



By Love Serve One Another

JOTTINGS



Faith in God the Father Almighty
and in Jesus Christ His Only Son Our Lord and Saviour
and in the Holy Spirit

Purpose

- Promotion of the full development of women and girls through its programmes
- To develop a membership that is responsive through service to the changing needs of the community in a changing world.

For Private Circulation only

No. 225 September 2017

Building Today for Women of Tomorrow (JMT)

The world is changing at a startling speed as never before. We are told robotics will soon compete with man-power and degraded environment will bring hardships - even future famines. Our young people need to be resilient and innovative in an ever-more technological age.

Basic parenting remains unchanged. In the home it comes down to ensuring that children grow in a loving environment with space to develop their individual talents. The young learn by example and even during those tricky (possibly rebellious teen years) basic values imbibed from their elders are their bedrock.

It is important not to over-protect our girls or crush their adventurousness so that they can step into their life's work confidently. Let us encourage young women to enter any field of enterprise, adventure, sports or leadership position previously barred to them. Gender barriers fall less by aggressive competition and more by quiet determination. As opportunities widen, India's women are bravely becoming truly 'Women of Substance' in varied callings like medicine, publishing and entertainment.

Never should we hold them back, because fulfilled women will themselves become exemplary mothers one day!

The IMF (International Monetary Fund) Chief, Christine Lagarde states the question is not of pushing boys out, but of enlarging the frame to accommodate men and women best qualified. Activists everywhere are canvassing for equal pay for equal work and responsibility.

Character-building advice can be found in the Old Testament Book of Proverbs, the wisdom literature written by King Solomon. It wisely states in Proverbs 23 v/s 12, 'Apply thine heart unto instruction and thine ears to the word of knowledge'. As true today as then. The priest Eli tutored little Samuel who rose in time to great power. Jesus was a thorough guide to His disciples. He patiently answered all their questions and even sent them out in pairs for work experience in preaching and teaching.

In the early days of the Church women pretty soon made their influence felt. However, history of earlier male-dominated regimes re-appeared confining women to domestic duties with

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The Joy of Sharing

(Ovita Paruleker)

I was on an early bus from Mumbai to Pune and had a mother and her 8 year old daughter next to me. As the bus started I said a small prayer, on looking up noticed the little girl offering me a biscuit from the packet she had just opened. At first I was taken back wondering how to react. The child's mother was busy browsing through the messages on her mobile. Seeing that beautiful face of the child I offered to take a biscuit from her. I enjoyed it rather surprised of what transpired.

Why was the child so keen that I share her biscuits? Why was the mother so unmoved? These questions puzzled me as the bus moved on. The mother however confessed later that she has taught her daughter to share with others before she eats. A wonderful gesture indeed! This left me a lot to think about in my life.

I thought that this little girl is very close to the Heart of God. In our selfish world of today this would be very amusing and unacceptable too. Yet if there was another eloquent lesson in sharing I was yet to find. "In the evening of our lives we will be examined on love" says St. John of the Cross. The Gospel of Mathew 18.3 states 'Unless you change and become like little children you will never enter the kingdom of heaven'.

Love, it is said ought firstly, to manifest itself in deeds rather than words. Secondly, it consists in a mutual sharing of goods. In all aspects Christianity is most expressed in the innocence of children. Though we don't live it in our lives daily it is explained to us in the Gospels and events of our day-to-day occurrences.

Teachers' Special

(Indira Jemma)

Teachers are the reason ordinary students dream to be extraordinary achievers.

Since time immemorial teachers have a beautiful bond of friendship, comfort and dignity with their students.

I have immense respect for my teachers which is why I chose to embark on a journey of 'Teacher ship'! It has been 30 years since I have been teaching and guiding little young minds to become the best versions of themselves.

I am happy, parents value us as a brand that guides and grooms their unshaped precious jewels into precious diamonds. The role of mentoring and guiding every child begins at home itself with parents as their first teacher.

