

# 143rd Annual Report 2017-18

## *Creating Safe Spaces*

Everytime ..... Everywhere



YWCA of Bombay



## Board of Management



### **President**

Priyadarsini John

### **Vice President**

Lalitha Fernandes

Lavina Shirsat

### **Treasurer**

Rekha Joshi

### **Recording Secretary**

Sharon Pires

### **Board Members**

Elsa D'Cruz

Dr. Lata Clements

Elizabeth Mascarenhas

Yasmin Kuruvilla

Juliet Solomon

Pavana Anchees

Dr. Sonal Ohol

### **Board Members (Co-opted)**

Latika Pillai

Nikita Panhalkar

Lalitha Dhara

### **General Secretary**

Shoba Philip



## **YWCA of Bombay**

### **Our Motto**

By Love Serve One Another

### **Our Basis**

Faith in God the Father Almighty  
And in Jesus Christ His Only Son  
Our Lord and Saviour and in the Holy Spirit

### **Vision**

To empower women at all levels  
To strive for justice

### **Mission**

To reach out to victims of  
Economic and Social injustice  
and to those manipulated by  
Socio-Religious and Political powers

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## President's Message....

*The Lord is my strength and my shield; My heart trusts in Him, and I am helped; Therefore, my heart exults, and with my song I shall thank Him. Psalm 28:7*



As I reflect on the year gone by, I am awed by our God who has been the source of strength all through the year, in every deliberation, discussion and decision. But for His inspiration, guidance and enablement we would have made little progress through the year to touch the lives of many women and children.

The fellow Board members of the YWCA of Bombay have consistently stood by me through thick and thin and in every decision of the Y. I am thankful to each one for their professionalism, commitment and service orientation that surfaced through the diverse aspects of our engagement and interactions. I am truly honoured to serve alongside such a dedicated team in the Board.

The staff of the YWCA headed by Mrs. Shoba Philip worked hand in hand with the Board to implement the vision and mission of the YWCA. I am truly pleased at the level of ingenuity, creativity and talent of our staff. Our people at all levels are hardworking, passionate and enthusiastic fulfilling their roles to make every program a success.

We were privileged to co-host the National convention of the YWCA in Goa, where nine of our members including staff and youth

participated. I am honoured to be elected to serve in the Board of the National Y. At the local level, there has been a resurgence of engagement in the diverse activities of the Y with increased memberships and initiatives for youth and Y Deepa.

Given the magnitude of the socio-psychological impact of violence against women and in keeping with the focus of the Y this year, we had thematic programs on 'Violence against Women' where a series of targeted awareness and enablement sessions were delivered in various areas, with the signature program held at Fort YWCA on the theme: Women against Violence (Voice of the Voiceless) wherein the noted Advocate Abha Singh presented the keynote address.

Our focus at the grass root level has stayed consistent through this year with the WDU targeting their activities at 9 communities i.e Belapur, Mankhurd, Chembur, Wadala, Kurla, Thane, Byculla, Mira Road and Fort. This year, we have embarked on a new community initiative at Kalachawki. Praise God for tireless efforts of our para-social workers and the staff of WDU to empower women and enable them to stand independently. A women's networking program to collaborate with other NGOs working among women has been initiated.



Congruent to our efforts on women empowerment, thirty women from our communities participated in an Entrepreneurship Development Programme organized by the Ministry of Micro, Small and Medium Enterprises at Sakinaka and were awarded certificates. Ninety women attended a five days certification training on home scale preservation of fruits and vegetables and nutrition education conducted by the Ministry of Food and Nutrition Department. Eighty-seven students have completed the Nursing Care Course while forty-eight have undergone the bakery and confectionary course this year.

In line with the global move towards a sustainable environment energy saving measures i.e solar panels were installed in all our buildings. Initiation of digitalization of

records is another milestone achieved this year. To provide a comfortable and safe living environment for senior citizens, a home for the aged has been initiated in CBD Belapur, Navi Mumbai. The Bombay Municipal Corporation approved our proposal to run shelter homes and have allotted spaces to run these in four areas across the city.

I would like to place on record the excellent work accomplished by the various committees through the year; while much has been achieved in multiple spheres, there are miles to go and I am confident that we shall continue to be a beacon and usher the Light of Christ into the lives of the women, children and communities we touch.

**Priyadarsini John**

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### National Convention



## General Secretary's Report

*"The Lord is God, and He has made  
His light shine upon us" Psalm 118: 27*



As we look back at the way God has led us this last year, we acknowledge that He has made the light shine upon us and has led the movement as He has done over the past many years.

The YWCA of Bombay operates a wide range of programmes and activities. It also advocates to ensure policies that protect and promote the rights of women and children. These actions seek to create long-lasting change and improve the quality of life of people especially women and girls. Advocacy, leadership, educational and awareness programmes conducted in communities and institutions strengthens the community enabling individuals to have opportunities for growth to become socially responsible citizens.

Nikita Panhalkar and Jodie Serpes participated in Asian Youth Forum 2017 at Delhi on 12<sup>th</sup> and 13<sup>th</sup> August 2017.

Rekha Joshi, Dr Lata Clements, Sharon Solomon, Nikita Panhalkar, Jodie Serpes and myself participated in the Pre-convention meeting at Delhi on 6<sup>th</sup> & 7<sup>th</sup> October 2017. Dr Shakuntala David, National President - YWCA introduced the theme 'Women Against Violence' and the need to have Awareness, Implementation and Rehabilitation Projects.

The National Convention held every

quadrennium was held at Goa from 11<sup>th</sup> to 13<sup>th</sup> February 2018. YWCA of Bombay was represented by Priyadarsini John, Elsa D'Cruz, Anugraha Thorat, Lalitha Fernandes, Lalitha Dhara, Rekha Joshi, Shoba Philip, Nikita Panhalkar and Jodie Serpes.

The theme 'Women Against Violence' was chosen with the intent to proactively bring women to the forefront to address the root cause of violence which prevents them from living a life of dignity with freedom from fear and oppression. The message was clear 'Be strong and uncompromising to take up the stand for women who are victims of violence and shout to the world that you are a Woman Against Violence. We congratulate Priyadarsini John for being elected to the National Board for the next quadrennium.

Annual Public Meeting was held on 17<sup>th</sup> February 2018. The theme was 'Women against Violence (Voice of the Voiceless)'. Advocate Abha Singh, a very good orator explained the different types of crimes against women like Rape, Dowry death, Acid attack, Kidnapping and abduction, Human trafficking, Abetment to suicide and the steps that can be taken for prevention and support systems to be developed.

Our networking partners like YMCA, Women's Networking, Learning Communities, WE Action, ICWM (Indian

Christian Women's Movement), CHRI (Commonwealth Human Rights Initiative), Police Reforms have enabled us to address issues collectively. We provide student field work placement to students from Nirmala Niketan College of Social Work and Tata Institute of Social Sciences and collaborate with the colleges for programmes. The BMC has allotted premises to us in order to run Shelter Homes and we plan to start the work in the coming months. HOD meetings were held every month for growth and discussing implementation of Board decisions. Staff of different departments got an opportunity to participate in workshops and seminars on Social Issues. Dr. Usha Ubale conducted a session on Health and Hygiene for 65 staff from Byculla, Fort and Belapur on 25<sup>th</sup> October 2017.

Our residential programmes (hostels, guest rooms, emergency shelter, accommodation for senior citizens) and outreach programmes (community work, balwadis/ crèches, study centres, vocational training

courses, group work with different age groups) are continuing to be a blessing to many. Informational and Educative programmes on current social needs are conducted at various schools, colleges and institutions.

“We are only the agents who are there to bring about a consciousness that life can be much better if there is an equal, democratic society with no violence, disparities or discrimination,”

We are thankful to the President, Board members, staff, volunteers and all who shared their time, talents, ideas for the growth of the organization. As we strive to make an impact and add value to the communities we serve, it is our earnest endeavor to enrich their lives and give them new hope for a better future.

May God bless us.  
**Shoba Philip**  
General Secretary

### **Christmas Celebration - Staff**





## Creating Safe spaces

SAFE SPACES – A Basic Human Right  
(*Rekha Joshi*)



The concept of a SAFE SPACE exists both in the Physical sense and within the Mind. PHYSICAL SAFE SPACES relate to specific sites/places, while MENTAL SPACES refer to FREEDOM from FEAR and a feeling of EMPOWERMENT to achieving one's capabilities.

For women and children(especially girls), these safe spaces in India, cannot be limited to exclusively designated spaces that they can access, but they must exist at multiple, immediate sites, within the home, schools/ colleges and workplaces and also in the society/ community they live in.

A true safe space is one where there is absence of all forms of discrimination in terms of sex, community, attitudes and practices that suppress/ restrict women and girls and all forms of violence . It also includes the presence and acceptance of large numbers of women and girls from different social groups and of different age groups at all times.

