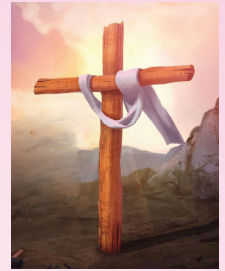




By Love Serve One Another

JOTTINGS

Faith in God the Father Almighty
and in Jesus Christ His Only Son Our Lord and Saviour
and in the Holy Spirit



Jesus Christ is Alive

Purpose

- Promotion of the full development of women and girls through its programmes
- To develop a membership that is responsive through service to the changing needs of the community in a changing world.

For Private Circulation only

No. 231 April 2018

World Membership Day

YWCA Membership Day 2018

Every year on April 24, YWCAs around the world celebrate World YWCA Day. It's a day to observe our common membership and achievements in a movement that advances the human rights and leadership of women, young women and girls. It's a time to recognize our movement's efforts in creating positive change for all women around the world.

Let's share our stories and celebrate our achievements!

Our 2018 theme: "Find Your Voice, Share Your Story"

Every person has the right to be heard and valued but sexism and patriarchy have created systems that silence women's voices. When we don't listen to the experiences and needs of women, we cannot reform systems to validate and serve them. Inspiring women have gone before us and systems are changing. We need to continue that movement, **care for each other**, and use social media and other means accessible to us to share our stories, make our voices heard, and demand a place at the table. That is why this year, we have chosen **Find Your Voice, Share**

Your Story as the theme for World YWCA Day.

Finding your voice is a powerful tool and a means of self-introspection that permits you to grow and real-

ize your space within this movement. Feminist leadership takes many different forms; whether it be speaking your lives lived to a large audience; being a listener, creating a safe space for people to tell their stories, or communicating your stories through art, dance, or poetry; there are a plethora of ways to recognize the power you hold and convey that to others. Our diversity in our leadership and womanhood allows for authentic solidarity, which is crucial to building women's leadership. Every woman has a story, and every woman is necessary in the movement.



Get involved in World YWCA Day

Spiritual Emphasis

The World Day of Prayer

On 2nd March the members of YWCA and St Thomas Cathedral Church come together and pray for Suriname. This country full of great beauty and enormous biodiversity lies in the north eastern part of South America. But of late Suriname has seen lot of pollution happening in her due to development and people's casual careless attitude towards nature. Suriname is



God's creation and all God's creation is good. It's our responsibility to keep it clean. We prayed for God's protection on the forests, rivers, fishes, minerals and all the resources that He has blessed us with, without destroying them. Through the Bible Verses (Genesis 1:



1-31), Hymns and Skit the need for us to respect and take care of nature was beautifully brought out. It's time we stop abusing nature and take conscious steps to preserve and beautify it. This will definitely benefit us and our future generations. United as His children it was a privilege to stand in the gap and uphold the nation of Suriname.

Spiritual Emphasis Retreat

It was held on Wednesday, 14th March at Y Byculla with members and staff. The guest speaker was Chinamma Mathew, a

Retired Nursing Sister. She is the National Coordinator of ENFI, NCFI SAME Region Prayer Secretary and Author of a book - 'Radiant



Women'. Through Bible references and her own experiences, very beautifully she brought about the importance of Husband -Wife relationship. She spoke about Man being the glory of God (Hebrews 1:3) and Woman being the glory of Man (1 Corinthians 11:7). Family is very close to God's heart and it is very important for Parents and Children to stand together in prayer, unity and submission to each other to fulfil God's purposes in and through them. Over all a time well spend in the presence of the Lord with God's people.

Visit

The Spiritual Emphasis team visited senior members Lila Karuna and Nita Daniel at Lila Karuna's home, Borivali. It was joyous times spent with worship songs and learning from the Word of God. Lila and Nita's birthdays were celebrated and Lila showered the team with her



hospitality through yummy snacks, games and gifts. It was a blessed time for everyone.

Hearting news of India's Children

(Jennie Talwalker)

On World Health Day (7th April) in India we are proud to be keeping-up with surgical advances world-wide. In fact there is now a scheme called 'medical tourism' in which foreign patients choose to come to India for treatment.

The area I know a little of is specialist pediatric surgery which treats heart problems of new born babies to teenagers. Long gone are the days when the commonest operation for children was tonsillectomy. On my ward I remember spooning ice cream down the subsequent raw throats of young patients.