In India, since 1962 Teachers' Day is celebrated on 5th September to commemorate the birthday of Dr Sarvepalli Radhakrishnan. He was a great teacher and a staunch believer of education, known for his contribution towards the education system of India. According to

him, 'teachers should be the best minds in the country'. On this day teachers are honoured for their selfless effort.

To the world teachers might be ordinary people, but the bond of teacher and student will also be held in high esteem.

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leadership in the hands of men. It has taken 2,000 years for some church denominations to utilize woman-power, some now allowing ordination as preachers and bishops.

As society advances may we train our young women to boldly take their places alongside men in high places, while never losing an inch of their femininity.

Finally, we may add the same injunction which St Paul gave to younger Timothy in Philippians 4 v 1-9 'Whatever you have learned or received from me, or seen in me put it into practice. And the God of peace be with you all.'



ANNOUNCEMENTS

The YWCA of Bombay invites applications for the post of a **Nursing Teacher**.

Qualification: **Diploma Course in General Nursing and Midwifery**.

Interested candidates are required to send their resume at the below address or email: The General Secretary, YWCA of Bombay, 75, Motlibai Street, Near Maratha Mandir, Byculla, Mumbai 400 008.
Email ywbombaygs@gmail.com

Members are requested to submit their articles for Jottings on / before 15th of every month. This should be sent to Staff, Mildin - ywcajottings@gmail.com or a hard copy at Byculla, YWCA.

Membership Committee Celebrates Ekta

'Behold How Good And Pleasant It Is When Brothers Dwell Together In Unity' Psalms 113:1

Date: Saturday, 16th September

Time: 10.45 am to 2.00 pm

Venue: YWCA, Fort

Theme: **Unity in Diversity**

Registration Fees: Rs 100/-

**All Members are Invited
Come Dressed in Your Regional BEST**



UNITY IN DIVERSITY

SPIRITUAL EMPHASIS SEMINAR

"Teach me, O Lord, the way of your statutes; and I shall keep it to the end. Give me understanding that I may keep your law and observe it with my whole heart."
Psalm 119:33, 34

**COME LET'S JOIN OUR HEART
TOGETHER, SIT AT HIS FEET AND
LEARN FROM HIS WORD**

Date: Saturday, 2nd September

Timing:

10.30am-2pm

Venue:

YWCA, Byculla

Topic:

Training on Conducting a Bible Study

Speaker: Mrs. Helen Karkade, Andrew Wommack Ministries

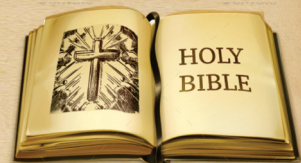
Registration Fees: Rs. 50/-

Please Carry Your Bibles

ALL ARE INVITED

*Friends And Family Are Welcome But
Kindly Inform Us For Logistic Purpose*

R.S.V.P 22020122, 22823411, 22833768



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70th Independence Day celebrations at Y Hostels

Anugraha

The National Tricolour was unfurled on Tuesday 15th August 2017 at 9 am by Belapur Corporator Dr. Jiyaji Nath. He gave a very practical speech on what India has achieved



70 years after Independence and how much remains to be done by all of us. Patriotic songs were sung by the residents and guests who attended beautifully attired.

ABH

The National Tricolor Flag was hoisted by Dr. Nilima Mehta, Chief Guest followed by singing of the National anthem. She has a Doctorate



in Adoption for over forty years and has done extensive work in the area of Child Rights, Child Protection, Foster Care, and Family Counseling. She spoke on Gender Justice and Empowerment of Girls and Women. Patriotic song in different languages echoed the hall.



LWH

Flag Hoisting was held with residents, guests, members and staff all beautifully attired. The flag was unfurled by Mr. Rosario husband of Mrs. Teofilda Pinto, Fort Area member. The National Anthem was sung with great fervour, followed by a time of prayer for our nation by Elizabeth Peters.

DDH

Independence Day celebrations began on Tuesday, 15th August 2017 at 8:45 am with the unfurling the National Flag by the Chief Guest, Lara Jesani, eminent Lawyer and Activist. She spoke on the current political situation of our country and methods to improve our present political scenario. An inspirational and enthusiastic speech was given by one of our Senior Residents too.