Violence against women and girls is a problem of pandemic proportions. At least one out of three women and girls have been subjected to violence in their lives.

The United Nations defines violence against women as "any act of gender-based violence that results in, or is likely to result in, physical, sexual or mental harm or suffering

to women, including threats of such acts, coercion or arbitrary deprivation of liberty, whether occurring in public or in private life”.

What is the inter- relationship between Masculinity and Violence and the barriers that prevent men from involvement in the reduction of Gender-based Violence-GBV?

This GBV is due to deeply entrenched patriarchal attitudes and various other oppressive social and cultural behaviours and has significant social and economic costs-poverty, lack of education, limited access to healthcare and legal systems, lack of empowerment among other factors further aggravate the vulnerability of women and girls to violence.

The root causes of GBV can almost exclusively be narrowed down to two things- the fundamental condition of Gender inequality for women and girls, and the violent, harmful and controlling aspects of masculinities which are the result of patriarchal powerful imbalances.

So what can be done to prevent GBV? Some of the given suggestions are:

- **Start young before gender norms are set, become established and rigid.** It is imperative to sensitive parents to intervene in their children's lives to

promote gender equitable attitudes and behaviour.

- **Identity and support men in to be advocates of Gender Equality:** Gender equitable men in the community, workplaces, schools and institutions should become role models and champions of change.
- **Approaches must be multi-sectoral and at multi-levels:** Approaches for engaging men and boys should be co-ordinated across different institutions, ministries and government departments, i.e. education, police, judiciary healthcare, women and children development. They should be done at multiple levels, reaching different constituencies, such as girls, boys, women, men, parents and other caregivers like teachers, community leaders, elected representatives, service providers, etc.
- **Monitoring and evaluation of existing programmes is important:** Applying data and programme evidence to frame national policies and programmes is imperative because it supports realistic assessments of the challenges and harmful norms that must be addressed,

while also ensuring that programmes intended to effect change are evidence-based.

- **Prepare adolescent boys to tackle peer pressure:** Organisations working with adolescents should take extra care to help adolescents withstand peer pressure and break gender stereotypes rather than perpetuate them. Support systems should be created within the community so that young boys do not feel isolated.
- **Support male peer groups:** Creating networks of both support and accountability for men to help them to deal with peer pressure is essential.
- **Finally there is need to shift 'Engaging Men and Boys to address GBV' to 'Engaging individuals and institutions to address violence' is necessary.**

In conclusion it can be said that although GBV is common in the Indian context, positive corrective actions from all sides will help to reduce it.

The theme of the National YWCA of India for the Quadrennium, 2018-2022 is 'Women against Violence' and it is hoped that we at the local levels can do much in this direction.

**Session - Prevention of Sexual Harassment at Workplace**



**Asian Youth Forum**



## Treasurer's Report

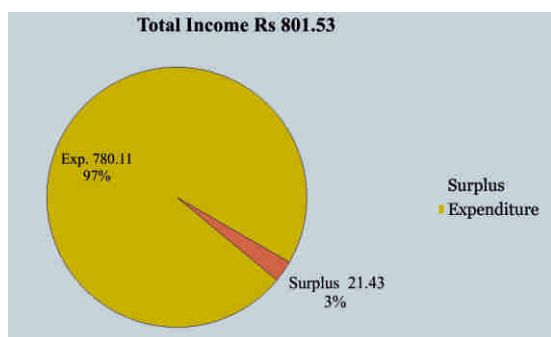
I have pleasure in presenting to you, Financial Statements for the year ended 31<sup>st</sup> March 2018 and the Auditor's report to the 143rd AGM of YWCA of Bombay, in keeping with good governance practices and statutory compliances.

The Audited Statement of Accounts, have been circulated to members earlier and will be tabled for adoption.

**The Income & Expenditure Statement** for the year shows a surplus of Rs. 21,42,823/- compared to the previous year's surplus of Rs. 56,35,921/-.

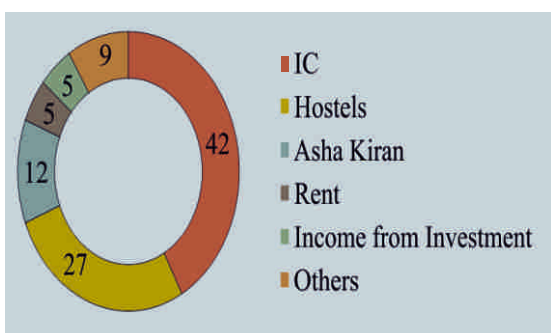
There is a decline in surplus compared to 2016-2017. **(due to major expenses on Solar installations at all four centers of YWCA of Bombay)**

**Total Income of the Association (Rs. in Lacs)**



**Sources of Income:** IC (42%), Hostels (27%), Asha Kiran (12%), Rent from UCO Bank (5%), Income from Investments (5%), and Others (9%). The relevant figures are as follows.

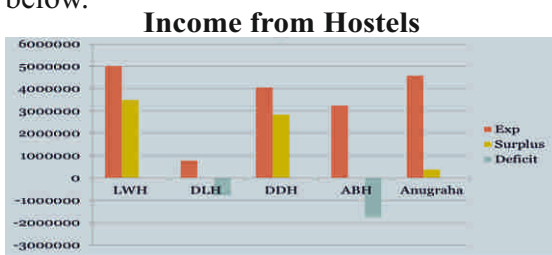
**Overall Position of Income (%)**



### Financial Status of Hostels

- **LWH at Fort** has a surplus of Rs. 34,96,813/- with major expenses for solar panel Rs 16,50,000/- as compared to last year's surplus being Rs. 24,86,309/- and shoulders major responsibility with IC in income generation.
- **DDH at Andheri** has yielded a surplus of Rs.28,38,588/- compare to the last year's Surplus being Rs.37,13,699/- decline in surplus due to installation of Solar panel costing Rs 13,05,940/-. The occupancy has increased considerably compared to last year and shoulders major responsibility with IC in income generation.
- **Anugraha Hostel at Belapur** has surplus of Rs 3,75,111/- compared to last year's surplus being Rs 13,56,679/- decline in surplus due to installation of Solar panel costing Rs 13,62,850/-.
- **ABH at Byculla**, being a subsidized residence, compared to other three Hostels, it is noteworthy that the extra expenses incurred on installation of Solar panel costing Rs 12,09,940/- yet the deficit Rs 17,60,479/- is less compared to deficit of 2016-2017 i.e. Rs 20,00,170/-.
- **DLH at Colaba**, has no income; Expenses incurred are mainly due to provision of security services and maintenance. WDU conducts a Crèche and Balwadi.

An overview of the financial status of our four hostels is contained in the bar graph below.

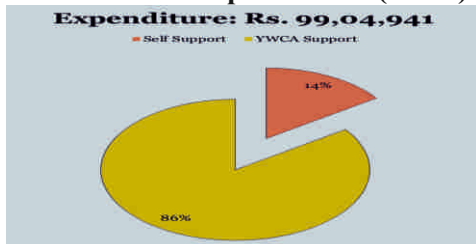


**Asha Kiran**, has contributed Rs. 1,00,16,840/- to the income of the Association during the FY 2017-18 compared to Rs 97,20,216/- in FY 2016-17. This is noteworthy, since Asha Kiran is involved in non-residential community outreach programmes such as the Crèche for children of marginalized working mothers, incurring annual expenses of Rs 76,07,591/-, Day Care Centre for Senior Citizens from the community Rs 49,008/-, Urdu and Marathi study centres, English-speaking courses and Beautician classes etc.

**Women's Development Unit** has been the key beneficiary of Bombay Y's funds to achieve the objectives of the Trust through multiple programmes for community development targeting women and children. A total of Rs. 99,04,941/- was spent during the year as against Rs. 88,52,349/- there was an increase of expenditure to the tune of 12%. It is commendable that the department has been resourceful in soliciting funds for some of their projects this year, by availing sponsorships.

**Women's Development Unit (WDU)**

**Expenditure: Rs. 99,04,941**



**Tax on Income:** Currently no income tax is payable by the Association as per the Bombay Trust Act 1950. The Association will need to take cognizance of this & make suitable provisions of potential tax levies for the future.

**Due to surplus of Rs. 21,42,823/- a sum of Rs. 10 lakhs has been transferred back to Sinking Fund Reserve.**

A summary of Income and Expenditure, Investments and Bank Balances as on 31<sup>st</sup> March 2018 is given below.

