



By Love Serve One Another

JOTTINGS

Faith in God the Father Almighty
and in Jesus Christ His Only Son Our Lord and Saviour
and in the Holy Spirit



Purpose

- Promotion of the full development of women and girls through its programmes
- To develop a membership that is responsive through service to the changing needs of the community in a changing world.

For Private Circulation only

No. 238 November 2018

YWCA/YMCA WEEK OF PRAYER

- Priyadarsini John

Spiritual Emphasis Chairperson

Greetings to you in the precious name of our Lord and Saviour Jesus Christ!

A week without prayer makes one weak. Prayer is talking to God.

"Prayer does not change God, but it changes him who prays." - Soren Kierkegaard

For over a century now, the YWCA and YMCA movements have issued a joint call to pray in the month of November as a key reminder of the spiritual vision that drives their efforts to create a better world for all. The week provides an opportunity for the YWCA and YMCA movements to pray and act together on a shared issue with members around the world. Each year, a theme is selected for prayer and reflection inspired by the work and efforts of both organisations.

For 2018, the theme is: **"Youth Empowerment for Good"**. This year the World Week of Prayer is observed during 11-17th November, 2018.

During this week we will meditate on the following themes:

- Created for good
- Enabled for good
- Challenged for good
- Overcoming for good
- Transformed for good
- Empowered for good
- Celebrate for good

Prayer moves the hand that moves the world. Prayer is a potent force that impacts our world powerfully and changes its course. I would strongly urge each Y member to actively participate in and be part of this key global initiative of the Y.

Praying together as an organization helps us to bring His ears to listen, bond together with chords of love and band together for His cause for good in this world that is given to evil.

Come let us join our hands, hearts and minds together in one accord and knock at the doors of heaven so that the shackles of bondage that are on earth are broken and the goodness of God pervade the nooks and corners of this world.

Spiritual Emphasis Report

Spiritual Emphasis Retreat was held on 21st September for 22 members at Fort, YWCA. The retreat started with praise and worship led by the committee. The speaker Ms. Rashmi Braganza beautifully brought out the theme

'Creating Safe Spaces' from the biblical perspective. We also had a Bible quiz and a time of intercession. It was a powerful time in the presence of the Almighty.



World Diabetes Day November 14

- Rekha Joshi

Diabetes is the common name for a range of conditions ranging from Diabetes Mellitus types I and II, Diabetes insipidus to gestational Diabetes. These are all conditions which affect how the pancreas secretes insulin or how the body reacts to this hormone.

Foot and eye problems and vascular diseases are common in people affected by diabetes. World Diabetes Day is observed on November 14th each year. The day aims to improve awareness of the effects of Diabetes and its complications among the general population

and professionals in a range of sectors. It is hoped that this improved awareness will lead to more resources to combat the effects of Diabetes and to help fund research into improved treatment options.

The diet followed by almost all Indians lead to the onset of diabetes. Most early symptoms are from higher-than-normal levels of glucose, a kind of sugar, in your blood. The warning signs of type 2 diabetes are so mild that one does not notice them.

Common Symptoms

1. **Hunger and fatigue.**
2. **Frequent Urination**
3. **Being thirstier**
4. **Dry mouth and itchy skin**
5. **Blurred vision**

Type 1 - This type usually starts in childhood. Your pancreas stops making insulin. You have type 1 diabetes for life. The main factors that lead to it are:

- a. **Family history**
- b. **Diseases of the pancreas**
- c. **Infection or illness**

Type 2 - The main factors that lead to it are:

- a. **Obesity or being overweight**
- b. **Impaired glucose tolerance**
- c. **Insulin resistance**
- d. **Gestational diabetes**
- e. **Sedentary lifestyle**
- f. **Family history**
- g. **Polycystic ovary syndrome (PCOS)**
- h. **Age factor**

Gestational

When you are expecting, **gestational diabetes** affects the pregnancy. It is caused by hormones the placenta makes or too little insulin. High blood sugar from the mother causes high blood sugar in the baby. That can lead to growth and development problems if left untreated. Factors that can lead to gestational diabetes include:

- a. **Obesity or being overweight.**
- b. **Glucose intolerance**
- c. **Family history.** If a parent or sibling has had gestational diabetes, you're more likely to get it.
- d. **Age factor**

Steps to Take - Whatever your risks are, there's a lot you can do to delay or prevent diabetes.