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Birthdays for the month of September

1 st September	Jane Gillian Rodrigues	7 th September	Priyadarsini John
2 nd September	Annie Fernandes	8 th September	Smita Pathak
2 nd September	Parvathy Venkitachalam	9 th September	Yasmin Mehdi
3 rd September	Esmeralda D' mello	10 th September	Meena D' souza
3 rd September	Maraline Fernandes	16 th September	Tessy Abraham
5 th September	Miriam Kanga	20 th September	Rama Karanje
5 th September	Hazel Castelino	23 rd September	Mohini Mathur
6 th September	Sarah Oommen	23 rd September	Pavana Anchees
6 th September	Yvonne Alphonso	24 th September	Dr. Ratna Bhattacharya
6 th September	Sheetal S. Bandekar		

May your coming year surprise you with the happiness of smiles, the feeling of love. I hope you will find plenty of sweet memories to cherish forever. Happy Birthday.

WE LOVE YOU!!!

Sweet Notings

(Sharon Pires)

Many people consider prayer as a last resort, but God meant for it to be our first and surest line of defence.

We are all guilty of this, at some point in our life. When tragedy befalls us, difficulties surmount and all seems lost then we look to the Lord as a last resort. Haven't we noticed that when we start the day with a prayer, we feel ready to take on the world strengthened by His love and grace? Before an exam we tell our kids to say a prayer and then start the paper. As we embark on a journey we invoke the Lord's blessings for safety. At difficult moments of each day when we are faced with the task of acting on a problem or making a decision do we place the situation in God's hands and ask him to guide us to do the right thing... unfortunately, very often we do not. If God is for us, who can be against us, with this thought as a constant reminder let us live our days more meaningfully, knowing that He will hold us in the palm of His hand.

God's Spirit is like a radio station, broadcasting all the time. You just have to learn how to tune in and receive His signals.

God speaks to us in the silence of our hearts, He speaks to us in the lives of those we touch and come in contact with. We need to quieten ourselves to listen to His voice, gentle, persistent and encouraging. We all have our favourite radio and TV channels, so also God's voice has a solution to every difficulty, instructions for daily living and is a storehouse of graces. We just need to tune in and renew our lives with His message and wisdom so generously poured out for us as the hymn we often sing guides us to *Listen, let your heart keep seeking, Listen, to His constant speaking, Listen to the Spirit calling you.*

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Women's Development Unit

Session on Water Borne Diseases' was conducted in all communities with Balwadi parents in July



Sustainable Livelihood - July

Byculla:

- Five days training on 'Home- Scale Preservation of Fruits & Vegetables and Nutrition Education' was conducted by



Ministry of Food and Nutrition Dept for 30 women who received certificates.

- On 18th July a parent meeting was conducted by Para social worker Kiran Patil to start Self Help Groups amongst them. She explained the importance and benefits of SHG's.

Fort: Monthly Pragati Mahila Bachat Gat meeting was held with 10 women. They discussed on Tiffin service to nearby offices.

Thane: Meeting with 21 community women was conducted by Nisha Misal. SHG procedure and their importance as well as govt. schemes and their benefits were explained.

Mankhurd: A meeting was conducted by Community officer from M ward with 25

women on 25th July. Procedure of Government schemes for SHG was explained by them.

Belapur:

Monthly meeting of Prerna and Pragati Mahila Bachat Gat with 29 women. Two women have received order from Bhartiya Vidyapeeth for 100 chapattis.

A Five days Bakery Course was conducted by Nachita Desai in Fort and Belapur on different days. It included baking of cakes, breads, cookies, doughnut & muffin.

Capacity Building

Byculla: Session on 'Healthy Relationship' was conducted by Neeta Dabre for study class children. A documentary film was also screened.



Health:

Fort: A General Medical Camp in collaboration with L & T Health Centre was held with 100



service users. Para Social workers Kiran Patil and Ranjana Panchal coordinated the activities.

Mira Road: A session on Water Borne Diseases was conducted by Dr. Shirkant Kadam &

Dr Rashmi Sawant from Mira Bhayandar Municipal Corporation for Adivasi Gramin School for 62 students.