**Income and Expenditure**

	31-03-2017	31-03-2016	Increase	%
Total Income	8,01,53,927	7,56,25,166	45,28,761	6
Total Exp.	7,80,11,104	6,98,28,506	81,82,598	12
Surplus/Deficit	21,42,823	56,35,921		

**Investments and Bank Balances**

	31-03-2018	31-03-2017
GOI 8% Bonds, Units of UTI	45,43,750	61,43,750
Fixed/Flexi Deposit	5,41,41,540	5,04,64,440
Savings Bank Balances	67,96,673	79,24,035
Current Account Balances	7,20,586	3,73,906
Cash and Stamps	107,700	99,640

I wish to thank our Auditors - M/s M M Nissim & Co. Chartered Accountants, for completing the audit on time. I also thank Mr. S P Nayak for carrying out the internal audit, Service Tax/GST Consultant Ms Kirti Pandya, VAT consultant Mr Gaurang Mishra, VAT Auditor M/s Alagappan & Co.

My thanks to Pavana Anchees, Chairperson-Finance and GS-Shoba Philip for sharing the

responsibilities of the department of Finance and Accounts.

I would like to express my heartfelt appreciation to the staff of Accounts Department for their hard-work, co-operation and dedicated service. I appreciate

the teamwork, cooperation, support and suggestions extended by the President, Board of Management and Chairpersons of all committees of the Board.

**Rekha Joshi**

Hon. Treasurer

## **Report of the Board of Management 2017 – 2018**

The Board of Management of the YWCA of Bombay is pleased to present before you the 143<sup>rd</sup> Annual Report and the Audited Statement of Accounts along with the Statutory Audit Report for the year ended 31<sup>st</sup> March 2018. Regular meetings of the Board of Management were held throughout the year.

As per the constitutional provision, three members were co-opted to the Board: Latika Pillai, Nikita Panhalkar and Lalitha Dhara.

Following Chairpersons were appointed

### **Administrative Committees Chairpersons**

Finance	Pavana Anchees
Personnel	Yasmin Kuruvilla
Buildings	Lalitha Fernandes

### **Programme Committees Chairpersons**

Membership	Juliet Solomon
Spiritual Emphasis	Elizabeth Mascarenhas
Public Affairs and Social Issues	Rekha Joshi
Participation and Involvement of Youth in Action	Latika Pillai
Public Relations	Sharon Pires
Women's Development Unit	Dr. Sonal Ohol
Asha Kiran	Dr. Lata Clements

### **Committees for Services Chairpersons**

International Centre	Elsa D'Cruz
General Hostels	Lavina Shirsat

### **Other Committees Chairperson**

Nominating Committee	Dr. Usha Ubale
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### **Annual General Meeting**





## Report of Administrative Committees

### Finance

The Finance Committee comprises of Finance Chairperson, Treasurer and Chairpersons of all committees. All members actively participate in the finance requirements of individual committees and departments and finance matters of the Association as a whole.

- ✓ During the monthly meetings the statement of accounts of all departments were scrutinized and approved.
- ✓ S P Nayak & Co. conducted regular audits of departments and submitted monthly reports. They were thoroughly scrutinized at periodic audit meetings before reporting to the Board.
- ✓ At a special Budget meeting, departmental annual budgets were studied and scrutinized in February 2018 and presented to the Board for adoption.
- ✓ Assets of the Association has been adequately insured.
- ✓ Half yearly Statement of Accounts has been reviewed by the External Auditor M/s M. M. Nissim & Co.
- ✓ The committee has duly monitored Trust Funds and Investments.
- ✓ Statement of Accounts, Balance Sheet, Receipt and Payments for the year ended 31<sup>st</sup> March 2018 were studied, scrutinized and presented to the Board.

### Personnel

The Personnel Committee continues to give high priority to the welfare and growth of the staff. Members met regularly to assess various requirements of the staff and evaluate their performance. We were able to take progressive steps and move forward, keeping in mind the challenges.

**Staff strength** of the Association in all categories is 148, including staff on full-time and part-time, as also Permanent and Contract basis, categorized into departments and programmes as follows:-

Departments	Nos.
Administration	10
Finance/Accounts	08
International Centre	45
Membership Programmes	01
PASI	01
PIYA	01
PR/Jotting	01
Women's Development Unit	36
Asha Kiran Complex/DDH	19
Achamma Bhavan Hostel	08
Anugraha Hostel	07
Lady Willingdon Hostel	11
<b>Total</b>	<b>148</b>

During the year, the following staff left the Association

1. Ms. Alisha Vaz,  
Programme Officer - PIYA
2. Mr. Sudalai Muthu,  
Room Attendant - IC
3. Ms. Jayshree Patil,  
Receptionist cum Computer  
Operator - IC
4. Ms. Rekha Rane,  
Peon – AK
5. Mr. Ajin Shalom,  
Receptionist cum  
Computer Operator - IC
6. Mr. Johnny Solomon,  
Receptionist cum  
Computer Operator - IC
7. Ms. Sevina D'Mello,  
Nursing Teacher - WDU
8. Ms. Devika Rane,  
Utility staff – AK

A warm welcome to the following staff who joined during the year 2017-18

1. Ms. Jodie Serpes,  
Programme Officer - PIYA
2. Ms. Shradha Dhepe,  
Nursing Teacher - WDU
3. Ms. Trupti Bendre  
Nursing Teacher - WDU
4. Ms. Swati Sawant,  
Para Social Worker - AK
5. Ms. Pushpa Wadekar,  
Utility staff - WDU
6. Ms. Vishakha Tawade,  
Utility staff – WDU

We congratulate the following

employees for having completed **20 years of service** in YWCA and will be recipients of the **Long Service Awards** at the AGM on 30<sup>th</sup> June, 2018.

1. Ms. Pushpa Kholi
  2. Mr. Cajetan Fernandes
  3. Mr. Subhash Gaikwad
  4. Ms. Rita Pinto
  5. Mr. Namdev Ekawade
- Heads of Departments meeting was held every month which helped in team building and growth of the organization. Some of the sessions conducted were 'Parkinson's Disease and Movement Disorder Society (PDMDS)', 'Having a different spirit' (example of Moses leading the Israelites from Egypt), Sexual Harassment at Workplace, Indian Penal Code and Basic Human Rights. Echo of the Asian Youth Forum which revolved around how YWCA can create safe space for women. Echo of Convention and plan of action was discussed.
  - Staff Picnic was arranged at **Kshitij Resort, Virar on 24<sup>th</sup> January 2018**. **114 staff** interacted and had fun with games, music and dance. Staff enjoyed the sea view and played games on the Beach which was close to the resort.
  - We mourn the loss of **Late Ms. Sangeeta Harjani, Programme Officer**, who passed away on 13<sup>th</sup> September 2017. She was hard working and sincere. We miss her deeply and thank God for all her years of contribution to YWCA.
  - Christmas celebration along with members and staff during the festive season was held on 15<sup>th</sup> December 2017 at YWCA Fort. It was a day of entertainment and fun. 45 enthusiastic staff showed their skills and talents in the form of skits, songs, poems and dance.

Our Board Members and Personnel Committee Members have been integral to the growth and development of the YWCA. We take this opportunity to express our sincere thanks to all our staff for their support, co-operation and dedicated service.

### **Buildings**

The Buildings Committee is entrusted with the task of maintaining the buildings of the YWCA of Bombay. Repairs, renovation and painting as and when required to increase the longevity of the structures and provide a clean and healthy atmosphere to its occupants, are initiated and supervised by the Committee.

This was a milestone year in terms of major energy saving with the installation of solar panels in all 5 centers to provide solar power generation; this was a necessity to stem the spiraling energy bills as well as long term conservation of energy resources.

- **Achamma Bhavan, Byculla 1980**  
Grills fitted in the entire building, a long pending job.
- **Anugraha, CBD Belapur 1990/2001**  
Documentation is a necessity for all buildings. Teamwork Consultants were assigned to complete the renewal of the Lease Deed and Registration of documents which was successfully completed.
- **Asha Kiran, Andheri 1998**  
Tiling in the kitchen
- **International Centre, Fort 1964/1981**  
Painting of conference and guest rooms, service apartment renovation, repair and painting completed.
- **Lady Willingdon, Colaba Heritage Building 1900**  
Grease chamber work completed, pump room being renovated
- **Daisy Lawson, Cooperage on lease**

### **Republic Day - ABH**



## Committees for Programmes and Activities

### Membership

Members are the foundation of all YWCA committees and activities, through which they promote the vision and mission of the Association.

Membership of the Association as on 30<sup>th</sup> April 2018

<b>Electoral</b>	<b>142</b>
<b>Associate</b>	<b>42</b>
<b>Youth</b>	<b>17</b>
<b>Y Deepa</b>	<b>50</b>
<b>Total</b>	<b>251</b>

### Senior Citizens Programme

Held on 22<sup>nd</sup> November at YWCA, Fort, 29 members attended the programme with great enthusiasm and zeal. The theme '*Back to School*' was beautifully brought out as members came in their '*School Best*', looking brilliant. There was a spirit of love, joy, playfulness and freedom in the air. The morning started with a time of devotion and songs followed by fun and games. Different groups designed fabulous, creative, colourful and unique school uniforms. It was a refreshing time bringing back childhood memories.

