



*By Love Serve One Another*

# JOTTINGS

Faith in God the Father Almighty  
and in Jesus Christ His Only Son Our Lord and Saviour  
and in the Holy Spirit



## Purpose

- Promotion of the full development of women and girls through its programmes
- To develop a membership that is responsive through service to the changing needs of the community in a changing world.

*For Private Circulation only*

No. 241 March 2019

## INTERNATIONAL WOMEN'S DAY 2019

(Lalitha Fernandes)

There is no greater pillar of stability than a woman strong in her mind and in her faith in God. We come across such strong women in every generation who are admired and are an inspiration to others.

In recent times we marvel at the incredible achievements of women in male-dominated fields. These super women have overcome all odds to reach the top.

Roshni Nadar Malhotra, holding the 51<sup>st</sup> position in the list of Forbes' most powerful women in the world, is an inspiration to scores of women. She takes all the strategic decisions for the \$8.1 billion worth HCL enterprise.

Shopclues.com an e-commerce platform dealing in fashion, lifestyle, gadgets, advertising and PR was co-founded by Radhika Agarwal. Today it is one of the largest fully managed marketplace with more than 8 million visitors every month, having its presence felt in 8,000 cities in India.

In the field of sports we have 16 year old Manu Bhaker creating history by becoming the youngest Indian shooter to win gold at the 2018 ISSF World Cup. Small town girl, Hima Das became an overnight sensation after winning

the 400 metre final at the World Under-20 Championship. In weightlifting we have Mirabai Chanu who won the first Gold medal for India at the Gold Coast Commonwealth Games 2018. She was also awarded the Padma Shri. Not forgetting Indian Women's Cricket team Captain, Mithali Raj who is the first woman cricketer to score highest runs in T20I. She represents the strong women of today's generation.

This Women's Day let us celebrate these super women, as also the amazing social, cultural, economic and political achievements of women – while also campaigning for greater progress towards gender-equality.

Tracing the history of Women's Day, we see that Women's Day was first organised by the Socialist Party of America on February 28, 1909 in New York. In 1910 the International Socialist Women's Conference suggested a Women's Day to be held annually. After women gained suffrage in Soviet Russia in 1917, March 8 was declared a national holiday. The day was then predominantly celebrated by the socialist movement and communist countries until it was adopted in 1975 by the United Nations.

Today International Women's Day is a day that celebrates womanhood. The theme for International Women's Day 2019 is 'Think Equal, Build Smart, Innovate for Change'.

The theme will focus on innovative ways in which we can advance gender-equality and the empowerment of women, particularly in the areas of social protection systems, access to public services and sustainable infrastructure. Innovation and technology provide unprecedented opportunities. However, trends indicate a growing gender-digital divide and under-representation of women in the field of science, technology, engineering, mathematics and design. This prevents them from developing and influencing gender responsive innovations to achieve transformative gains for society. From mobile banking to artificial intelligence and the internet of things, it is vital that women's ideas and experiences equally influence the design and implementation of the innovations that shape our future societies.

International Women's Day 2019 will look to industry leaders, game-changing start-ups, social entrepreneurs, gender-equality activists

and women innovators to examine the ways in which innovation can remove barriers and accelerate progress for gender equality, encourage investment in gender-responsive social systems, and build services and infrastructure that meet the needs of women and girls.

Women empowerment transforms the world. Evidence shows that putting economic resources in women's hands is the best way to accelerate development and sustainably reduce poverty.

Women typically invest in their families and communities significantly more than men – spreading wealth and increasing the quality of life for themselves and their families.

At the YWCA we have a commitment to ensure that all our work includes an explicit focus on gender-equality and women's empowerment. Empowering women leads to empowering ourselves, for when we teach others, we too learn. When we stand up for others, we stand up ourselves and most importantly, when we move together as a team, we are sure to succeed.

**HAPPY WOMEN'S DAY**

### **Annual Public Meeting of the YWCA of Bombay**



The Annual Public Meeting of the YWCA of Bombay was held on February 16, 2019 at Lady Willingdon Hostel, Fort.