Youth Group: Youth group meetings were held in Byculla Fort, Belapur and Chembur. The topics discussed were importance of education, career guidance, saving money, exposure visits etc.

Environment

Tree plantation programme was held on 24th July at Panjrapol Community. 25 trees were



planted by Para social workers, members and TISS students

Networking Programmes

- Para social workers and staff joined the rally on 'Nafrat ke Khilaf Insaaniyat ki Awaaz' at Kotwal Garden to Chaityabhoomi to protest the series of lynching and hate crimes occurring in India with nauseating regularity. WE action networking partners and few political parties also joined the march.
- Neeta Dabre and Nisha Misal attended the


meeting with All India Federation of NGO at Maharashtra Chamber of Commerce House, Fort. Agenda of the meeting was Rajiv Gandhi National Scheme for Creche.

Adolescent group:

- **Mankhurd:** Monthly meeting was held with 12 girls. Girls prepared street play script on 'Save the girl child' which will be presented in their community.
- **Belapur:** Meeting was conducted by Sulbha Gopne with 15 girls. Discussion was on 'Career Guidance'.

Staff Training

- 'Awareness session on Health Issues' was conducted by Dr.Kishore Parikh from 'Healthy India' at Byculla. All Para social workers attended this session.
- Nisha Misal and Kiran Patil attended a workshop on 'Trust Registration Policy Under Charity Commission'.



- 1) One lady from Tulsiwadi completed Tailoring Course and now makes a profit of more than Rs 4000/- per month.
- 2) Two SHG ladies from Belapur, completed Tailoring Course and now earns a monthly income of Rs 2000/-
- 3) One lady from Belapur who completed five days Bakery Course, takes orders and makes a profit of Rs 1000/- per month.
- 4) One lady from Belapur completed Food and Nutrition Training and made a profit of Rs.950/-

Information

- Received Sewing Machine from Chembur Member, Jayanti Premkumar for Wadala community.
- Received toys from Toy Bank for four Balwadis (Mira Road, Kurla, Belapur & Fort)
- One lady from Worli after having completed Masala Making course, now takes orders and earns a profit of Rs 600/-



- Screening of candidates for English Speaking Classes was held at Belapur and classes for the same have started from 1st August.

Aasra: Dolcy D'souza and Hemlata Garud conducted the session on 'Violence Against Women' on 29th July at Ambrewadi Community, Andheri with 22 women.

GS, Shoba Philip and Staff, Neeta Dabre took awareness session on 'Prevention of Sexual Harassment at Workplace' with 50 staff at National Insurance on 9th August.



Asha Kiran Programmes and Activities

1. Day Care Senior Project-

- a) We are proud to announce that our 'Day Care Senior Programme' has been restarted from 1st August 2017 with 10 senior ladies. They meet from 10.30am to



3.30pm and participate in various activities like Exercise, Art and Craft, Drawing and Coloring. They are also part of our special events.

2. Crèche-

- a. Activities connected with the monsoon were organized during the month. month, children enjoyed



- b. A session on "Healthy Living" was organized on 24th July. It was taken by Dr. Gaitonde, she explained daily nutrition diet. A total of 86 (32 crèche parents and 46 Study centre parents and 8 beneficiaries) along with members and staff attended the session which was very interactive and informative.

3. Bridal Mehendi Course- 16 students successfully completed on 12th August.

4. Study Center

- 9th Std Urdu medium classes re-started from, 14th July 2017 with students from Farukh School, M.A Urdu High School and Municipal School, Dawood Bagh.
- This academic year 118 students have enrolled in our study center.



- Session on **Personality Development** was conducted on 13th July by Dr. Sharmila Donde was the 67 students attended the session which was very interactive.

5. Sponsorship Students

- Gausiya Qazi- Passed with 83% in T.Y.BSC.
- Harshita Mahale- passed with B grade in T.Y.BSC.