### Evening of Christmas Carols

Y areas start getting geared up for the Evening of Carols. 9<sup>th</sup> December evening saw the hall packed with church groups, members, hostel residents, music lovers, guests and invitees of all ages. Worship songs in Hindi, Marathi and English echoed

in the beautifully decorated hall. Members looked fabulous dressed in the Christmas colours sang melodiously celebrating the birth of our Lord Jesus Christ. Pastor Ian encouraged us to welcome our Saviour. Mr. Samuel Suchitha and Mr. Pathak added a special flavor with their keyboard and violin recitals. The evening concluded with the lighting of candles followed by the hymn 'Silent Night'.

### Ekta and International Women's Day

**“United We Stand to Be the Voice of the Voiceless”**- that was what the celebration was all about. Y members from different areas of Andheri, Bandra, Belapur, Chembur and Fort came together to create a beautiful harmony with their melodious songs and dance bringing in a spirit of love, joy and unity

An interesting and informative report of the YWCA Convention at Goa was presented by members Lalitha Fernandes, Rekha Joshi, Shoba Philip (GS) and Jodie Serpes (Staff). The celebration ended with games and delicious lunch.

### Sacred Music

The Programme was held on 10<sup>th</sup> March at YWCA, Fort. The ambience was apt for the season of Lent with the hall decorated with palm leaves. The hall was filled with church groups, music lovers, members and invitees. Songs in English and Hindi filled the air - a thanksgiving to Jesus Christ for His love and supreme sacrifice on the Cross. The devotion by Pastor Cecil Clements was touching. The Church of Powai mesmerized us with their harmonious songs.

## Y Deepa

Y Deepa focuses on creating new leadership among the young to carry forward the vision and project pioneered by the YWCA.

The girls in the age group of 8-18 years are encouraged to engage in community development, gender equality and visioning with the youth.

### Core Objectives

- To create gen Y leaders for tomorrow.
- To engage young people in community development and advocacy.
- To create a movement to address key issues by the youth and for the youth
- To empower young people, especially girls in decision making which is aimed at positive social impact.
- To provide an interactive platform for young people to brainstorm and create sustainable and effective action plan.

### Informative Talks by Experts

1. Health and Nutrition by Dr. Reshmi
2. Organ Donation by Ms. Priyadarsini
3. Best Out of Waste by Ms. Jayanti Premkumar
4. Woman and Law by Aileen Marques

### Visits and Activities by Y Areas Members

1. Piety Home for the Aged at Dabul
2. Cultural Day Celebration
3. Drawing Competition
4. Elder's Day Celebration
5. Beggar's Home
6. St. George Hospital
7. Chapewadi Village
8. Summer Camp with Community

9. Dance Movement Therapy
10. Stretching and Breathing Exercises
11. Crochet
12. Akshaya Sevan

**Jottings** – Articles and departmental reports are compiled regularly on a monthly basis by the Jottings Committee.

### Spiritual Emphasis

**O Lord, our Lord, how majestic is Your name in all the earth! You have set Your glory above the Heavens. Psalm 8:1**

Spiritual Leaders conducted weekly Prayer fellowship meetings in each Y area. Members of the Committee led devotions for various events of Y.

The Spiritual Committee along with other members visited the elderly members. They were very happy to receive us and had a great time singing devotional songs followed by prayer fellowship.

The **YWCA and YMCA Week of Prayer** started from 12<sup>th</sup> November with an inspiring message by Rev. Raj Jacob on the theme 'Stand up and speak - Be the voice of the Voiceless' at the Taylor Memorial Church. Members and friends of YWCA and YMCA met in their respective areas. ie. Andheri, Bandra, Belapur, Byculla, Ghatkopar and Fort to attend, talk, pray and fellowship. Good governance and stewardship is part of God's mandate to humankind. Throughout this week, we were invited through the Word of God to use our voices, both collectively and individually to lift up the poor and stand against injustice. We were encouraged to stand up during times of social and political uncertainties. We as individuals and organisations need to take action wherever and whenever necessary. The week



concluded on 18<sup>th</sup> November at YWCA Fort with a powerful message by Uday Rao

### **Vacation Camp**

On behalf of the Spiritual Emphasis the Vacation Camps were organised from 16<sup>th</sup> October-18<sup>th</sup> October for our community children of Byculla, Belapur, Fort, Kurla and Mankhurd and at Thane and Mira Road from 24<sup>th</sup> October to 26<sup>th</sup> October. The VC was conducted by the volunteers of UVBS (United Vacation Bible School). On an average 45 children attended every day along with staff and area members. In Thane we had an attendance of 120 each day. These were exciting times with action songs, and stories on moral values and also stories from the Bible. Children received nourishment for body and soul. They were taught grooming and basic etiquettes. 350 children thoroughly enjoyed the camp.

### **Spiritual Emphasis Retreat**

It was held on 14<sup>th</sup> March at Y Byculla for members and staff. The guest speaker Chinamma Mathew, a Retired Nursing Sister and Author of book –'Radiant Women'. Through Bible references and her own experiences, she very beautifully brought about the importance of Husband –Wife relationships. She spoke about Man being the glory of God (Hebrews 1:3) and Woman being the glory of Man (1Corinthians 11:7). Family is very close to God's heart and it is very important for parents and children to stand together in prayer, unity and submission to each other to fulfill God's purposes in and through them.

### **Seminar**

On 2<sup>nd</sup> September, 30 members and staff attended the seminar on how we should read

the Bible and conduct Bible studies. The guest speaker Mrs. Helen Karkada from Wommack Ministries spoke powerfully on the subject. The Praise and worship helped us come together in spirit and truth. We learnt how to put The Word of God into practice i.e. Practical application in our own life and lives of others.

### **World Day of Prayer**

On 2<sup>nd</sup> March members of YWCA and St Thomas Cathedral came together and prayed for Suriname. This country full of great beauty and enormous biodiversity lies in the north-eastern part of South America. Suriname is experiencing much pollution due to the careless attitude of people towards nature. We prayed for God's protection on the forests, rivers, fishes, minerals and all the resources that He has blessed His people with. Through Bible Verses (Genesis 1:1-31), hymns and skit the need for us to respect and take care of nature was beautifully brought out. This will definitely benefit us and our future generations.

United as His children it was a privilege to stand in the gap and uphold the nation of Suriname.


### **Healing prayer**

60 members and staff were blessed at the Healing Prayer evening on 11<sup>th</sup> October at Y, Fort. The Guest speaker Pastor Thomas Ouseph spoke about the reason for sickness and role of Jesus as Supreme Healer (Exodus 15:26 & Isaiah 53:4, 5). Many people received healing and felt God's powerful touch when they were prayed over.

**PASI**

Public Affairs and Social Issues (PASI) Committee focused on existing programmes

**Theme- based Awareness sessions**

 <p><b>VISIONING WITH YOUTH</b></p> <ul style="list-style-type: none"> <li>• Good and Bad Touch</li> <li>• Offences Against Girls</li> <li>• Cyber Crimes</li> <li>• Relationship Dynamics</li> <li>• Verbal Abuse</li> <li>• Ethical Responsibilities of Nurses</li> <li>• Drug Abuse</li> <li>• Self Defence</li> <li>• Health and Hygiene</li> <li>• Equality and Peace</li> <li>• Children's Day programme/Drawing Competition</li> </ul>	 <p><b>JUSTICE BEYOND BORDERS</b></p> <ul style="list-style-type: none"> <li>• Street Play on HIV-AIDS</li> <li>• Human Rights</li> <li>• Exploitation of Human Rights</li> <li>• Women and Law,</li> <li>• Human Trafficking</li> <li>• Drug Abuse</li> <li>• Protection of Children from Sexual Offences (POCSO Act)</li> <li>• Gender sensitization</li> <li>• Legal Awareness</li> </ul>	 <p><b>OTHERS</b></p> <ul style="list-style-type: none"> <li>• Health and Nutrition</li> <li>• Women Empowerment</li> <li>• International Women's Day</li> </ul>
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**Workshop on Substance Abuse**