The entrance and the hall had a beautiful display of fresh, green potted plants. The lounge area served as counters for the Bakery

and Self Help Groups where a variety of mouth-watering delicacies and other items were put up for exhibition and sale.

The prestigious Savitribai Phule Award and Certificate awarded to the YWCA of Bombay as the best NGO of the year 2018 were proudly displayed in the Hall.

The event began with a meaningful and melodious devotion by the Spiritual Emphasis Committee.

The event was well-hosted by the General Secretary. The President welcomed the audience and spoke on the role of our Association in empowering women and seeking gender-equality. She also emphasized

the need for women to assert their fundamental rights.

The overview of the Association was beautifully presented by our Youth member Renuka Ruben, and was well-appreciated.

Guest Speaker Sameera Khan who is a professor at TISS and also a journalist, writer and researcher spoke on the '**Rights of Women in Public Places**'. Speaking passionately on our right to reclaim public spaces as citizens, Ms. Khan emphasized the need to change the mind-set of society to be

liberal to women enjoying their freedom just as their male counterparts enjoy freedom in public.

Thereafter a dance based on Women Empowerment was presented by eight Hospital Aide students. Malala Yousafzai, internationally acclaimed as a model of peace was the source of inspiration for the dance.

The programme came to a close with the vote of thanks and words of appreciation by our senior member Rekha Joshi.

## **World Happiness Day (Ovita Parulekar)**

In 2012 the UN General Assembly proclaimed that March 20<sup>th</sup> would be observed as International Day of Happiness thus spelling out the importance of happiness and well-being as necessities in the lives of people around the world. It then reminds us to focus on happiness in spite of so much negativity around us. A strong reason for this in developed and developing countries could be the increase in depression together with a low GDP (Gross Domestic Product).

How therefore can we go about achieving this happiness? Happy people make happier communities and live healthier and longer. They give birth to happy children and for sure spread cheer. Here are some ways to raise our spirits and those of the community.

To start with, in the morning appreciate all good things in your life and those that you take for granted. Be grateful and notice how the day moves on. Be mindful in all that you do paying attention to each of your senses, reacting positively to those around you. Being aware of your strengths and how to improve them is the way to improve happiness. Giving feedback to others also helps to improve relations which are often a main contributor to overall

happiness.

A small act of kindness can indeed go a long way. Helping someone carry their heavy bag, giving a seat in a crowded train to the aged will surely increase your happiness. One can also send a thank-you note to a parent or guardian whom we often take for granted showing why we are grateful.

We can celebrate World Happiness Day by

- Sending flowers to a loved one
- Leaving a post-it note to a co-worker
- Smiling at someone on the way to work
- Write five good things about oneself
- Perhaps posting one's ideas on how to spread happiness on a website too.

Commonly known as 'Happiness Day', this day is set aside to promote the pursuit of happiness and acknowledge that it is also a basic human right. Therefore, the objectives of this day is that we should be aware that happiness is a fundamental human goal, and recognize the need for a more inclusive, equitable and balanced approach to economic growth. This elevates poverty, improves education and promotes well-being of people who we meet every day.

## World Kidney Day (14<sup>th</sup> March) (Rekha Joshi)

Chronic kidney disease (**CKD**) is a progressive loss in kidney function over a period of months or years. The kidneys are made of millions of nephrons which, for a variety of reasons, stop working when you develop CKD. The more the nephrons shut down, the worse is the kidney function. Once this kidney function is lost, the few healthy nephrons left in the kidneys will not be able to filter the blood and keep the body healthy. Yet, it is possible to prevent or at least slow down the progression of CKD through an early diagnosis.

*The symptoms of CKD and how we can detect the problem early enough to save our kidneys*

· CKD usually has no symptoms in the early stages. For this reason, World Kidney Day recommends two things. You should have regular health check-ups including the functioning of your kidneys. Try to adopt a healthy lifestyle, which can reduce your chances to contract diabetes, hypertension, obesity and other risk factors that trigger CKD.

· Detecting the loss of kidney function can be done by measuring your **blood creatinine** (to estimate how much blood is being filtered by the kidneys) and by a **urine sample** (to check whether there is protein in the urine). More specifically, the presence of **urine albumin** (a type of protein) indicates that there is risk of having CKD.