- a. Manage your blood pressure.
- b. Keep your weight within or near a healthy range.
- c. Get 30 minutes of exercise on most days.
- d. Eat a balanced diet.

Life with Diabetes within control, can be lived and enjoyed to the fullest

YWCA and YMCA Week of Prayer and World Fellowship

Message from the Presidents
Ms. Deborah Thomas-Austin, World YWCA
and Ms. Patricia Pelton, World YMCA

Blessed Readers

Do you know the story of the man and the butterfly? A man spent hours watching a butterfly struggling to emerge from its cocoon. It managed to make a small hole, but its body was too large to get through it. After a long struggle, it appeared to be exhausted and remained absolutely still. The man decided to help the butterfly and, with a pair of scissors, he cut open the cocoon, thus releasing the

butterfly. However, the butterfly's body was very small and wrinkled and its wings were all crumpled.

The man continued to watch, hoping that, at any moment, the butterfly would open its wings and fly away. Nothing happened; in fact, the butterfly spent the rest of its brief life dragging around its shrunken body and shrivelled wings, incapable of flight.



What the man - out of kindness and his eagerness to help - had failed to understand was that the tight cocoon and the efforts that the butterfly had to make in order to squeeze out of that tiny hole was Nature's way of training the butterfly and of strengthening its wings.

So too are we encouraged to do good in Jesus Christ's name and not in the way of the world. Doing random acts of kindness when we are not under the cover of our Father and acting in Christ's name, filled with the Holy Spirit... well it is just that. Random. God has a plan for all of us.

The theme of this 2018 Week of Prayer is youth empowerment for good. Yes, we were created for good and for good works. We were also created as humankind from eons ago to the second coming; we are here to stay as servants of our Lord Jesus Christ - for as long as that may be. And thus our kingdom mission is clear: we are loved for good in order that we may do good as we reflect God's goodness.

The daily readings and reflections take you on a journey where we focus on our identity and on being created for good, expressing our purpose of being equipped for good works, being challenged for good and confirming that everyone counts. This understanding of God's goodness shapes our attitude in overcoming our challenges. It enables us to be agents of transformation as we communicate the vision of what it means to live this goodness. Finally we celebrate for good as we inspire action.

The original text of this Week of Prayer was used at the YMCA World Council earlier this year, and the YWCA endorsed this as the focus of this booklet. This is because our key focus for both organisations is on youth empowerment - from civic action to women's rights.

For we are His creation, created in Jesus Christ for good works that God prepared ahead of time so that we should walk in them. Eph 2:10

May you challenge yourself and your YMCA and YWCA as we are all created for youth empowerment for good!

YWCA and YMCA Week of Prayer and World Fellowship 11 - 17 November 2018 Theme : Youth Empowerment For Good					
DATE	DAY	TOPIC/ PASSAGE	TIME	VENUE	RESOURCE PERSON
11/11/18	SUNDAY	CREATED FOR GOOD	8.45 a.m.	ST. THOMAS CATHEDRAL	Rev. Avinash Rangayya
12/11/18	MONDAY	ENABLED FOR GOOD	3.30 p.m.	YWCA ANDHERI	Pastor Vinny Varghese
13/11/18	TUESDAY	CHALLENGED FOR GOOD	2.30 p.m.	YMCA BANDRA	Sr. Natty Lopes
14/11/18	WEDNESDAY	OVERCOMING FOR GOOD	3.00 p.m.	YWCA BYCULLA	Rev. McDonald D. Sorna
15/11/18	THURSDAY	TRANSFORMED FOR GOOD	7.00 p.m.	YMCA GHATKOPAR	Rev. Susheel Sumitra
16/11/18	FRIDAY	LIVE FOR GOOD	7.00 p.m.	YMCA BELAPUR CBD	Pastor Ashish Shrivastava
17/11/18	SATURDAY	CELEBRATE FOR GOOD	7.00 p.m.	YWCA FORT	Mr. Rajiv Chelladurai
15/11/18	THURSDAY	TRANSFORMED FOR GOOD	7.00 p.m.	YMCA GHATKOPAR	Rev. Susheel Sumitra

Members are requested to submit their articles for Jottings before / on 15th of every month. This should be sent to Staff, Mildin - ywcajottings@gmail.com or a hard copy at Byculla, YWCA.

