rose. The programme comprised of songs and dance by the residents and the HS as secret Santa distributing gifts collected by the residents. It concluded with lip smacking dinner.



Anugraha:

The hostel In-night was celebrated on 15th December 2022. The Committee and 45 residents attended the function. The programme started with prayer by our Member. Carols were sung not only by the Residents but also by our Committee Members. A group dance was presented by the residents. One of the Members gave a soul stirring Christmas message.

One of the residents sang a number of songs. Her sweet melodious voice was very soothing and touched the hearts of everyone present.

This was followed by 'Silent night, Holy night' with lit candles. The evening concluded with wishing all present a happy and joyous Christmas. It was a fun filled night where the joy of Christ's birth was shared. It was followed by a delicious dinner.

DDH:

Christmas programme was held on 15th December 2022. President, CPs of DDH and AK, Members, Staff and the residents and guests were present for the programme. It began with Welcome speech followed by Christmas message, carol singing, masala dance, recorder (Jingle Bells), spot games, musical chairs, fashion show, prize distribution and finally vote of thanks. It was followed by music and dance. Floor decoration and drawings judging was done by the Members. Everyone enjoyed dinner and cake was served. The programme ended at 12 midnight.



LWH:

The Christmas In-night was held on 14th December 2022. It began with a welcome note. There were amazing performances in terms of dance: solo and group, songs and recitation of poetry. There were 60 residents and guests, 4 Committee Members and staff present on the occasion to witness the 17 varied performances by our residents. One could classify the whole programme as amateurs performing as professionals!! An exciting and fun filled time was in store for the audience who waited with bated breath. It was a night filled with sheer energy and grace. Y cake was served and enjoyed by all present. The Heritage hall was decorated beautifully. A vote of thanks was given. The programme ended with a sumptuous dinner. It was indeed a night to remember.....



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Website: ywcabombay.co.in

Rare Facts On Love

- 1. Monogamy is not just for humans.
- 2. Being in love is like being high on drugs.
- 3. You can fall in love in as less as four minutes.
- 4. Opposites attract is not a myth.
- 5. Adventure can make you feel more in love.
- 6. Cuddling with the person you love can relieve physical pain.
- 7. Intense eye contact can make you fall in love.
- 8. Face or body attraction means something.
- 9. Attraction can be obsessive.
- 10. Butterflies in your stomach are a real feeling.

Quote Priya Dongre

If GOD is not pleased in it..... You won't be happy either....

– Priya Dongre



Bombay

Admissions open for Short-term Bakery Course

> Hurry!!! Batches are filling up fast

For details, contact NACHITA -9969481083/9769097448



Your Feedback on Jottings - Newsletter may be sent to Mildin Nadar, Staff designate at jottings@ywcabombay.co.in

We are Hiring! Join our Team

YWCA of Bombay invites application for the post of Assistant Co-ordinator, **Women's Development Unit (WDU) - Female candidate**

Requirements

- MSW with knowledge of Computer
- 3-5 years of experience in managerial role
- Age: 30 50
- Fluency in English, Hindi and Marathi
- Christian

Please apply with expected salary and recent photograph to YWCA of Bombay, 75, Motlibai Street, Near Maratha Mandir, Mumbai 400 008 / Email: admin.secretary@ywcabombay.co.in YWCA of Bombay invites application for the post of **General Secretary**

Requirements:

- Female
- MSW with knowledge of Computer
- 5 years of experience as managerial role
- Age: 30 50
- Fluency in English, Hindi and Marathi
- Christian

Please apply with expected salary and recent photograph to YWCA of Bombay, 75, Motlibai Street, Near Maratha Mandir, Mumbai 400 008 / Email: admin.secretary@ywcabombay.co.in

Members and Staff - Christmas Programme Celebration Sornalatha Jacob

It was held on 9th December 2022 at YWCA, Fort

The staff and members of YWCA gathered for a Christmas Cultural Programme on 9^{th} December 2022 at YWCA, Fort. It was a day-long entertainment programme which began with a warm welcome. A devotional song was led by AH and LWH Staff. This was followed by devotion by Personnel Chairperson Shanti Liju – on spiritual fruits of Love.