6. Special Event:-

On 14th August, Independence Day was celebrated with Crèche, Day Care Senior, Staff and Study Centre. Crèche children presented welcome song, prayer and dance on "Nanna Munna Rahi and Hum Honge Kamyab". 2 students gave speech, Day Care



seniors presented song along with social worker. Activities such as 'Gandhi Cap' and 'Flag' making with palm painting were taught for Crèche children by Area Member Ms. Lochana Kaur.

PIYA

Seminar on NGO Roles and its Contribution towards the Welfare of the Society and Orientation on YWCA of Bombay



The Seminar was held on July 19th at RBK International School, Mira Road (E). It mainly focused on (a) The roles and contributions of various Corporate Sectors and NGO's towards the welfare of the society and (b) An orientation on Y-Bombay.

The speakers were Y Bombay GS, Shoba Philip and staff, Alisha Vaz. Para social worker Deepika explained the community activities and 2 women from Mira Road community also shared their testimonies.

Monsoon Mania

The event was held on 29th July at Snehasadan, Jogeshwari (W). 20 girls and 5 volunteers from Asha Kiran and Vasai area participated in the event. It was based on 'Monsoon' (art and craft



activity), wherein children made a 3D chart depicting rainbow and a cloud wind chain.

The purpose of this session was to create a platform for the volunteers to participate in different types of activities with the residents of Snehasadan.



Asian Youth Forum

YWCA of India organized this forum at New Delhi on the 12th and 13th of August to commemorate the UN International Youth Day. It had members from all over India as well as members and staff from Taiwan, Japan, Myanmar, Philippines, Bangladesh and Nepal. Youth Member Ms Nikita Panhalkar and Staff Jodie Serpes represented 'Y' Bombay. The theme was Safe Spaces for Women and girls, in keeping with World YWCA's Vision for 2035. The objectives of the Forum were to connect with young people and share through a common forum. Basically empowering the youth to become future leaders and create a frame work for safe spaces. The forum commenced with Praise and Worship which brought out the biblical significance of



women as the one true master piece of God's Creation. They also had panel discussion led by YWCA India Youth Co-ordinator Ms. Akansha Bhatti, sessions conducted by PRIYA a non-profit organization and various informative and productive sessions. Certificates were distributed to all participants.

PASI

a) Workshop on Drug Abuse

31 Professors and Teachers from 4 colleges and 5 schools attended the workshop conducted by Director Tejashree Wadivkar and assistant director Vijay Pawar from 'SUPPORT' 'on 25th July at Y, Byculla. Theoretical inputs in terms of



reasons of Addiction, Personality traits of drug addicts, Approach and Attitude of stakeholders and society covered by speaker Tejashree was supplemented with practical experiences shared by her assistant director Mr. Pawar. Participation Certificate, Helpline and one poster to each institution were distributed.

b) Awareness on Good and Bad Touch

75 Gujarati medium students (Std V- VII) and 4 teachers of Nutan School, Malad attended this session conducted by staff Sangeeta Harjani. Difference between good, bad and unwanted touch through practical demonstration and screening of movie 'Komal' sustained their listening span.



c) Awareness on Cyber Crime

100 students, College Principal, NSS co-coordinator and 3 faculties attended the session on 'Cyber Crime' conducted by Advocate Pankaj Bafna for students of L.J.N.J Mahila



Mahavidyalaya Junior and Degree College at Ville-Parle (E), Safe use of new modes of communication (What's app, Face book, Email etc.) and preventing themselves from getting trapped was done effectively. PPT on Y activities was done by staff Sangeeta Harjani.

d) Awareness on Drug Abuse

50 Electronics & Telecommunication Engineering students of Baba Saheb Gawde Institute, principal and four faculties attended the session conducted by Senior Officer, Mr.Kulbhushan Singh from Central Bureau



Narcotic Department. Beginning with issue of global concern, he moved to its status in India and finally youth who are the major segment of drug addiction. Session concluded with inspiring shayaris and quotes by the officer's colleague Varsha Vidhya Vilas.