Job Vacancy for the post of

Programme Officer

Requirements

- * MSW / BSW / Graduate with 2 years experience
- * Excellent Computer Knowledge
- * Fluency in English and Hindi
- * Christian

Freshers can also apply

Please apply with expected salary and recent photograph to YWCA of Bombay, 75, Motlibai Street, Near Maratha Mandir, Mumbai 400 008 / Email: cfsybombay@gmail.com

Birthdays for the month of November

3rd November	Elizabeth L Mascarenhas	Andheri
7th November	Iris Rodricks	Fort
8th November	Merlyn Thomas	Fort
10th November	Dr. Thanksy Francis Thekkekara	Byculla
10th November	Avelina Maria Colaco	Bandra
11th November	Joycia Thorat	Byculla
12th November	Premlata Singh	Byculla
13th November	Sandra Francis	Fort
16th November	Lavina Shirsat	Byculla
18th November	Aneela Rao	Fort
19th November	Clara S Mani	Fort
20th November	Chandraprabha Nundy	Belapur
25th November	Simone Sebastian	Bandra
27th November	Susan Thampi	Chembur
28th November	Dr. Sarojini Gangurde	Andheri
29th November	Kamalini Suchita	Andheri
30th November	Bhanukala Ganeshan	Andheri

*Count your life by smiles, not tears.
Count your age by friends, not years."*

Happy Birthday

WE Love You !!!



Sweet Notings
- Sharon Pires

Two separated hands with all the muscle power can't unite hundred people, yet two folded palms with no muscle power but with devotion and humility, can win the hearts of the whole world!

More miracles happen through prayer than we can ever dream of. A sincere and humble prayer of thanksgiving, praise, intercession, devotion can bring healing and unimaginable grace. When we join our hands in prayer, we place ourselves in the Lord's presence, in total humility and let Him take complete control of our lives. When we surrender ourselves to Him, we allow Him to work wonders in our lives and heal us through **the power of His spirit**. He said "When two or three are gathered in my name, there I am in their midst." In November every year, YWCA and YMCA jointly celebrate World Week of Prayer invoking the Lord's presence and blessings on our institutions and members the world over. We have seen the power of His love engulf us every year and we seek His grace and direction as we continue to reach out to many needy souls in our

metropolis and nation.

Positive thinking is not only about expecting the best to happen but it is also about accepting that whatever happens is for the best.

Often we hope or pray for something that we want to happen or urgently need and when it is fulfilled we are overjoyed.... God has answered my prayer or I had a strong feeling this would come true. However what is our reaction when things don't go according to plan or happen the way we expected? We are upset, we feel let down and even resort to blame God at times. Why is God doing this to me? He could have made things work out positively. Often things may not go our way or we may be disappointed initially about the outcome of something but later we realise that what happened at that point of time was best for us. We must place ourselves in His loving hands and know that He cares for us and will always do what is best for us. Let us be like a little child fully trusting God our loving Father to give us what is good for us.

A visit to Pandita Ramabai Mukti Mission, Pune
..... **Shaping Lives**
- Shoba Philip

Thirty staff including teachers and social workers went on an educational exposure visit to Pandita Ramabai Mukti Mission on 16th October. The centre is very close to Khedgaon railway station. It is a beautiful campus spread

across 120 acres. Pastor Pravin Kamble took us for a tour around the place. He explained how Pandita Ramabai was led by God to that place and started shaping the lives of people. We were taken to the huge stone church built by

Pandita Ramabai and the women who were with her. The stones taken from the well were used to build the church. We saw the Christ-centered homes where destitute women and children irrespective of their background are accepted, cared for and transformed, and empowered to be the salt and light in the society. The **centre for care** for special children seeks to create an environment and skills needed to allow these special children to reach their full potential. The centre for visually-

challenged women was amazing. Women were happily engaged in making beautiful bags. Their hands were busy even as they spoke to us. They presented a beautiful hymn in total harmony and one of them read from the **braille Bible**. It was a short visit, but each of us was touched and inspired through the life of Pandita Ramabai. Against many odds, Ramabai has been the first in many previously unexplored fields, and the centre continues to shape lives of women and children.



Children's Day Celebration

Date : Wednesday 14th November 2018

Time : 10.00 a.m.