On this occasion the entire family of YWCA came under one roof. The staff performed songs, dances, skits, etc. dressed in beautiful and colourful attire. A comedy skit was presented by WDU Parasocial workers - "Hasya Jatra Comedy Skit Train Safar" the passenger's behavior in the local train travel. One of the staff wore chaniya-choli with dafali in her hand entered the stage dancing in the midst of the audience on the old movie song of 1980's. The whole programme was enjoyed by the participants as well as the audience. The performances were followed by a sumptuous lunch that was enjoyed by all.

Games was conducted by staff eg: to pick the chick peas with the straw, collect in a bowl and bursting balloons etc. Nearly 100 staff members participated in the games with so much zeal that gave us a real pleasure to behold.

The programme ended with a big "Thank you" to all staff. The staff also extended their sincere thanks to the President, Board of Management and Administrative Secretary for giving them an opportunity to show their talents and skills. All participants and staff were given a Christmas gift.





Website: ywcabombay.co.in

Membership Christina Shantraj

Membership Committee organised Evening of Carols on 3rd December at LWH Fort to bring the spirit of Christmas in our Hearts. The evening was well compered by Ovita Parulekar. The various area groups who participated gave their best. A Thank you to the choir of Jeevan Shanti Church and New Life Church for their fantastic performance. It was nice to see the interaction between members of various groups. Vote of thanks was proposed by

Mrudul Raiborde. Delicious snack boxes and soup were served.

Y DEEPA

Elocution competition was held on occasion of Children's Day. The topic was 'My Vision on Future Nari'.

- 1st Prize Jennifer Chettiar 2nd Prize Shanaya Solomon Sharma 3rd Prize Shruti Chauhan



ASHA KIRAN: 53, J. P. Road, Andheri West, Mumbai-400 058 e-mail: ywcaandheri@rediffmail.com

Ph.: 26702831/26702863

Women's Development Unit (WDU) Nisha Misal

Balwadi

• Organised Session on We Against Violence with balwadi parents in the month of November.

Community	Resource person	No. of
		participants
Chembur	PSI Jayashree	33
	Devade, Chembur	
	Police Station	
Belapur	PSI Kalyani Patil,	45
_	CBD Police Station	
Fort (crèche	PSI Parvati Ghadge,	35
+ Balwadi)	Fort Police Station	
Byculla	PSI Jyoti Chavan,	26
-	Agripada Police	
	Station	



• In November talent show competition was held in all balwadis, creche & Study classes.

Community	No. of participants
Chembur	33
Belapur (Balwadi +Study class student	45
Fort (Crèche + Balwadi)	35
Byculla+ Study class student	26



FORT: Lady Willingdon Hostel, 18 Madame Cama Road, Fort, Mumbai 400 001. E-mail: ywcalwh@rediffmail.com

• Christmas programmes were celebrated at Fort, Byculla, Belapur and Chembur (Balwadi & Creche) in December.



Community

Chembur: Nirmala Niketan students conducted an awareness session with a group of 26 adolescents on 'Interpersonal Relation and Intrapersonal Relationships' on 27th November.



Nirmala Niketan students conducted an awareness session with 19 senior citizens on 'Diabetes - Exercise and Healthy Diet' on 30th November.



Staff Capacity Programme:

All staff attended Interactive Session on 10th December, which was conducted by C.P. Sharon Solomon. This session was attended by Board members President Blessy Babychan, Personnel C.P. Santhi Liju, and committee members Indira Jenna, Mallika Amulraj. The programme covered

Ph.: 22020122/ 22823411

the following topics :

- 1.Staff Introduction and SWOT
- 2. Current programmes -SWOT
- 3.Play –current scenery
- 4.Need of new programmes
- 5.List of new programmes, finance and plan to be submitted to the committee

Special Event:

 In the month of November Kiran Patil with Fort community Youth attended Abhaya One women show A play by Meena Naik (Concept, play writing, direction Abhaya is a school –going girl who gets sexually abused by a stranger on her way to school one day. But she has to face three governmental systems: Police, Medical and Court. This is about the treatment that the mentally and emotionally shattered Abhaya receives from these systems.



2. N.N. Students Organize Outdoor activities with group of 28 Adolescent on 4th December at Chembur community. Leader Mr. Nilesh Yadav gave snacks for the group.



Human Rights Day was celebrated at Byculla on 10th December with 80 participants. A street play was performed by Youth groups of 4 communities on issues such as domestic violence, Gender bias, Child marriage, Superstitions. The programme was attended by Administrative Secretary Priya Dongre and the Resource person was Mr. Juran Lopes. Prizes were awarded to: 1st - Belapur & Chembur Community 2nd - Fort community 3rd - Byculla Community



Health :

Medical camp: L.N.T. General medical camp held at Byculla community with 86 Beneficiaries on 13th December.