Special departments for Pediatric surgery began in Mumbai in the 60's and have born from strength to strength. Perhaps the most exiting progress has been in heart surgeries. Long training is required for this delicate work

and specialized teams now successfully treat even the smallest, sometimes, pre-term infants. Maybe, little me, you read with pride how a city team recently operated on a baby weighing not much more than a kilo!

All of us have heard of 'blue-babies' as they have been called with 'hole-in-the-heart' for whom now here is hope. Our state has searched-out 8,000 youngsters who need urgent operations. They are coming in batches to selected cardiac units here in Mumbai. The best news is that village families will be fully aided!

Now isn't that something to celebrate as these kids get a chance of a healthy future? We give thanks to the Great Healer, the Lord Almighty for the skills He gives to the medical fraternity.

 <i>March Birthdays</i> 					
1st April	Monica Colasco	Fort	22nd April	Lathika Pillai	Andheri
2nd April	Geeta Koshy	Andheri	24th April	Merlyn Montero	Fort
3rd April	Laila Furtado	Fort	25th April	Gemma D'cruz	
4th April	Nita Shah	Andheri		Martin	Fort
6th April	Vanita Arun		26th April	Rajathi Moses	Fort
	Narvekar	Byculla	28th April	Rita D'mello	Fort
7th April	Mary George	Chembur	30th April	Sheryl Fonseca	Bandra
10th April	Indira Pimento	Fort	30th April	Elizabeth Fonseca	Bandra
10th April	Dr. Pramila Kenkre	Andheri	<p>We hope you have a wonderful day and That the year ahead is filled with much love, Many wonderful surprises and Gives you lasting memories Happy Birthday WE Love You !!!</p>  		
11th April	Roma Panhalkar	Andheri			
11th April	Fatima Jupiter	Andheri			
11th April	Susan Jacob	Thane			
13th April	Sharon Pires	Fort			
15th April	Indira Menon	Chembur			
19th April	Dr. Anuradha Patil	Fort			
22nd April	Dr. Usha Ubale	Andheri			

Sweet Notings

(Sharon Pires)

*Strength grows when we dare,
unity grows when we pair*

*Love grows when we share and
Relationships grow when we care.*

Live in peace not in pieces

Easter is the season that proclaims the resurrection of our Lord and Saviour and heralds everlasting life. Jesus was our strength during the season of Lent and is always there with us in difficult times. When we stand together firm and steadfast, unity grows. Love is the eternal bond that transcends time and seasons. Our relationships can become strong and pure when we reach out and care for each other. At times we feel our life is falling to pieces, we need to reach out to our Lord Jesus and

draw inspiration from His life and surrender our life to him to experience perfect Peace. Talking about our problems is the greatest addiction. Break the habit. Talk about your joys.

Everyone wants to be around a happy smiling individual. If you spread joy people will stick to you like bees to honey. Only if you are filled with joy can you spread it. You can only give something that you have. If you keep talking about your problems people will find you boring and a drag. Often they will listen to you, sympathize with you and then poke fun at you behind your back. Why give them this opportunity? Besides talking about negative things only enhances that negative feeling. So be positive and spread positivity.

In Memoriam

- Meena Sathe, (ex-staff) Hostel Secretary, DDH, Andheri lost her husband NarendraManohar Sathe on 21st February 2018.
- Elizabeth Peters Member, Fort Area lost her mother Mary Jane on 4th March 2018.
- Leela Isaac, Member, Andheri Area passed away on 24th March 2018.
- Grace Alexander, Member, Andheri Area passed away on 25th March 2018.

We pray for God's Comfort and peace on the grieving families.



Announcements

Members are requested to submit their articles for Jottings before / on 15th of every month. This should be sent to Staff,
Mildin - ywcajottings@gmail.com
or
a hard copy at Byculla, YWCA.

World Membership Day

Date : Tuesday, 24th April 2018
Timing : 10.45am-2pm
Venue : YWCA, Byculla
Theme : 'Find your Voice...
Share your Story...'

All members are welcome

Bakery Exhibition

Date : Tuesday, 24th April 2018
Timing : 10.45am-2pm
Venue : YWCA, Byculla

All are welcome with Family and Friends



Hurry up... Limited seats! for Bakery Sessions

- One day session for children (below 20years) on Tuesday, 17th April from 11.00 am to 3.00 pm at YWCA, Byculla. Registration fees Rs 250/-

Menu List

- Choco Chips Cookies
- Chocolate Doughnuts
- Chocolate muffins

All are welcome.