Venue : At all Balwadis

Anand Mela

Date : Saturday 3rd November 2018

Time : 11.00 a.m.

Venue : YWCA, Byculla

Baatein Aman Ki Campaign

- Shoba Philip

Women's struggle for freedom from violence in the home, on the streets and in the workplace has existed throughout history. The Baatein Aman Ki (Peace Conversation) held between September 22 and October 13, brought people together to rise to propagate peace, justice, non-violence, love and safeguard constitutional values. The campaign was launched by women activists to sensitize people about the violence being faced by women in the country "in the name of religious and nationalist sentiments". Over 150 organisations worked hard to host the groups of women who travelled across 200 towns/villages in India. The Mumbai programme took place on 2nd October. The group that came to Mumbai were welcomed at the YWCA, Byculla on 1st October. After spending the night there, we proceeded to the **Peace March** from Grant Road Station to Mani Bhavan at 8.30 am. Over 1000 people including students from schools and colleges and members of various organisations carried the message through posters, placards, slogans and songs.

There was an **interfaith prayer** outside Mani Bhavan. Ms. Aruna Roy, social activist, and Ms. Mukta Dhabholkar, daughter of late rationalist Narendra Dhabholkar addressed the gathering. The programme arranged at SPJMIR Auditorium, Bhavan's College by YWCA and YMCA was truly amazing. The artists conveyed the message through song, dance and poetry. The dances were choreographed specially for the occasion and the programme received a good feedback. The evening programme 'Jashn E Aman' held at Sophia Bhabha Auditorium included performances by Mita Vashist, Nandita Das, Poorva Naresh, Shabana Azmi, Stop Gap Choral Ensemble and others. It is great to see initiatives like the Baatein Aman Ki campaign working towards making people, especially women aware of the need to rise and ask questions. Instead of living in fear, together we must bring about a change in our society. **As Gandhiji said, "Become the change you wish to see."**



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Membership

On 20th October, we celebrated **World Elders' Day** at Fort, with Salome Roy Kapur as our chief guest. The function was well-attended. The opening prayer, the introduction to the speaker and vote of thanks were all done by Senior Citizens. Ms. Roy Kapur gave a talk on mind and body health and demonstrated dance step to the members for physical well-being. Ms. Roy Kapur also showed them how to stimulate various organs of the body using acupressure and said acupunctue also works for strokes in an emergency. A quiz and housie were organized and prizes were given.



Women's Development Unit

Balwadi/Creche - Monthly Parents' Meetings were held in all Balwadis in the month of September.

Senior Citizens' group

- A monthly meeting with senior citizens' group was held at all community centres in September. Topics covered: Importance of Senior Citizen Card, Sanjay Gandhi Niradhar Scheme and Disaster Management Training.
- World Alzheimer's Day celebrated at Fort Traffic Garden on 21st September in collaboration with BMC A Ward. Dr. Shinganapure was the chief guest.



Youth Group - A monthly group meeting was held in all the communities. The agenda was - science Quiz, Discussion on Ozone Layer, Kotak Education Foundation, Gender Discrimination.

Adolescent Group

1. A monthly meeting was held on 26th September at Kalachowki Community for eleven girls. Information was given on Don Bosco Anmol Mela.
2. A monthly meeting was held on 18th September at Shivneri Centre (Chembur) for 17 girls. A Documentary 'Aatmavishvas Ki Takat' was screened.
3. Singing, dancing and drawing competitions were conducted by Sunita Waghmare at Wadala community centre on 17th September for 32 girls.
4. A monthly meeting for ten girls was conducted by Ranjana Panchal at Fort Community centre on 21st September. **Family and Health Issues and Children's Day Programme** were discussed.

Sustainable Livelihood - Monthly SHG meetings were held in all communities in September.

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Health - 155 and 186 service users from **Kurla and Byculla** participated in a General Health Check Up camp conducted by L&T Health Centre in September.

Capacity-Building

1. **Drawing competition and science quiz on Ozone Layer** was organized for study class and community children at all community centres on 15th September.



2. A 'Safety Gas Awareness Programme' from LPG Gas Agency was held on 28th September at Thane and Kurla for 45 and 25 women respectively.



3. Hemlata Garud conducted a session on 'Women and Violence' with 20 women at Kurla community on 26th September & 28th Sept at Chembur community with 21 women.