Bakery:

•Vaishali Shinde organised a one-day Bakery Session for 15 community women on 16th November. Nachita Desai was the resource person. Products taught were Cake with icing puff and Cookies.



•One-day Bakery session was held on 17th December 2022 with 14 participants. The products taught were Plum cake with Fondant Icing, Marzipan, Soft centered chocolate and chicken puff.



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Success Stories

Fahim Maknojiya ex-student of batch 2021-22 assisting the Chef Vahishta Zandbaf Owner of Tier nom patisserie in designing the cake in Salman Khan's mother's birthday party.



• Shelter home residence ex-student of batch 2020-21 got the confirmation of Commi 3 at Fairfield Marriott Sriperumbudur salary Rs18000/- + Incentives.

Nursing:

Christmas programme was organized on 15th December 2022, dance & carol singing were presented by VTC students. Lunch was given to

students.



Capacity Building

On 3rd December 2022, a programme was conducted on the occasion of World Disability Day. The theme: Transformative Solutions for Inclusive Development. The role of innovation in fueling an accessible and equitable world, it was held at YWCA Fort. Sonu Pereira was the resource person. 20 youths attended the programme. The topics covered were:

What is disability, Types of disabilities Challenges and barriers Challenging challenges activity.



Asha Kiran Chhaya Gadge

 Christmas was celebrated 23rd December 2022 2. with crèche and study center children. Games were conducted with Crèche children. Group dance and songs were organized for Study center students. Gifts were distributed which was followed by lunch. Total 65 participants along with teachers enjoyed the programme.



Week without Violence was held on 13th December 2022 on occasion of National Human Rights Day. Dolfy D'souza, resource person explained The Preamble of India Constitution/ and Human Rights. Asst. Coordinator explained the Human Rights. 65 participants attended the programme. Snacks were distributed.



3. On 17th November 2022, Career Guidance programme was held for75 children. Mr. Michael from Kotak Education Foundation explained different types of courses after 10th and 12th which they conduct. YWCA, WDU nursing teacher explained about Nursing Course and Care Giver Course. Asstt Coordinator explained the Courses which are offered at AK.



4. Beauty parlour exam was held on 22nd and 23rd December 2022. 28 students were present.



5.A meeting was held on 9th January 2023 with 70 beneficiaries, crèche and study center parents regarding our upcoming new projects and all other ongoing projects. Asst. Coordinator & PSW gave information regarding the courses.



Shelter Home Dolcy D'Souza

- 1. Celebrated Childrens day at Ashray Shelter Home on 14th November 2022.
- T.B Sessions conducted by BMC Health Center on 23rd November 2022.
- 3. Christmas party was organised on 18th December 2022. CP Vimala Raichur gave the Christmas message to all present. President Blessy Babychan motivated the residents by giving an encouraging speech. Residents performed a welcome song and christmas dance. Committee members sang carols. Residents were very happy with different kinds of games conducted.
- 4. There was a surprise visit at both the Shelter Homes by BMC CDO and their staff. They checked every detail on how the Shelter Homes were run and operated. They were highly impressed and gave an excellent feedback on the working of both the Shelter Homes.

झात है ० हा 121023 रोजी विवारा के गावा के मान मेर दिनी अत्रा 08 - महिया हमा येते. तये-र रंगना माह्य मंडम सहमदनाई मट हमट होत्या. विगवार मध איז איצ אוצטי באר אוצה, at 37 all agen stars Alabia call राज्य उन्होर राजा मीकी ने वानावर्ण आह का 300 तर्र्य मोत्र मन्त्री विनार केन्द्रात साहियांता के कार्य. तानावरु आहे ज्या माहजानी सांगीत. कोगताली प्रकारेन रोकटा आस गाह 12:401 19.591 061-112022 महेन्द्र रामने साम आ

आज है व्याणारव्या रोजी जीवरा केन मेम केट विला क्रियता के केप्ररेटका कपरवी मंडम हजर होता क्रियता के केप्ररेटका कपरवी मंडम हजर होता क्रियता कि बातावव्या केने झाहे उत्तरी दियत येजे क्रीजरा ला कोवालाई मकार तकार क्रियटा ला कोवालाई मकार तकार नाई

5. BMC referred Mantra a new Shelter Home opened by BMC at Mira road. They visited Ashray Shelter Home to study and understand how they function and how records are maintained on food grain, hygiene and discipline. The organization was very happy to see and learn the practical way of maintaining a Shelter Home. In short YWCA maintained Shelter Homes is a good model example for other Shelter Homes.