· Despite the growing burden of kidney diseases worldwide, kidney health **disparity and inequity** are still widespread.

CKD and Acute Kidney Injury (AKI) often arise from the social conditions in which people are born, grow, live, work and age including poverty, gender discrimination, lack of education, occupational hazards and pollution among others.

· Transplantation is considered the most cost-effective treatment of CKD. However, it is costly with regards to infrastructure and requires highly specialized teams, availability of organ donors and cannot be done without dialysis backup. **Chronic kidney diseases** (CKD) cause at least 2.4 million deaths per year and are now the 6th fastest growing cause of death.

**Acute kidney injury** (AKI), an important driver of CKD, affects over 13 million people worldwide and 85% of these cases are found in low and middle-income countries

Moreover, CKD and AKI are important contributors to increased morbidity and mortality from other diseases and risk factors including cardiovascular disease, diabetes, hypertension, obesity, as well as infections such as HIV, malaria, tuberculosis and hepatitis. Also, CKD and AKI in children, not only lead to substantial morbidity and mortality during childhood but also result in medical issues beyond childhood.

This year, **World Kidney Day** sets out to raise awareness of the high and increasing burden of kidney diseases worldwide and the need for strategies for kidney diseases prevention and management.

## **Can We Grow Old Gracefully?** (JMT)

Year by year the birth dates come around and the cake candles are merrily blown- out to family applause. Then something occurs bringing a dose of harsh reality.

In our case my husband suffered a stroke and suddenly I became in charge of the household. Of course, a change of roles is not unique but, believe me, it is challenging and tests one's faith. The rhythm of our life has changed forcing us to resign from the social organization which for so long kept us feeling useful and outwardly engaged.

When adjusting to limitations mixed with worry and tiredness, most would agree that gracefulness is not one's highest priority. Sometimes it is hard to get out of bed and start the day. Then one's memory plays tricks and a familiar name goes blank. As one pulls up steps – once an easy climb – the thought comes “so this is how it feels to be OLD”.

At such times I wonder if it is possible to prepare for senior citizenship. For sure, the white hairs, the wrinkles, and aching joints are telling signs, but we shrug them off with useful jokes.

It is true that people are living longer than their forefathers so we should face the sunset years determined to live each day trusting the One who sees and enables us. As St. Peter advised the people of God living in tough times “Cast all your cares upon Him for He cares for you”.

It is His graciousness which keeps us graceful.

## **March 4<sup>th</sup>:- National Security Day** (Rekha Joshi)

This day is observed as National Security Day to praise the work of security forces, who play a major role in maintaining peace and security of the people of India.

It is also known as Rashtriya Suraksha Diwas. This day is dedicated to all the security forces such as policemen, commandos, guards, army officers, paramilitary forces and other persons involved in security, who sacrifice their lives for maintaining the stability of the country. Let us remember these people who keep vigil and keep us safe.



## Birthdays in March



1st March	Sarah Pothan	Fort	15th March	Sushila Shetty	Andheri
3rd March	Beryl D'monte	Bandra	16th March	Nita Susan Jacob	Chembur
4th March	Philomena Lobo	Bandra	17th March	Bina Bhagat	Andheri
7th March	Teofilda Pinto	Fort	20th March	Yasmin Kuruvilla	Belapur
7th March	Nisha Nair	Chembur	20th March	Suzanne Fernandes	Andheri
8th March	Helen Mathias	Fort	22nd March	Roshan Manek Doctor	Fort
12th March	Nutan Samuel David	Andheri	22nd March	Nita Daniels	Andheri
13th March	Rekha Bhansali	Andheri	24th March	Nisha Gopalan	Chembur
14th March	Anne D'souza	Fort	27th March	Ratna Maria Monteiro	Fort
15th March	Rosa M D'Souza	Andheri	28th March	Marianne Karmarkar	Fort

*May you be gifted with life's biggest joys and never-ending bliss.  
After all, you yourself are a gift to earth, so you deserve the best*

*Happy Birthday*

**WE Love You !!!**

### *In Memoriam*

*K.G Ramakrishnan- father -in-law of Nisha Gopalan  
passed away on 31<sup>st</sup> January 2019.*



## Announcements

*Members are requested to submit their articles for Jottings before / on 15<sup>th</sup> of every month. This should be sent to Staff, Mildin - [ywcajottings@gmail.com](mailto:ywcajottings@gmail.com) or a hard copy at Byculla, YWCA.*

## World Day of Prayer

Date: Friday, 1<sup>st</sup> March 2019

Country: Slovenia

Theme: Come – Everything is Ready

Slovenia is located in Central Europe and is one of the smallest countries in that region. There are four major natural units: the Alps, the Pannonian Plains, the Dinarides, and the Mediterranean Area.