4. A two-day session on Self Defence was conducted by Daivshala Giri on 29th and 30th September at Belapur. Lions Club Gateway organized the same at Fort on 8th and 9th September.



5. In September Ministry of Commerce and Finance organized a session on 'Investor Awareness' for SHG group members of Byculla and Belapur.



Special Event

Teachers' Day: WDU organized a grand Teachers' Day celebration on September 5 at Byculla. Lalitha Fernandes, President, gave an

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inspiring talk and wished all the teachers on this occasion. Teachers' Day is the day to recognize the services rendered by our teachers. Byculla Balwadi and crèche, study centre, bakery, Nursing and beautician students performed. The Balwadi children dance was the main attraction of the programme.



Staff Capacity Building - A Disaster Management Session was organised on 20th September at Byculla for VTC students and Byculla Staff.

Success story - A lady from Belapur Community completed Basic Beautician Course and secured a job with a salary of Rs 4,500/- per month.

Information - 17 students of Advance Beauty Parlour Course from Fort and Byculla received a sponsorship of Rs 63,759/- for fees and raw material.

Aasra

- Hemlata Garud attended 'WE Action Networking' meeting in September at Majlis.
- On 19th September Dolcy D'souza conducted a session on **Women and Violence and Good Parenting** at Mankhurd Community for 34 women.
- Dolcy D'souza conducted a session on **Prevention of Human Trafficking** for beneficiaries of Salvation Army at Grant Road on 25th September with 38 women.

Asha Kiran Programme and Activities

Training-

- a. On 27th September 126 people from ICDS, Health Post, Self-help group, Sakhi members, and crèche and study-centre parents attended a workshop on "Investor Awareness" at Asha Kiran. Resource person Ms. Nidhi Agrawal, Chartered Accountant from Ministry of Commerce and Finance, spoke about various money management schemes for low-income groups like Mutual Funds, Bank and Postal RD's. Ms. Agrawal also spoke on scams, chit funds and share market wherein people have lost money. It was an informative workshop.





Donation-

On 3rd October, 2 embroidery machines were donated by Lions Club, Juhu. A small inauguration programme was organized. 36 people including Lion's Club members, Asha Kiran members, staff and students participated in the inauguration programme. The Programme started with a prayer by Shama Chatterjee and YWCA Programmes and activities were explained by Asha Kiran member Vimla Raichur. The donation was co-ordinated by Indira Jenna and Neepa of Lion's Club.



Empowerment

a. Small Scale Business- 25 kg paper bags were made during September and sold @ of Rs. 40/- and Rs. 45/- Total Rs.1272/-

b. Success Stories-

1. Kavita Singh works in Oriflame Parlour. She earns Rs. 5000/- per month.
2. Kajal S. Kesarwani takes parlour orders and earns Rs. 3000/- per month.

Special Events Report-

World Elders' Day was celebrated on 9th October for day-care seniors and senior residents. The programme started with lunch followed by games, dance and songs which were thoroughly enjoyed.



Justice Beyond Borders-

Chanda Pimpalkar a needy study centre ex-student was provided sponsorship of Rs.12175/- on 14th September by YWCA for her FYJC Studies from Kamladevi Jain College, Andheri-(W). Ms. Rajlaxmi Senior member of Andheri and Ms Ashwini Ranpise Study Centre Teacher, have started tutoring her in English and Accounts twice a week.

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PASI

A Transgender Role Model and Celebrity

A Talk on 'Life & Struggles of a Transgender Woman' was conducted by Ms. Priya Patil (Transgender Activist) on 6th October at Byculla, YWCA which was attended by 120 participants. How many of us have a transgender person as acquaintance, friend, prayer-partner or family member? Have any of us interacted with transgenders when you see them in train, in market place or road? What is our opinion and image about them? Do we have a stereotypical image or do we see them as reflection of God's image? According to Christian scripture every human being is created in God's own image.

The Public Affairs and Social Issues committee (PASI) organized a public talk on the life and struggles of a transgender woman activist- a first person account by Ms. Priya Patil, who was the first person from her community to contest the BMC election.

Ms. Patil confidently shared her struggle of 20 years and eventual success before strangers, both young and old, students and working people. Her courage, transparency and will to share every aspect of her life was admirable.