Sr. No.	Name of the Programme	Name of College/School /NGO Representatives	No. of Participants
<b>Awareness Sessions</b>			
1	Good & Bad Touch	St. Anne's School, Malad	350
2	Offences against Girls	St. Anne's Junior College, Malad	225
3	Cyber Crimes	Atharva Engineering College	70
4	Relationship	St. Anne's School	325
5	Dynamics Verbal Abuse	Community Youth	20
6	Ethical Responsibilities of Nurses	VTI Girls	80
7	Drug Abuse Women	BGIT College, Mumbai	50
8	Empowerment	CentralAaganwadi Sevikas	130
9	Human Rights	Study Center Student	93
10	Self Defence	Saboo Siddik College, Byculla	120
11	Health & Hygiene	LJNJ College, Vile-Parle	40
12	Street Play on HIV-AIDS	Nityanand Nagar Community, Ghatkopar	35
13	Exploitation of Human Rights	Nirmala Niketan College of Home Science	40
<b>Outcome:</b> Sessions on different topics benefited the target groups to gain knowledge, develop new skills, abilities and helped to build positive attitudes.			
<b>Workshops</b>			
1	Women-Law & Human Trafficking	NGO Representatives	66
2	Drug Abuse	Teachers & Professors	31
3	Awareness on 'POCSO' for teachers	St. Joseph School, Byculla	38
4	Gender Sensitization	Police Personnel of Zone 1 (Colaba)	75
5	Legal Awareness	Women Cell Members & NGO Representatives	35
6	Health & Nutrition	Aaganwadi Sevikas	140
7	Equality & Peace	Community Youth	32
<b>Outcome :</b> Improving Public Awareness and Empowerment through interactive workshops			
<b>Children's Day Programme</b>			
1.	Drawing Competition	At KEM, Nair & J J Hospitals with 6 to 12 year olds	110

<b>Outcome:</b> Children enjoyed the Drawing Competition. They were able to showcase their talent and felt that they were part of the Children's Day celebrations			
<b>International Women's Day</b>			
1.	Session on 'Women's Health Issues' & Dance Movement Therapy	Women Inmates of Byculla Prison	50
<b>Outcome :</b> DMT helped them to release anger, frustration and build their ability to express emotions.			
<b>Participation</b>			
<ul style="list-style-type: none"> <li>Actively participated in Women Networking Meetings, Human Rights Day Programme and International Women's Day Programme</li> </ul>			
<b>Outcome:</b> Networking and Personal Growth			
<b>Representation of Y on different forums</b>			
<ul style="list-style-type: none"> <li>City level Advisory Committee meeting to discuss collectively the need for sustained institutional dialogue with the Mumbai Police on various issues concerning a citizen's life.</li> <li>Advisory Committee meeting of CDTP SCHEME at Saboo Siddik Polytechnic College, Mumbai</li> </ul>			
<b>Outcome :</b> Networking and Personal Growth			

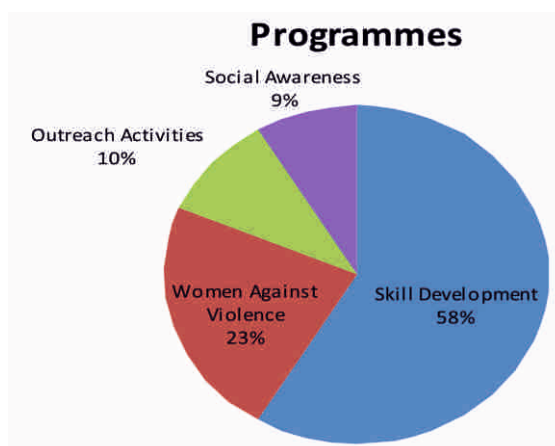
### Participation and Involvement of Youth in Action (PIYA)

*I write to you, young women, because you are strong, and the word of God abides in you, and you have overcome the evil one: 1 John 2: 14*

Youth are the future of the country, involving them in social action helps them optimize their never ending energies, channeling it in the right direction helps them become socially responsible.

PIYA focuses on engaging youth who are studying in colleges in Mumbai. PIYA strives to involve youth into the Y movement by connecting with their colleges and holding programs that are in the interest of the Youth. Each month PIYA reaches out to different colleges aiming to bring about change and help youth develop personally and professionally. PIYA aims at involving youth in the framework of Y. Using their

curious minds to bring empowerment of women in home and society.



<b>Sr. No</b>	<b>Name of the Programme</b>	<b>College/ Institution</b>	<b>No. of Participants</b>	<b>Resource Person / Persons</b>
1	Sexual Harassment at Work place	St. Francis Institute of Management and Research	60	Adv. Aileen Marquees
2	Seminar on NGO Roles and their Contribution towards the Welfare of the Society / Orientation on YWCA of Bombay	RBK International School	60	YWCA
3	Monsoon Mania	Snehasadan	20 (5 Volunteers)	YWCA
4	Gain While you Give (Outreach Programme)	Snehasadan	30	Mithibai students
5	Bring a smile (Outreach Programme)	YWCA Creche	40	Sophia students
6	SHG Stall	Jai Hind College	5 SHG Women	YWCA
7	Gender Equality	Sathaye College	50	Mr. Onil Kulkarni
8	Skill Development	Sathaye College	50	Mr. .Roshan D'souza
9	Debate – Disaster Management	Sathaye, GLC and Ruia College	12	YWCA
10	Personality Development	DY Patil	60	Mr. Atul Dayal
11	Gender Equality Workshop	Ruia College	60	Mr. Vishal Khare
12	Career Goals to Visually Impaired students	Ruia College	30	Ms. Jeshta Naik
13	Menstrual Hygiene	Agripada Community women	25	Sophia College Rotary club
14	Sexual Harassment Laws	SNDT Nursing students	50	Adv. Arka Navle
15	Cyber Crime	SNDT Nursing students	50	Adv. Pankaj Bafna
16	Status of Women in society	CWC Law College	25	YWCA
17	Cyber Crime	St Thomas School	60	Adv. Arka Navle



➤ **Session on Sexual Harassment at Workplace**

The session focused on aspects such as equality, gender stereotypical roles, rules and regulations that are mandatory and stated by the constitution under the Act. It gave an overall idea about the ways to go about, seeking redressal if someone faces an instance of harassment. It covered an ample amount of cases that were handled in the past and way to tackle, this menace smartly!

➤ **Seminar on NGO Roles and their Contribution towards the Welfare of the Society and Orientation on YWCA of Bombay**

The seminar covered all about YWCA Of Bombay and its contribution to the society , the work the departments do, showcased to students the need for volunteering in NGO's and contributing towards the uplifting of society.

➤ **Monsoon Mania**

The purpose of this activity was to create a platform for the volunteers to participate in different types of activities with the residents of Snehasadan. They contribute their time and serve society, thus bringing much joy and creating fond memories in the lives of these adorable children.

➤ **Gain While you Give (Outreach Programme)**

The Snehasadan girls were provided with drawing books, stationary and colors by the Mithibai College students. They were told to draw things that signify what they would be when they grow up. The theme for this session was “Who do you want to be in future”. During this activity the students went around bonding with the girls.

➤ **Bring a smile (Outreach Programme)**

'Bring a Smile Program' was conducted by the students of Rotaract Club of Sophia College in order to interact and help the underprivileged balwadi children studying in YWCA, Byculla. The program was divided into two events - Food Drive and Interactive Session.

➤ **SHG Stall**

On the 11<sup>th</sup> & 12<sup>th</sup> September, Jai Hind College had their annual Cultural Fest KANI. YWCA had a stall for both the days, the items sold at the stall were bags, ladoos , karanjis and namkeen puris by the SHG groups , and chocolate and cupcakes by the Bakery students. This provided us with a good opportunity for colleges to know about our NGO and the work at YWCA, as also a means of fund raising.

➤ **Gender Equality**

The session focused on stereotypes in society and how we can break the gender roles that society frames for us. The session was extremely interactive and also fun, the speaker focused on Gender concepts, Patriarchy and its roots, Gender Based Discrimination and Violence and deviating from gender roles and norms.

➤ **Skill Development**

The session was very captivating as it got the students to introspect, in order to identify their likes, dislikes, talents and personality for the purpose of developing skills, and in the long run, making the right career choices.

➤ **Debate**

The Debate competition on Mumbai's Disaster Preparedness was held at Achamma Bhavan, Byculla. Students from different

colleges in Mumbai like Ruia, Government Law, Sathaye and our very own girls from the Hostel. It was conducted shortly after the devastating incident at Elphinstone and Parel stations in Mumbai.

### ➤ **Personality Development**

The NCC (National Cadet Corps) students of DY Patil attended the session on Personality Development. The session focused on developing ones intrapersonal and interpersonal skills. It was a participative session as the speakers both stressed on students speaking out and asking questions. Students were made to come forward and speak on any topic of their liking to remove stage fright and build their inner confidence.

### ➤ **Gender Equality Workshop**

In this workshop emphasis was equally given to males and the third gender. The session made students conscious of trans gender in such a way that they have an identity and belong to society, and it is our duty to treat them with respect. The session involved games for the students to participate to show how both males and females working together can equally maintain the balance in society.

### ➤ **Career Goals to Visually Impaired students**

The session was well balanced with theory and activities. Terms such as **job**, **vocation** and **career** were explained and differentiated. The basis of the session was the RIASEC Model. This is a direct product of the theory of personality types and environmental models developed by John Holland for identifying one's career type.

### ➤ **Menstrual Hygiene**

Rotaract Club of Sophia College girls organized a drive in college prior to the event

and collected from their college students sanitary pads and distributed to the women. The session had a Group Discussion and role play with the women of Agripada Community.