At the core of the theme for WDP 2019, an invitation – Come. And to enable the response – Everything is ready. Come to praise, thank, and proclaim the kingdom of love.

The invitation is grounded in the parable that Jesus told about a great dinner which was attended by the ones called off the streets, as the ones invited excused themselves. The community formed around the table is not enough to fill the house – there is still room. Who are missing from the table in your community?



The artist, Rezka Arnuš, wanted to present two topics with her artwork pictured on the right. The country of Slovenia and the main biblical story of the worship service. At the top there are women dressed in national traditional costumes. The semicircular ornament with Slovenian folk embroidery represents a plate or a table with their best known national dish - *potica* - and grapes from various wine producing vineyards. Partly under the table, one can see the children from the margins of the society. They heard the invitation to the feast. The red and white colors used reflect Slovenian folk embroidery. The green background color emphasizes the green Slovenia, fields and forests. The warm colors of children express the joy of heartfelt invitation.

### Youth Parliament

Date: Monday, 4<sup>th</sup> March 2019

Time: 2:30 - 4:30 pm

Venue: YWCA, Fort

### Youth Festival

Date: Saturday, 9<sup>th</sup> March 2019

Venue: YWCA, Belapur

### Renewal Time

Members are requested to renew their membership between Monday, 1<sup>st</sup> April 2019 and Saturday, 30<sup>th</sup> April 2019 at your respective area meetings or with the Hostel Secretaries at Andheri, Belapur, Byculla and Fort.

Kindly carry your membership card at the time of renewal.

Members who will be out of station in April may address a letter to the Chairperson (MPA) authorizing a person to sign and pay on their behalf with their membership card.

## **Sweet Notings**

**- Sharon Pires**

**Women was not made from the head of man - to top him  
Nor from his feet, to be trampled upon  
She was made from his side - to be equal to him  
From under his arm - to be protected by him  
From near his heart - to be loved by him**

God intended men and women to be equals in all walks of life and if this was the practice, today there would be much less strife and struggle in the world. Unfortunately the power game and man's need to dominate has taken predominance and women have been suppressed and exploited for too long. International Women's Day celebrated on 8<sup>th</sup> March every year is an outcome of women endeavours for freedom, equal opportunities and justice that is also the mission of the YWCA of Bombay. Men and women are meant to be partners in progress and we are fortunate to have men of character who have been supportive of women and their causes. If men and women work hand in hand, this world will surely be a better, happy and safe place for all.

**Educating the mind without educating the heart is no education at all - Aristotle**

Today we all want our children and youth to be educated, well-read and accomplished. Yes, this is good in itself but are we becoming a society that is only marks oriented or are we imparting education to our children that goes beyond books, that is practical and humane, that enlightens the mind and touches the heart? As parents, teachers, educators, women and YWCA members we have a very vital role to play in shaping the young so that they can face a challenging future by imbibing strong and positive values that will build their character. 8<sup>th</sup> March is celebrated as International Literacy Day. Isn't it ironic that as we have become more 'Tech-Savvy', better equipped and educated with greater access to knowledge and learning, we have regressed to be selfish, violent, and greedy, or else why is there so much hatred, conflict and war happening today. Literacy does not just refer to amassing degrees and certificates which are a requirement for jobs and progression in life but more essential is a holistic education that makes our children more compassionate, loving and caring in a world that has lost these attributes. Our education system urgently needs to create a more just and humane society for the well-being of all.

All the best, ladies, as you reach out in a genuine effort to make these dreams for women, children and everyone in society a reality.