- Two days session for Members and Friends on Tuesday, 3rd and Wednesday 4th April from 11.00 am to 3.00 pm at YWCA, Byculla. Registration fees Rs 600/-

Menu List

- Assorted Bread
- Banana Walnut Cake
- Pineapple Cake
- Ginger Biscuit and Cornflakes cookies
- Oreo Stuffed Doughnuts

All are welcome.

RENEWAL TIME

Members are requested to renew their membership between Monday, 2nd April 2018 and Monday, 30th April 2018 at their respective area meetings or with the Hostel Secretaries at Andheri, Belapur, Byculla and Fort.

Kindly carry your membership card along with you at the time of renewal.

The Members who will be out of station from Monday, 2nd April 2018 and Monday, 30th April 2018 may address a letter to the Chairperson Membership authorizing a person to sign and pay on their behalf with their membership card.

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Membership

EKTA Celebration cum International Women's Day on 8th March, Fort.

"United We Stand to be the Voice of The Voiceless"-that was what the celebration was all about. Y members from different areas of Andheri, Bandra, Belapur, Byculla, Chembur and Fort came together to create a beautiful harmony with their melodious songs and



dances bringing in a spirit of love, joy and unity.

An interesting and informative report on the YWCA Convention at Goa was presented by members Lalitha Fernandes, Rekha Joshi, (GS) Shoba Philip and staff Jodie Serpes. The celebration ended with a game and delicious lunch.



Women's Development Unit

- All Balwadi teachers visited the exhibition organized by Mumbai Mobile Crèche on 13th February at Dadar.



- Session on **Good Parenting** was conducted by Navjit and Manika (TISS Student Social Workers) with Balwadi parents on 13th February at Chembur.



Bal Mela

- 16 Study class children of Byculla along with their teacher Vidya Sawant and Kiran Patil (PSW) participated in Bal Mela which was organized by BMN College, Matunga on 8th February. The children participated in the games, craft and puppet show etc.

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Ph. : 22020122/ 22823411
Telefax:022-22822057

Justice Beyond Borders

Belapur - Meeting was organised by Alcoholic Anonymous at Belapur with 28 participants on 6th February. Nilesh Gaikwad gave information about their fellowship group and their activities.

Mira Road

- Neeta Dabre conducted an awareness session on 'Child Sexual Abuse and POCSO Act' with 58 students from Mira Adivasi Gramin School on 22nd February.
- Session on 'Values of Education' was conducted by Deepika Tambe with 26 adolescent on 15th February at Mira Gavthan Community.

Byculla

- On 16th February a session on Patient's Right was conducted by Rangoonwala Foundation India Trust for 43 beneficiaries of Byculla wherein all the Para Social Workers also attended this programme.

Special Event:

- Our Fort Senior citizens group along with all community staff attended 11th UMAN Senior Citizens Talent Show presented by Silver Innings with senior Citizens on 17th February at Birla MatoshriSabhagriha, New Marine lines. Our Senior citizens group performed a group dance on the song 'Mere Piya Gaye Rangoon'. They all



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enjoyed this programme. All participants received a certificates and a trophy.

- Exposure Visit: - 100 youth from different communities visited Kisan GopalRajpuriyaVanprastha Ashram, Gorai on 23rd February. It is an old age home situated in 14 acres in KeshavSrushti. A lovely place to stay with natural surroundings. Our youth enjoyed the time spent with the elderly and wanted to understand the myths and facts about



an old age home. A brief introduction of Vanprastha Ashram was given by Mr Jay Supriya. They learned that being old is not easy for anyone. These people were suffering from relationship pain & loneliness which was easily seen in their moist eyes. They also shared about the facilities provided by the Ashram. Youth conducted games for them and also helped to served them food. The objective of this visit was to sensitize students to the predicaments and problems of aged people.

Capacity Building

- Pradhan Mantri LPG Panchayat Programme was conducted by HP Gas on 15th February at Byculla. Total 125 students and staff attended this programme. It was a nationwide campaign for safe and efficient



use of LPG and various benefits on environment, health and how it empowers women. Prof. Dr. Anuradha Poddar, SNTD College, Dr. Sarita Patil, Assit. Dean Nair Hospital, Corporator Surekha Lokhande, Mr. Sunil Zode President Lions Club & GS Shoba Philip were the chief guests of this programme. Demonstration of how to use Gas was given by Mr. Prabhat Kumar; he also took an interactive quiz session with our students and they received gifts.