e) Session on Women Empowerment

130 Aaganwadi Sevikas and their Child Development Project Officer Mr. Swaraj Suryajoshi attended this session conducted by staff Sangeeta Harjani on 27th July at Asha-Kiran, Andheri. Changing concept of women empowerment in relation to women



of yesterday, women of today and moving to youth of today was explained in relation to changing culture

f) Workshop on Gender Sensitization for Police Personnel's of Zone 1 (South Region)

75 police personnel including ACPs and DCPs from other zones within zone 1 attended two sessions conducted by Advocate Aileen Marques on 'Gender Sensitization and Laws



related to Women' on 3rd August at Prerna Hall, Azad Maidan. She supported her talk with practical examples and screening of a movie.

g) Awareness on Exploitation of Human Rights

On 5th August 93 Study Center students attended this session conducted by Lawyer Kile and Mr. Sumit, staff from 'International Justice Mission' at Y, Andheri. Human trafficking and Juvenile Justice Laws applicable to children under 18 were explained. Live examples made the session very interesting.



Area Reports

Andheri: 31 members attended the area meeting held on 3rd August. Independence Day was celebrated with great fervor. Members came dressed in the attire of freedom fighters they admired and spoke about them. They sang patriotic songs and played games.

Belapur: 5 members attended the area meeting held on 8th August. Workshop on 'Best out of Waste' was conducted by Jayanti Premkumar (Chembur Area Member) for Community ladies on 14th August.

Byculla: 8 members attended the area meeting held on 1st August. Members organized a time of story-telling and games for the Balwadi Children at Byculla, followed by lunch for the children.

Chembur: 8 members attended the area meeting held on 4th August. A talk on Yoga and Positive thinking was conducted by Mrs. Rekha. Chembur members have been asked by the Father of Sevadan Special School to stop

having meeting on their premises. Members are concerned and have requested alternate place to hold their meetings.

Fort: 8 members attended the area meeting held on 2nd August. They practiced for EKTA programme.

Bandra: 9 members attended the area meeting held on 5th August. Tulsi saplings were given to members by Esme D'mello.

CONDOLENCES

- Gissy Jacob, Member of Belapur Area lost her mother Mrs. Chinnamma Joseph, 85yrs on 25th July.
- Susan Thampi, Member of Chembur Area lost her husband Aswin Thampi on 9th August.

We pray for God's Comfort and Peace on the grieving families.

DROP IT IN

If you do not receive a copy of the JOTTINGS for the month please inform our Byculla office immediately.

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Programmes and Committee Meetings for September 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Chembur Area 03.30 pm Chembur	2 Bible Study Seminar 10.30 am to 2.00 pm Byculla Bandra Area 3.00 pm Grace Villa
4 Byculla Area 10.30 am Byculla	5 Anugraha Meeting 4.00 pm Belapur	6 Fort Area 10.45 am Fort Prayer Fellowship 11.30 am, Fort ABH Meeting 11.30 am Byculla	7 Andheri Area 03.30 pm Asha Kiran DDH Meeting 1.00 pm Asha Kiran Prayer Fellowship 11.00 am, Byculla LWH Meeting 11.30 am Fort	8 PIYA Meeting 4.00pm Andheri	9 Asha Kiran 12.45pm Andheri
11 Spiritual Emphasis 11.30 am Byculla	12 Belapur Area 03.30 pm Belapur International Centre 11.00 am Fort Membership Meeting 11.15 am Fort	13 Prayer Fellowship 11.30 am, Fort	14 WDU Meeting 11.00 am Byculla General Hostels 11.00 am Buildings 02.00 pm Byculla Prayer Fellowship 11.00 am, Byculla	15 PASI Meeting 11.00 am Byculla	16 Ekta Programme 10.45 am Fort Public Relations Meeting 3.00 pm Fort
18 Jottings Meeting 11.00 am Byculla Personnel Meeting 12.00 noon Byculla	19 Finance Meeting 01.00 pm Fort	20 Prayer Fellowship 11.30 am Fort	21 Prayer Fellowship 11.00 am Byculla	22	23 Board Meeting 11.00 am Byculla
25	26	27 Prayer Fellowship 11.30 am Fort	28 Prayer Fellowship 11.00 am Byculla	29	30