### ➤ **Cyber Crime**

The session aimed at creating alertness about the Cyber world. It was extremely enlightening for the young girls and alarming to see how everyone is so connected, It emphasized on safe use of the internet.

### ➤ **Status of Women in Society**

The students belong to the department of life long learning and extension through their colleges. The students got an orientation of YWCA of Bombay and were involved in activities to elicit their views and opinions on enhancing the status of women in society.

- ✓ Represented YWCA at the Ms. Tejaswini Competition of SNTD University at the State Level

## **Public Relations**

The **Public Relations Committee** manages the brand image of YWCA with both the internal and external stakeholders. It facilitates communication and contributes in myriad ways for the well-being and growth of the organization.

### **A. To create visibility of the Association, the following steps were taken:-**

1. 1000 Wall Calendars for the year 2018 were designed by the PR Committee. They were distributed to all the stakeholders of YWCA. This provided more publicity and good exposure
2. Sign Boards for Asha Kiran
3. Standee for all four buildings

- B. PR took initiative on behalf of Y at Prabhu Yeshu Janmotsav event at Girgaon Chowpatty on 17<sup>th</sup> December to generate publicity for Organisation.
- C. We are digitalizing our important documents by CHAX Creation to save from unforeseen accidents and easy accessibility.
- D. Sent complimentary copies of YWCA History Book to Central Library, American Library, different YWCAs and NGOs.
- E. A session on '**Savings and Investment**' was held on 13<sup>th</sup> January at YWCA Byculla for 50 YWCA staff (from all branches). It was conducted by Mr. M.G Sheikh from N.J Group. He focused on how one can earn by investing minimum money through Mutual Funds / SIPs without risk. Chairperson - Sharon Pires, members Indira Jenna and Melissa D'Souza were present.
- F. Report on visit to Geeta Nagar Community, Colaba – On the occasion of International Women's Day Chairperson - Sharon Pires, Members – Sarojini Hingorani, Indira Jenna, Staff – Mildin Nadar, PSW - Ranjana Panchal visited 50 women and made them feel special for being a woman by distributing roses, gifts and chocolates. We also distributed our calendar, brochure and pamphlets. Informed them about the work of YWCA. They wanted YWCA to start a centre in their community.
- G. PR Committee edited and consolidated the Annual Report for YWCA.

## **Women's Development Unit (WDU)**

They say 'behind every successful woman is a tribe of other successful women who have backed her'. The Women's Development Unit is motivated to being true to their motto of empowering women in every walk of life and bring about a holistic change in them personally and professionally thus enabling them to a more challenging and prosperous future. This year the WDU worked along with boys and involved them in various new awareness programmes and made them a significant part of the youth groups which have been formed in all communities.

## **Creche**

A crèche is a **safe** place where a mother leaves her baby to be able to go work and earn a better living for herself, a child does not just stay there but learns the first basic skills at a Balwadi. It is our constant effort to be able to equip the child and the parents with all the information they need to survive in the world. The constant growing concerns of safety especially in modern times rip the parents apart. Our effort through the crèche is to provide a safe haven for the child to grow and nurture its skills to dream and understand its potential. A programme - Bunny Tamtola was carried out in Byculla Balwadi. Total number of children in 7 balwadi and 3 crèches is 343

- 1) World Water Day, World Tuberculosis Day and World Poetry Day were celebrated in all Balwadis
- 2) Programmes conducted for the children and parents were Art and Craft Workshops, Good Parenting, Health Awareness, Vaccination, Healthy Habits, Nutrition Charts, Sessions on Water-Borne Diseases, Family Planning and Importance of Breastfeeding, Dance



A seminar - Combat Exam Pressure



Annual Day - Asha Kiran



Republic Day - LWH



Awareness on Cyber Crime



Bal Mela



Chef Competition



Children's Day





### Children's Day



PASI - Children's Day - Drawing Competition

Christmas Celebration - WDU



### Awareness session - Savings and Investments





Christmas Celebration - ABH



Ekta cum International Women's Day



Evening of Carols



Exhibition on Nutrition and Health Check-up Camp



Fun with Seniors - PIYA



Go Green



Learning Communities programme





Poster Competition on Gender Equality



Protest for Asifa Bano case



Sacred Music



Self Defense - Nursing Care



Senior Citizens Programme



Annual Public Meeting



Awareness session on Human Trafficking





Skit on Environment Protection



Staff Picnic



Street Play on AIDS Awareness



Under-arm Cricket Tournament



Vacation Camp



Workshop on Equity and Peace



World Day of Prayer





World Day of Prayer



Y Deepa



YWCA & YMCA World Week of Prayer



Plaque presented to YWCA of Bombay at convention



Bal Mela





Career Guidance for visually impaired



Creche Picnic



Christmas Celebration - Staff



Valentine's Day



PIYA - Bring a Smile





### Training - How to work in Communities



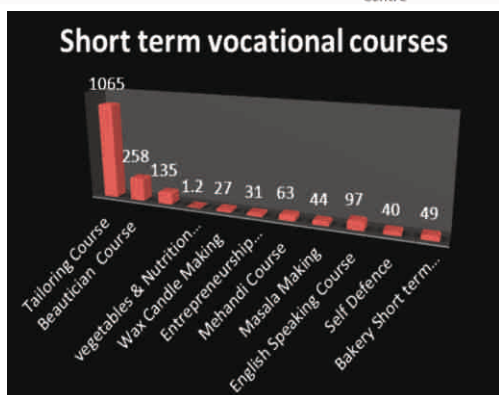
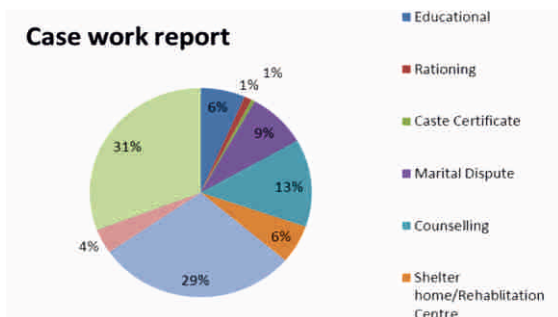
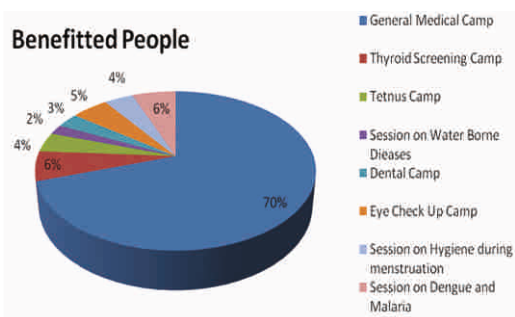
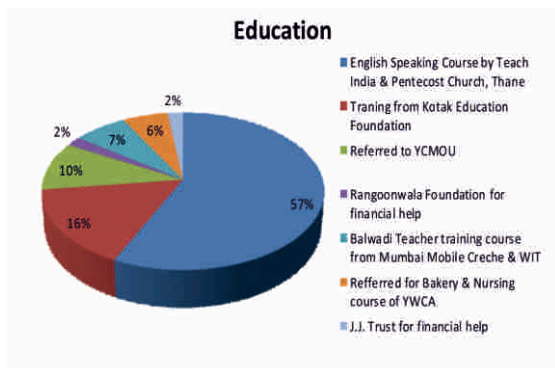
### Bunny Tamtola Programme



### World Membership Day



Movement, Nutrition Competition, Christmas and Picnic was organized for balwadi children.



## Sustainable Livelihood

1. Total 13 self help groups are registered under BMC & Women and Child Department. Monthly meetings regularly conducted by Para Social Workers. Members put up the stalls at different places where exhibitions take place. Every time we arranged some training, awareness programmes like *waste management*.
2. Different types of masalas and bags were displayed for AGM on 24<sup>th</sup> June.
3. Five days bakery course was conducted from 24<sup>th</sup> July to 28<sup>th</sup> July 2017 and twenty-three women participated.
4. Successfully completed 10 Days Entrepreneurship Development training Programme organized by Micro Finance Department of Central Govt with 32 SHG members (22 Byculla + 10 Fort) at Byculla from 4<sup>th</sup> to 17<sup>th</sup> Jan 2018.
5. On the birth anniversary of Savitribai Phule on 3<sup>rd</sup> January, a special function was organized by the Women and Child welfare dept of Navi Mumbai Municipal Corporation at Vishnudas Bhave Natyagrha. Different competitions were organized like Rangoli, Nutrition Competition, Hair style and Mehandi in which our SHG women participated and received total Rs 14,000/- as a gift and trophy.
6. 15 women from Belapur community participated in one-day career guidance workshop organized by Navi Mumbai Municipal Corporation on 5<sup>th</sup> January at Vashi.