- Awareness session on 'Drug Addiction' was organized by NN students in collaboration with BMC Drug De-addiction Centre (Andheri) on 3rd February at Byculla for all VTC students and Community Social Workers. Maya Purohit (CDO) the resource person shared patient's struggles with alcohol and addiction and their journey to recovery. According to her addiction is a disease and those who suffer from it are not hopeless but helpless. She also shared about the facility provided by Drug De-addiction Centre.

Health

- **Byculla:** 225 service users participated in a General Health Check-up Camp conducted by L&T on 3rd February.



Staff Capacity Building

1. Nisha Misal attended a Press Conference organized by Population First on 8th February at World Trade Centre to announce the auction of Akshay Kumar's Padman Bicycle for Laadli. Panel discussion was on "Say No to Stigma and Taboos: related to menstrual cycle" with panelist, Director of PADMAN Mr. R. Balki and adolescent girls from Shahapur.
2. Neeta Dabre, Nisha Misal and Mariam (NN student) attended a Workshop on Communication on Safe Abortion on February 16th at West End Hotel at New Marine Lines. This workshop was focused on 'Advocacy Message Development and Social Media Usage'. Dr A. L. Sharada (Director of Population First) was the resource person who talked about effective communication and standardization of message on Sex Selection and Safe Abortion. Ms. Anupam Shukla (Research Manager) discussed on steps of social media strategies. Ms. Bharati Ramchandran spoke on Social Media Tools and Channels and their use in campaigning. It was a very informative and knowledgeable workshop. They learned many new ideas on how to present our organizational programme through the social media.

3. Akshaya More and Prajka Dudhe attended a Training on 'Train to Trainer for Trade Instructors on Assessment Tools' which was conducted by SKIP Western Region on 19th and 20th February at Don Bosco Institute, at Vidyavihar.
4. Nisha Misal, Dolcy D'souza and Sulbha Gopane attended two days workshop on 'Violence Against Women and Children' organized by Hindustani Prachar Sabhba, Mumbai on 17th and 18th February at Indian Merchant Chambers Bhavan at Churchgate.
5. Two days Training on 'Field Based Documentation' and 'Addressing Field Generated Stress' was organized by Student Social Workers of Tata Institute on 19th and 20th February at TISS, Deonar. Training was attended by all the Para social workers, Aasra staff, Balwadi teachers and helpers.
6. Two days Training on Human Rights and Social Work Practice was organized by Student social workers of NN on 2nd and 3rd February at Byculla.
6. Received two dustbins from Surekha Lokhande (Corporator Nagpada) for Byculla
7. Received two cylinders from HP for Byculla Centre.

Education

- 5 members from Mankhurd Community referred to Kotak Education Foundation for Training at Govandi Centre.
- English Speaking Course by Teach India started from 5th February at Byculla with 20 students.
- Free English Speaking Course started by volunteers of Pentecost Church at Thane Community with 22 students from 19th January (twice in a week)

Aasra

Programme with Saheli group:

- One day training was conducted with Saheli Group on 24th February at Byculla. MsSheetalPawaskar and her team from **1098 Child line** shared details about the helpline and also awareness on good touch bad touch. Second session was conducted by Neeta Dabre Assit Co-ordinator on Human Trafficking and POCSO Act.

Hospital Aide

1. Hospital Aide students along with teachers went for educational visit at Primary Health Center at Virar and thereafter for a camp to 'Alexson Resort' on 12th and 13th February. Students learnt the reasons for the need of Primary Health Centers
2. SHG (Self Help Group) meeting was held on Tuesday, 20th February. A session on "Importance of Education" was taken by Asst. Coordinator, Shraddha More. Nine ladies from

Information

1. Fort SHG women put food stalls for Y APM.
2. 14 girls completed Beautician Course in February at Byculla.
3. 30 women from Belapur community received free tool kit for tailoring class from NMMC.
4. Received free servicing for 10 Sewing machines by NMMC at Belapur.
5. 9 girls completed Tailoring Course in February from Kurla community on 7th and 8th February.

the group came and requested for learning English and for further education.

Asha Kiran Programme and Activities

A. Senior Citizen

1. On Tuesday, 13th February 10 seniors enjoyed 3D movie 'Padmavat' along with staff at a Theater
2. Valentine Day celebrated on Wednesday, 14th February with cake and snacks.