## Membership

Y Deepa Workshop was held at YWCA, Andheri for 55 kids and conducted by Bandra Area Members.



## Republic Day Celebrations

### Achamma Bhavan Hostel (ABH)

Byculla Area Members, ABH Committee Members, Nursing and Bakery students attended the flag-hoisting ceremony. Chief Guest Ovita Parulekar, Area Chairperson Byculla spoke inspiring words on this occasion. Sornalatha Jacob Administrative Officer conducted the programme. Nursing students sang a patriotic song and Bakery students presented a dance.



### Dipti Dhaman Hostel (DDH)

Republic Day was celebrated at Y, Andheri. After a short prayer, ACP of D. N. Nagar, Mr. Vinay Kulkarni, guest speaker unfurled the Tricolour and spoke meaningfully. ACP

Kulkarni assured the YWCA of their unconditional support. A patriotic recital by Abhinaya K and her group, and a medley of patriotic songs by the Day-Care seniors, added to the celebration.



### Anugraha Hostel

Committee member Gissy Jacob unfurled the flag on Republic Day and spoke about our Constitution. A special song "Hum honge kamyab ek din" was rendered by the residents.

### Lady Willingdon Hostel (LWH)

Celebrations began with a prayer for the Nation by Elizabeth Peters. The Tricolour was unfurled by the senior-most Fort Area Member Miriam Kanga. One of our residents sang a patriotic song beautifully.

### Dipti Dhaman Hostel

Dipti Dhaman Hostel residents participated enthusiastically in Christmas Celebrations in December

In-night was held on 19<sup>th</sup> January. Malini Bhupta a journalist with leading publication Economic Times spoke on '# Me Too'. Ishmeet, a poet, presented a performance on the same theme.

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## Women's Development Unit

### Balwadi

- a. Monthly parents meetings were held in all Balwadis during the month of January. Importance of Girl Child Day was arranged for Balwadi parents.
- b. Republic Day was celebrated in all the Balwadis.
- c. All Balwadi children went for a picnic in January



- a. Some Balwadi teachers attended Puppet Exhibition organized by Mumbai Mobile Crèche on 18<sup>th</sup> January at Nirmala Niketan College of Social Work, Churchgate.



### Youth Group:

Monthly youth group meetings were held at all communities in January. The following topics were discussed:-

- a. Information about Courses conducted by Kotak Education Foundation and Yashwantrao Chavan Open University
- b. Planning for Exposure Visits
- c. Evaluation of Sports Activities
- d. How to earn after completing Beautician and Tailoring Courses.
- e. Importance of Yoga and Dance Movement Therapy

### Adolescent Group:

Monthly Adolescent Girls' Group meetings were held in all communities in January. The following topics were discussed:-

- a. Importance of Education
- b. Sexuality and Physical Attraction
- c. Good & Bad Touch

### Senior Citizens:

Monthly meetings were held in all communities in January. The following topics were discussed:-

- a. Health and Nutrition
- b. Government Schemes and its Benefits
- c. Importance of Organ Donation
- d. Awareness on Safety & Security

### Sustainable Livelihood:

Monthly SHG meetings were held in all communities in January. The following topics were discussed:-

- Women Exposure Visits
- Marketing of Sanitary Napkins.
- Information about different Short Term Courses of YWCA
- Savitribai Phule Award.
- Government Schemes and its Procedure
- Importance of Healthy Diet and Regular Exercise

### Health

- A General Health Check-up Camp was conducted by L & T Health Centre on 14<sup>th</sup> January with 120 service users at Chembur Shivneri Nagar.



- A General Health Check-up Camp was conducted by N.M.M.C Health Centre on 2<sup>nd</sup> January with 72 service users at Belapur.
- Rubella Vaccination Camp was organized by BMC at Fort Centre on 8<sup>th</sup> January.

**Staff Medical checkup camp** in collaboration with Wockhardt Hospital, Mumbai Central was held on 13<sup>th</sup> February at Byculla, for 70 staff beneficiaries from LWH Fort, Byculla and Belapur. .