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Jottings February 2023

Public Affairs and Social Issues (PASI) Sornalatha

Poster Making Competition held on 27th November 2022 for Sunday School children of St. Andrews Church, Bandra (West)

We thank the organisers and sponsors:

The Bombay Catholic Sabha St. Andrews Unit,

Jacinta Machado of President of Inner Wheel Club of Andheri East, CCWI Mumbai and Goa Units, CWM Mumbai Unit

We also thank the following Judges – Bento Lobo, Vice President and Executive Committee Member BCS Tressy V. C. Castanha - E- Paul – Executive Committee. Member and Central Councillor of BCS Angela Fernandes Antoinette Pereira

The judges praised the standard of the competition.





Aids Awareness Campaign held on 1st December 2022

An online campaign to raise awareness about AIDS was organised on 1st December 2022, World Aids Day. The Campaign was open to general public. People were





invited to join the campaign against AIDS by wearing a red ribbon to show solidarity, be aware, spread awareness and help to end AIDS.

Area Reports Christina Shantraj

Andheri: 30 members with 4 guest attended meeting on 5th January. Devotion was led by Vimala Raichur. The programme began with an inspirational devotion and set us all on the right track for the year, to keep our focus on Jesus. Spot games followed...lots of prizes were distributed. Membership Staff appraised us of all the programmes for the month. Lunch followed. New Years cake was cut. MAAL-AMAAL Housie was conducted. It was a scene to watch. Young, old, all scrambling to claim their 'maal'.There were no loosers.. all went home satisfied with good monetary returns. We all got to meet and greet old members, new members and guests. All will cherish the New Year's fun-filled hilarious meet for a long time. Thanks to Priscilla and the team for

a well-planned programme.



Bandra:13 members attended the meeting on 7th

January. Devotion was led by SE Committee members. President Blessy Babychan and Admin Priya Dongre also attended the area meeting. Members discussed about a visit to Dongri Remand home for girls.

Byculla: 8 members attended the meeting on 3rd January. Devotion was led by Jayshree Bardey. Members discussed Independence Day programme.

Belapur: 8 members with 1 guest attended meeting on 4th January. Devotion was led by Gissy Jacob. A Salad demonstration was held. Members participated and it was huge success and all had enjoyable time. Members discussed to celebrate Valentine's Day.



Borivali : 6 members with 2 guest attended meeting on 12th January. Devotion was led by Yvonne

D'souza. On 30th November 22, Members visited the orphanage 'Sneha Sagar Ashram' situated at Marve, Malad. CP Angela Fernandes welcomed all. All the children were very excited to be in our presence. They interacted with all of us and we could see their faces light up with joy. They danced, sang ...Fun and laughter throughout. Various useful items were given to the children. They were overjoyed.



Chembur: 6 members attended the area meeting held on Friday, 6th January 2023 at 3.30 pm. Devotion was led by Lovey. Membership Secretary informed us about Ekta programme and Spiritual Emphasis booklet and requested members to contribute articles. We discussed the date and venue of the proposed New Year lunch. Next month we plan to visit our ex-member Grace Joseph.

Fort: 6 members attended the area meeting held on 4th January. Devotion was led by Elaine Fernandes. Members discussed visit to street children.

Tickle your Tastebuds Chicken Caffreal - Angela Fernandes

Ingredients:-

- •1 kg chicken
- •A small bunch of fresh coriander n mint leaves.
- •6--10sprigs of green pepper corns.
- •8--10 cardamons
- •10--15 cloves
- •4 sticks of cinnamon (5" long)
- •2" raw saffron turmeric and the 2" white turmeric.
- •5 tablespoons of red wine vinegar.

Procedure:

Wash the chicken, grind the ingredients and marinate for 1/2 an hour, the chicken with the masala and vinegar and salt. Keep aside. In a wide-open saucepan, heat oil and place the marinated

chicken and cook on low fire till cooked and dry. If you want it more spicy add more green pepper corns. Garnish with curry leaves, or parsley or celery.



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Programmes and Committee Meetings for February 2023

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