## Be a Green Ambassador

- Plantation programme was held at Panjrapol community
- Session on best out of waste conducted

by Jayanti Premkumar on 23<sup>rd</sup> and 24<sup>th</sup> March at Shivneri with 28 participants.

- A session on “Save the Environment” was conducted by Nisha Misal on 19<sup>th</sup> April with 37 children.

### **Green Walk**

An ever-increasing global warming scenario has prompted the youth group to discharge their responsibility skillfully to the best of their potential for a clean and green environment as future citizens of the country. June is celebrated as the Environment Month. WDU organized a Green Walk with over 150 women and young girls from different communities. They came together and walked a distance of 5 kms from Fort area to Cuffe Parade on 17<sup>th</sup> June. Save Water! Save Life! , 'Less pollution is the best solution', 'Go Green for Life' were the core messages of the drive. Placards and posters related to the issue were showcased. This program was very successful due to the co-operation of the police.

### **Ozone Rally**

Around 300 plus staff and students completed the environmental rally on 'International Day for the Preservation of the Ozone Layer' on 16<sup>th</sup> September 2017 at Byculla in spite of heavy rain, thunderstorms and darkness. All the children and staff were joyfully shouting slogans even though they were wet in the rain and the white dress code became an attraction of this rally. “प्रदूषण घटाव ओझोन बचाव” was the slogan recited by the participants.

### **Street Play Competition**

It was organized on 17<sup>th</sup> June at Fort. The competition was based on the theme 'Save the Environment'. 9 groups participated in this competition. Each group performed

well according to the topic given to name some climate change, cleanliness, air pollution, save water, best out of waste, save the trees etc. In the competition, three groups won and they were presented with trophies. All the participants and artists were appreciated for their own creative depiction of the theme.

### **Visioning With Youth**

1. Youth Exposure Visit was held on April 2017 at Kripa Foundation at Bandra. The main purpose of the activities was to expose the youth to different social issues and understand the various problem like drug abuse, alcohol addiction etc.
2. A meeting was conducted by Student social workers on 16<sup>th</sup> February on the topic 'Drug Addiction'.
3. On 11<sup>th</sup> April arrangement for an exposure visit was made to Kripa Foundation from Byculla community to sensitize them on relevant issues like addiction
4. A Session on 'Impact of violence' was conducted on 6<sup>th</sup> May at Byculla
5. Discussion on Career guidance, saving money and exposure visit were taken up during youth meetings
6. A visit was organized by Byculla Youth group to J. J. Dharamshala (old age home) on 7<sup>th</sup> September. They entertained the elders by playing games, singing songs and also distributed snacks to them
7. Initiation and formation of adolescent girls group and senior citizen groups were also taken up.
8. **Debate Competition** was organized for community youth on the theme 'Men and Gender Equality' on 13<sup>th</sup> January at



Byculla. Total 18 youth participated from different communities. Finally both group agreed that men and women are both made by God, are both human, so women should be treated equally with men. Shoba Philip and Neeta Dabre were moderators for this competition. Nirmala Niketan (NN) students and all the social workers have done a wonderful job to make this event successful. VTC students as audience were very responsive. '

9. **Under-arm Cricket Tournament'** was organized on 18<sup>th</sup> January 2018 at Zula Maidan, Byculla. It was our ardent effort to motivate and encourage our community youth and instill in them a sporting spirit. More than 50 youth participated in the tournament. Our staff Sanjay Kale, Agnel Fernandes and Cajetan Fernandes volunteered as umpires and did a good job. A detailed running commentary was given by Deepak Gosavi. The bakery students and all the WDU staff ensured the program was a great success. The winning team was awarded with a trophy and certificates. All the participants thanked the organizers and requested that the organisation should organise such sporting activities for them every year.

### **Justice Beyond Borders**

1. Session on Self Defence with 23 study centre students was conducted by Suyash (NN student) on 30<sup>th</sup> November at Byculla
2. 'Week without Violence' programme was held in all communities in the months of November and December. Sessions were conducted by Neeta Dabre, Dolcy D'souza, Nisha Misal and Majlis group.

3. AIDS Awareness Programme was held in the month of December in all Communities. Session was conducted by nursing teachers and Street play was presented by students from TISS.
4. National Senior Citizen's Day was celebrated in the month of April in all community centres. Film on elders' issues was showcased. Information was given on health, organ donation, senior citizen's rights etc. They sang songs and shared their experiences.
5. Bal Mela was celebrated in all communities. Balwadi teachers took initiative to conduct the puppet show in all communities. TISS and NN students conducted games. Snacks and gifts were distributed. Children performed beautiful dances and sang songs.
6. The local police from Belapur Police Station celebrated Raising Day on 5<sup>th</sup> January in association with YWCA Belapur. The day was celebrated as **Police-Public Contact Week**. The Police organized a Rally on women safety on the same day and 56 women from our Belapur community participated.
7. 15 days Self Defence training with 41 women and adolescents girl was organised by NMMC at Belapur Y (from 9<sup>th</sup> to 30<sup>th</sup> January)
8. Meeting was organised by Alcoholic Anonymous at Belapur with 28 participants on 6<sup>th</sup> February. Mr Nilesh Gaikwad gave information about their fellowship group and their activities.
9. Neeta Dabre conducted an awareness session on 'Child Sexual Abuse and POCSO Act' for 58 students from Mire Adivasi Gramin School on 22<sup>nd</sup> February.

10. Session on Value of Education was conducted by Deepika Tambe with 26 adolescent members on 15<sup>th</sup> February at Mira Gavthan community.
11. A session on Patient's Rights was conducted by Rangoonwala Foundation India Trust for 43 beneficiaries of Byculla on 16<sup>th</sup> February. All the Para Social Workers attended this programme.
4. Awareness session on drug addiction was organised by NN students in collaboration with BMC drug de-addiction centre (Andheri) on 3<sup>rd</sup> February at Byculla. All VTC students and community social workers attended this programme. Maya Purohit (CDO) the resource person shared patient's struggles with alcohol and addiction and their journey to recovery. She gave a wonderful message that addiction is a disease and those who suffer from it are not hopeless, but they are helpless. Mrs Purohit shared details on the facility provided by Drug De-addiction Centre.

### **Capacity Building**

1. 209 women went for an exposure visited to Umed Rehabilitation Centre & L.D. resort at Virar on 31<sup>st</sup> February.
2. New Year Get-togethers were held in all communities in the month of February. TISS & NN students gave information on different social issues like Human Rights, Good Parenting, Women and Violence. Documentary film was showed. Games and dance session were conducted by balwadi teachers and social workers.
3. Pradhan Mantri LPG Panchayat Programme was conducted by HP Gas on 15<sup>th</sup> February at Byculla. 125 students and staff attended this programme. It was a nationwide campaign for safe and efficient use of LPG and various benefits on environment, health and how it empowers women. Prof. Dr. Anuradha Poddar, SNTD College, Dr. Sarita Patil, Assit. Dean Nair Hospital, Corporator Surekha Lokhande, Mr. Sunil Zode President Lions Club and Shoba Philip were the chief guests. Demonstration of how to use Gas was given by Mr. Prabhat Kumar. He also conducted an interactive quiz session with our students. The students who gave correct answers received gifts.

### **Learning Community Programmes**

- Monthly Meetings were held in communities consisting of learning communities
- Learning community evaluation meeting was conducted by Trisha, Co-ordinator from Vacha and Neeta Dabre with all mentors of YWCA, staff, girls and student social workers on 19<sup>th</sup> August 2017 at Fort. Girls shared their experiences and how they build their confidence level.
- Executive Directors' meeting of LC was organised with their mentors at Hotel Mirador for evaluation and future planning for the year 2017-18 YWCA will work in Kurla and Byculla communities.

### **Special Events**

1. A street play performed by Para Social Workers on issues such as Domestic Violence, Sexual Harassment at Work Place, Gender Equality and Eve Teasing on Women's Day at Mankhurd on 8<sup>th</sup> March.
2. **Women's Day** was celebrated at Byculla on 10<sup>th</sup> March. Advocate Nausheen from



Majlis who is also a social activist of the 'WE Action' networking group addressed the community women on the theme 'Women in the Changing World of Work'. She spoke how women can build the strength to overcome challenges that come their way. Her lucid style and use of day to day examples created a tremendous impact on them. Dance on women's empowerment was performed by students of Hospital Aide. A song on the life of Savitribai Phule was performed by Sunita Waghmare (Para social worker). The film 'Pink' was screened in second half followed by an open discussion.