### Get-together Programmes

Date	Place	Topic	Number of Participants
22.01.19	Wadala	Awareness on Women & Health by TISS Students	40
22.01.19	Kurla	Health Care in Winter Season	30
23.01.19	Byculla	Skit on Domestic Violence performed by N.N. Students	49
23.01.19	Fort	Save the Girl Child	72
23/01/19	Borivali	Information of YWCA Importance of Get-together programme	29
24.01.19	Chembur	Health Care in Winter Season	40
24.01.19	Belapur	Importance of Get-together programme	72
24.01.19	Mankhurd	Save the Girl Child	60
24.01.19	Thane	Skit on Domestic Violence performed by N.N. Students	65
28.01.19	Kalachowki	Session on Savitribai Phule	39

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### Capacity Building

1. Belapur police station celebrated Raising Day on 5<sup>th</sup> January in association with YWCA Belapur. The day is celebrated as Police - Public Contact Week. The Police organized a Rally on Women's Safety on the same day and 56 women from Belapur Community participated.
2. 225 women went for an exposure visit to Narayanchandra Trust at Virar (Old Age Home) & L.D. Resort at Virar on 30<sup>th</sup> January.

### Special Events

**Annual Sports Day:** "Talent wins games, but team-work and intelligence win championship" A two-day Sports Event was organized for community youth and VTC students at Byculla on 15<sup>th</sup> and 16<sup>th</sup> January at Lal Maidan, Agripada with more than 200 boys and girls. It was an effort to bring together the underprivileged children from different communities by providing them a common platform where they can display their sportsmanship as well as have fun. It was inaugurated by GS Shoba Philip. The umpires Sanjay Kale, Agnel Fernandes & Cajetan Fernandes explained the rules. Individual and team prizes were awarded in Cricket, Football & Kabbadi.



### Success Stories

1. On 31<sup>st</sup> January Vaishali Shinde Para-Social Worker received Trophy and Certificate of Honour from Unnati Project of Kotak Education Foundation at Deonar for the rehabilitation of many families from different communities.
2. Eight ladies from Fort Community, who completed different courses from our centres, are successfully employed.
3. A lady from Fort Community who completed a month's training from Kotak Education Foundation secured a job as a trainee at Diet Food and Healthy Hotel, Prabhadevi.



## Information

- Received 50 boxes of nutritious powder through Indira Jena from India Bulls for our beneficiaries.
- Received toys for five communities from Toy Bank in January.

**Hospital Aide:** A two-day session for 20 students on Self-Defence was arranged for Hospital Aide students by Lions Club of Gateway on 9<sup>th</sup> and 10<sup>th</sup> February at Byculla.



**Bakery:** Students participated in a competition organized by Institute of Technical Management (ITM) Oshiwara on 23<sup>rd</sup> and 24<sup>th</sup> January.

## Asha Kiran

- a. Five beneficiaries successfully completed the training of 'Puppeteers' in January. They participated and presented their first show for YWCA on 4<sup>th</sup> February. It was initiated by Trinayani Foundation and YWCA. They also performed at Kala Ghoda Festival and National Centre for Performing Arts (NCPA) at Nariman Point.



b. A Medical Camp was held on 18<sup>th</sup> January with the Senior Citizen Group of Versova. 118 service users benefitted from the eye, blood and random sugar, and dental check-ups. Consultation by a general physician and medicines were provided.



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d. Eight seniors participated in Carrom Tournament, organized by Senior Citizen Group of Versova. One of our seniors reached the semi-finals.



f. Republic Day was celebrated on 23<sup>rd</sup> January which was attended by Day Care Seniors and Asha Kiran staff.



## b. Success Stories

Priya Ghate, Pratiksha Salekar and Komal Mehta completed Parlour Course and secured a job with good salary.

### Special Event-

Annual Day was celebrated on 7<sup>th</sup> February on the theme 'Indian Folk Dances'. Area members, Day-Care Residents, Study-Centre children, Boys Support Group, Bharat Natyam students and staff enthusiastically participated. Devotion was led by Andheri

members, Shama Chatterji and Babita Mame, and AK Secretary Mini Johnson. Crèche children and other groups beautifully depicted the various states of India through dance.



## PASI

A session on 'Rights and Roles of Police' was organized in collaboration with Salvation Army & YWCA of Bombay on 30<sup>th</sup> January for 35 commercially exploited women. The speaker was Ms. Hasina Khan.