The first part of her narration was about the rejection by her family. Family is sacrosanct in India. Family is also an institution which can be abusive at times, a secret very well-hidden within the four walls in a patriarchal country like India. If love, acceptance and respect are not found within home where does one look for it? Rejected by her family, as they found she is 'different' Ms. Patil lived on the streets, sleeping in moving trains and was exploited in exchange of food by fellow humans for nearly

7 years. A member of the audience asked a valuable question - Was there no one in the entire city to enquire about her whereabouts and wellbeing? A question to ponder - How many such lives would have been 'saved' if someone had cared.

The challenges of the city prepared Ms. Patil to be tough to face any difficult situation which came her way. She accepted her life's events as part of the larger exploitative nature of human beings and braced herself to create an alternate new world for transgender persons and community at large. Patil urged us not to be judgmental but to be understanding.

Ms. Patil moved on to sharing the dark side of her story to share about her aspirations and dreams. As a young woman one of her dreams was to restart her education which she had to discontinue, because of the adverse circumstances. She dreams of becoming a bureaucrat or an elected representative, both positions with power to transform society and governance system. **The relevant message here is Dream we must, wherever we dare to dream and dream to dare.**



Healthy Lifestyle

A Session on 'Healthy Lifestyle' was conducted by Dr. Falguni Gaitonde for 45 girls of Saboo Siddik College on 10th October.



Belapur: 5 members attended the meeting held on 3rd October. Dr. Sunila Sanjeev gave a talk on Osteoporosis to the hostel residents on 25th September.

Area Reports

Andheri: 34 members with 3 guests attended the meeting held on 4th October to felicitate Rajalaxmi for many years of love and service provided by her. A few close friends and beneficiaries shared what Rajalaxmi meant to them. A small token was given to thank her on behalf of the Andheri area and Asha Kiran. Anna conducted a Zumba session.



Byculla: 7 members attended the meeting which was held at Shepherd Widows' Home on 2nd October together with a visit to the home. Jayanti Premkumar conducted a workshop on 'Best out of Waste' for the elders in the home. Utilities and snacks were distributed.



Chembur: 10 members attended the meeting held on 5th October. Members discussed the programme on long term-project with Sister Yogini of Ashrya.

Bandra: 21 members attended the meeting held on 6th October. Dolly James enlightened the members on Transgender and the problems they face and how she, the church members and the Pastor helped them in various activities. Dr. Malini Thomas, YWCA youth member spoke on dental hygiene.

Fort: 10 members attended the meeting held on 3rd October. Members visited St Anthony's Home for the Aged on 10th October. They spent time with the residents in playing games, singing song and line dancing. Utilities and snacks were distributed.

Programmes and Committee Meetings for November 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Prayer Fellowship 12.00 noon Andheri Andheri Area 03.30 pm Asha Kiran	2 Chembur Area 03.30 pm Chembur Asha Kiran 12.30 pm Andheri	3 Bandra Area 2.00 pm Q Tube
5 DDH Meeting 11.00 a.m. Asha Kiran	6 Byculla Area 11.00 am Prayer Fellowship 11.30 am Byculla Belapur Area 04.00 pm	7 Fort Area 11.00 am Fort Prayer Fellowship 11.30 am, Fort Anugraha Meeting 4.30 pm Belapur	8 Holiday	9 Spiritual Emphasis 4.30 pm Fort	10 PASI Meeting 11.00 am Andheri Membership Meeting 12.00 noon Fort Public Relations Meeting 2.00 pm Andheri
12	13 WDU Meeting 11.00 am Byculla International Centre 11.30 am Fort ABH Meeting 11.30 am Byculla PIYA Meeting 1.00 pm Byculla	14 Prayer Fellowship 11.30 am, Fort	15 Prayer Fellowship 12.00 noon Andheri General Hostels 11.00 am Buildings 02.30 pm Byculla	16	17
19 Jottings Meeting 11.00 am Byculla Personnel Meeting 12.00 noon Byculla	20 Prayer Fellowship 11.00 am Byculla	21 Prayer Fellowship 11.30 am, Fort Finance Meeting 11.00 am Fort	22 Prayer Fellowship 12.00 noon Andheri Prayer Fellowship 400 pm Belapur	23	24
26	27	28 Prayer Fellowship 11.30 am, Fort	29 Board Meeting 11.00 am Byculla	30	

DROP IT IN

If you do not receive a copy of the JOTTINGS for the month please inform our Byculla office immediately.

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