3. "Sunahare Pal" Musical Orchestra was enjoyed by our seniors on Thursday, 15th February at Mahalaxmi LalaLajpatrai Auditorium organized by Rotary and Lions Club.
4. On Saturday, 17th February seniors performed Prayer Dance in "Umang Talent Show" organized by Silver Innings. They won a trophy and certificates. It was a great exposure for them. Total 9 seniors participated, Para Social worker, Swati Sawant and Asst. Coordinator, Shraddha More accompanied them. The same dance was performed by them at Annual Public Meeting and the Annual Day.



5. Seniors also prepared a dance for Women's Day Celebration on Wednesday, 7th March.

B. Special Event-

1. Tailoring and Parlour students along with 97 alumni met together on 6th February. Ms. Smita Modi, Finance Head from Celeste Pvt. Ltd and Ms. Asmita Salgaonkar, Asst. Director from Jana Shikshan Sansthan were resource persons.
2. Annual Day was celebrated on 24th February. The Theme was "Tri Colour. The message of the colors was given through the various performances.



Women's Day was celebrated on 7th March. A Talk on 'Kashmiri Women Resistance Day' was given by Lara Jesani, Sandhya Gokhle and Sujata Godoskar. All of them are the Members of 'Forum Against Oppression of Women'.



Public Relations

Visit Report – On the occasion of International Women’s Day visited 50 women from Geeta Nagar Community, Colaba and made them feel special by distributing roses, gifts and chocolates. Y calendar, brochure and pamphlets were also distributed and they were informed about the work of YWCA. They wished to start our centre in their community.

Area Reports

Andheri: 22 members with 2 guests attended the meeting held on 1st March. Members performed a skit on peace based on the tri colour of our



Word. They also contributed towards purchase of provisions.

Byculla: 6 members attended the meeting held on 6th March. Members visited Shepherd Widows Home and gave snacks and utility items to the residents. They also sang songs and played games with them.

Chembur: 13 members attended the meeting held on 7nd February. Members visited Seva Dhan Ashreya (ladies and children) and they contributed towards provisions.



flag. They spoke on unsung women heroes of each State.

Bandra: 12 members attended the meeting held on 3rd February. On 18th February members organized a Dental Camp with the help of Dr. Malini Thomas. 80 participated and free toothbrushes were distributed along with snacks



Fort: 12 members attended the meeting held on 7th March. Members visited St. George Hospital – Children’s ward on 14th February. They gave gifts and sang song with the children. On the occasion of International Woman’s Day Jaya Abraham gave an inspirational talk.



Programmes and Committee Meetings for April 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Byculla Area 11.00 am Byculla Belapur Area 04.00 pm Belapur	4 Fort Area 10.45 am Fort Prayer Fellowship 11.30 am, Fort Anugraha Meeting 4.00 pm Belapur	5 Andheri Area 03.30 pm Asha Kiran Prayer Fellowship 4.00 pm, Belapur	6 Chembur Area 03.30 pm Chembur	7 DDH Meeting 9.00 am Asha Kiran Asha Kiran 11.00 am Andheri Bandra Area 3.30 pm Grace Villa PIYA Meeting 4.00 pm Andheri
9 LWH Meeting 11.30 am Fort	10 International Centre 11.00 am Fort	11 Prayer Fellowship 11.30 am, Fort	12 Prayer Fellowship 11.00 am, Byculla WDU Meeting 11.00 am Byculla Prayer Fellowship 4.00 pm, Belapur	13 Membership Meeting 11.15 am Fort PASI Meeting 11.00 am Byculla	14 Public Relations Meeting 3.00 pm Fort
16 Jottings Meeting 11.00 am Byculla ABH Meeting 11.30 am Byculla	17	18 Prayer Fellowship 11.30 am, Fort	19 Prayer Fellowship 11.00 am, Byculla General Hostels 11.00 am Buildings 02.00 pm I C Prayer Fellowship 4.00 pm, Belapur	20 Spiritual Emphasis 11.30 am Fort	21
23 Personnel Meeting 12.00 noon Byculla	24 World Membership Day & Bakery Exhibition 10.45 am Byculla	25 Prayer Fellowship 11.30 am, Fort Finance Meeting 01.00 pm Fort	26 Prayer Fellowship 11.00 am, Byculla Prayer Fellowship 4.00 pm, Belapur	27	28 Board Meeting 11.00 am Fort
30					

DROP IT IN

If you do not receive a copy of the JOTTINGS for the month please inform our Byculla office immediately.

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