## PIYA

On the occasion of National Girl Child Day (24<sup>th</sup> January), YWCA of Bombay President Lalitha Fernandes flagged off a 4km walkathon to reclaim our spaces and walk



## Area Reports

**Andheri:** 25 members attended the meeting held on 7<sup>th</sup> February. Members participated in Asha Kiran Annual Day Programme

**Belapur:** 4 members attended the meeting held on 5<sup>th</sup> February. On 22<sup>nd</sup> January dietitian Sonal Pawar gave a talk on Nutrition for children and adults.



**Bandra:** 25 members attended the meeting held on 2<sup>nd</sup> February. Members visited St. Anthony's Home (Old Age Home). Snacks

were sponsored by members and games were organized.

without fear at Juhu Beach. YWCA staff, students and public participated. General Secretary Shoba Philip spoke about YWCA and Vanita Narvekar (Co-Chairperson, PIYA) emphasized the Importance of Creating Safe Spaces for Girls. A sapling was planted by a balwadi child. The Zumba instructor for the morning was Ms. Zin Ana. The programme was a great success as Mumbaikars came out to support the cause. It was broadcast on 23<sup>rd</sup> February on Times Now News Channel.

were sponsored by members and games were organized.



**Byculla:** 11 members and a guest attended the meeting held on 6<sup>th</sup> February. Members discussed the visit to All Saints' Home on 28<sup>th</sup> February.

**Chembur:** 9 members attended the meeting held on 1<sup>st</sup> February.

**Fort:** 9 members attended the meeting held on 6<sup>th</sup> February.

## Programmes and Committee Meetings for March 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 <b>World Day of Prayer</b>	2 <b>Bandra Area</b> 2.00 pm St. Andrews
4 <b>Chembur Area</b> 03.30 pm Chembur	5 <b>Byculla Area and Prayer Fellowship</b> 11.30 am Byculla	6 <b>Fort Area</b> 11.30 am, Fort <b>Prayer Fellowship</b> 11.30 am, Fort <b>Belapur Area</b> 03.30 pm Belapur <b>Anugraha Meeting</b> 4.30 pm Belapur	7 <b>Prayer Fellowship</b> 12.00 noon Andheri <b>Andheri Area</b> 3.30 pm Asha Kiran <b>DDH Meeting</b> 11.30 am Asha Kiran <b>Prayer Fellowship</b> 4.00 pm Belapur <b>Asha Kiran</b> 5.30 pm Andheri	8 <b>International Women's Day</b> 10.30. am Fort	9 <b>PASI Meeting</b> 11.00 am Andheri  <b>Public Relations Meeting</b> 2.00 pm Andheri
11 <b>LWH Meeting</b> 11.00 a.m. Fort  <b>Spiritual Emphasis</b> 4.30 pm Fort	12 <b>WDU Meeting</b> 11.00 am Byculla  <b>ABH Meeting</b> 11.30 am Byculla  <b>International Centre</b> 11.30 am Fort	13 <b>Prayer Fellowship</b> 11.30 am, Fort	14 <b>Prayer Fellowship</b> 12.00 noon Andheri  <b>General Hostels</b> 11.00 am  <b>Buildings</b> 02.30 pm Byculla <b>Prayer Fellowship</b> 4.00 pm Belapur	15	16 <b>Membership Meeting</b> 12.00 noon Byculla
18 <b>Jottings Meeting</b> 11.00 am Byculla  <b>Personnel Meeting</b> 12.00 noon Byculla	19 <b>Prayer Fellowship</b> 11.00 am Byculla  <b>PIYA Meeting</b> 1.00 pm Byculla	20 <b>Prayer Fellowship</b> 11.30 am, Fort  <b>Finance Meeting</b> 11.00 am Fort	21 <b>Holiday</b>	22	23 <b>Board Meeting</b> 11.00 am Byculla
25	26	27 <b>Prayer Fellowship</b> 11.30 am, Fort	28	29	30
31					

### DROP IT IN

If you do not receive a copy of the JOTTINGS for the month please inform our Byculla office immediately.

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