3. **YWCA NGO Mela** was organized on 4<sup>th</sup> March 2017 at Mira Road in which around 11 participating NGOs, like Mumbai Mobile Crèche, Jan Jagruti, YCMOU, YWCA, Nirmala Niketan, Project Mainstream, ICICI, Manav Abhyas Sangh, Urja, Family Planning Association of India and Kotak Education etc, actively participated and reached out to almost 500 members of the community. They distributed pamphlets and informed people of the work they do so that people can make use of the facilities/ services and opportunities provided by them.
4. **Career Mela** was organised on 30<sup>th</sup> March 2017 at Machhirmar Colony and Badhwar Park, Colaba. More than 150 candidates actively participated. Participating NGOs include Mumbai Mobile Crèche, YCMOU, ICICI, Jan Shikshan, YWCA, Project Mainstream, Kotak Education, Manav Abhyas Sangh, RVTI and Yuva Parivartan. They distributed pamphlets

and informed the people of their work to enable people use the facilities/ services and opportunities provided by them. The Mela was attended by Para social workers of WDU.

5. A massive **human chain** of more than 200 women and men from 24 Mumbai-based social organisations walked on the streets of Kherwadi, Bandra east to show their solidarity against violence and abuse towards women to mark International Women's Day on 15<sup>th</sup> March. A skit was performed by Parasocial workers. The 60 plus volunteers from YWCA dressed in pink enthusiastically sensitised the passersby with powerful slogans of women's rights.
6. **Summer camps**: Five days summer camps were held in all communities. Providing them a space to enjoy and make the holidays memorable, facilitate growing in talents and ambitions to lead a better life is the main rationale. The children had lots of fun at the summer camp as sports activities, art & craft, session on good touch & bad touch, save the environment and love for animals, best out of waste, life skills were conducted.
7. 5<sup>th</sup> to 11<sup>th</sup> April a Dance Movement Therapy was conducted by Ms. Damini from TISS with 25 adolescent girls at Thane. The goal set for the session was to help them find an enhanced quality of life, decreased feelings of anxiety and depression.
8. 90 youth members attended session on 'I Love exam' conducted by Mr. Amrut Jadhav on 15<sup>th</sup> April at Byculla. The session was so powerful that each student was influenced by it and promised to follow the guidelines. The

- session was filled with enthusiasm and energy.
9. Family Welfare Training Centre, Mumbai is a pioneer training Institute under the Ministry of Health and Family Welfare, Govt of India. The first week of September is celebrated by the department as a National Nutrition Week and on the same lines the institute organized Health Exhibition on Nutrition, Body Mass Index and Health checkup jointly with YWCA on 7<sup>th</sup> September at Byculla. More than 200 people participated.
  10. The Mumbai Police Authorities are the protection to women. A very special programme called Raksha Bandhan, was conducted at Nehru Nagar Police station by our Kurla community women. The very idea was to gain the trust and faith of their police brothers to protect them during any time of day or night.
  11. **Job Fair** - A successful Job Mela was organized in association with AMP (Association of Muslim Professionals) at Belapur, Byculla, Fort once a month from August to November. More than 600 candidates registered online for the Job Drive, out of which 253 were shortlisted. 150 of them were given on the spot offers.
  12. Poster making competition for community youth on Gender Equality was organised on 25<sup>th</sup> November at Byculla. 45 youth participated in this big event from 9 different communities. Vanita Narvekar, Lalitha Fernandes and Nikita Panhalkar were judges for this competition. Nirmala Niketan students put in a lot of hard work to make the event enjoyable. Certificates were distributed by Priyarsini John, President and she gave beautiful message. The programme was inaugurated by Shoba Philip.
  13. Community women successfully completed two days Para legal training at Byculla. The topics covered were; Food Rights, Slum Rehabilitation Schemes, Basic Laws and Rights of Women, Mahila Mandal Registration Procedure, Govt and BMC Schemes etc.
  14. A Panel Discussion on the topic of 'Women's Rights' on the occasion of Human Rights Day was organised on 8<sup>th</sup> December at Byculla. Eminent personalities from various legal fields participated in the panel discussion. It was a very fruitful discussion which helped people in their understanding of women rights, and also helped them find a direction to proceed further. The panelists included Mr Ramesh from Special Cell, PSI Pranali Gorade from Police, 103 Helpline, Mr Vinod Waghmare-Protection officer, Advocate Savita from Mumbai District Legal Service Authority, Mr Mistri from CWC and Shoba Philip for Shelter home. Programme was attended by nursing students, staff and members.
  15. Fort senior citizen's group along with all community staff attended 'UMANG - Senior Citizens Talent Show' organised by Silver Innings on 17<sup>th</sup> February 2018 at Birla Matoshri Sabhagriha. They performed a group dance on the song 'Mere Piya Gaye Rangoon'. They all enjoyed this programme. Participants received certificates and a trophy.
  16. **Exposure visit:** 100 youth from different communities visited Kisan Gopal Rajpuriya Vanprastha Ashram, Gorai on 23<sup>rd</sup> February 2018. It is an old age home situated in fourteen acres in Keshav Srushti. A lovely place to stay

with natural surroundings. Youth enjoyed the time spent with the elderly and wanted to understand the myths and facts about old age homes. The youth realized that being old is not easy for anyone. Youth conducted games for them and also helped to serve food. The objective of this visit was to sensitize students.

### ***Success stories***

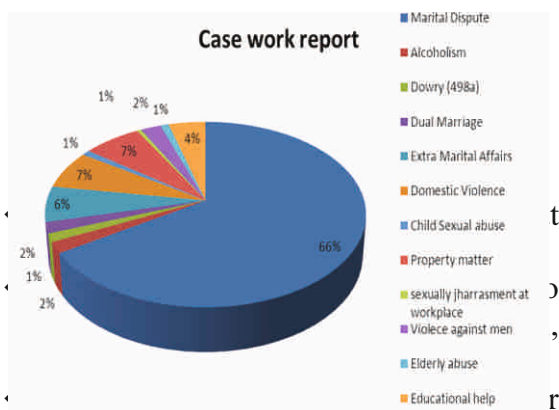
- 1) One woman from Mira road community completed her Tailoring Course and she got a job at Sai Garment Company, Mira Road. She earns a salary of Rs 3,000/- per month
- 2) One woman from Belapur completed her beautician course from YWCA and now has secured a job at Kunda beauty parlour at Kharghar on a salary of Rs 3,500/- per month.
- 3) A SHG woman from Mira Road started supplying tiffin to Industrial area at Mira road and earns Rs 6000/- per month.
- 4) A twelve year old girl from Mira road community was encouraged and motivated by Ranjana Panchal (PSW) to join Quest Mix Martial Arts Academy at Dahisar. After training, girl was selected for judo competition at Nepal and she won a gold medal.
- 5) One lady who was working as a helper in our balwadi completed her HSC. Our Para social worker motivated and encouraged her to do a course from Kotak Foundation. She completed hospitality training and now getting a salary Rs 10,500/- per month.
- 6) Two women from Prerna Mahila Bachat Gat from Belapur received an order to make bags. One bag worth Rs. 35/-. 300 bags have been sold with a profit of Rs. 10,500/-
- 7) Three boys who were drug addicts stopped taking drugs and adopted a new way because of the relentless efforts taken by our social worker Ms Vaishali Shinde. They took training from Kotak Mahindra Foundation and are now earning Rs 15,000/- each per month. Their families are happy and peaceful now.
- 8) A homeless rag picker, for many years was staying on the street with her three small children at Sion. Her husband is an alcoholic. After all legal formalities were completed by Child Welfare Committee and Police her three children got admission in boarding after untiring work by our social worker.
- 9) Two women from Prerna Mahila Bachat gat, Belapur sold bags worth Rs 3,000/- at Urban Haat Stall and made a profit of Rs. 1,400/-
- 10) Two ladies from Pragati Mahila Bachat gat of Belapur sold sarees @ Rs 9,500/- and made a profit of Rs 2,500/- and one lady sold saree petticoats and made a profit of Rs 1,200/-
- 11) Girls who have completed Beauty Parlor Course are getting regular orders and make a profit of approximately Rs 4,000/- per month.
- 12) Current batch of beauty parlor students from Belapur are taking orders and they are making a good profit.
- 13) A boy from Mankhurd completed his training from Kotak Education Foundation and got a job at Pizza Hut, Ghatkopar and is getting a salary of Rs 9,500/- per month.
- 14) Byculla SHG made a profit of Rs 4,958/- from the stall organised by F north ward BMC at Nare Park, Parel from 12<sup>th</sup> to 14<sup>th</sup> January.

## Aasra

Aasra, a drop-in-centre is working for the empowerment of women since 1998 by running its counseling centre that caters to the psychological and social aspects of women in distress functioning from Asha Kiran, Andheri, Byculla and Belapur.

### Services provided by family counseling centre are as follows :-

- Counselling
  - Follow up and home visit
  - Legal Aid
  - Referral
  - Court visits
  - Helping women in obtaining police support
  - Creating awareness among women regarding laws and their rights
  - Providing shelter
  - Rehabilitation.
- ❖ This year (April 2017 to March 2018), 211 new cases were registered, followed up on 473 and settled 109 cases
  - ❖ Marital Disputes – 138 (e.g.- for not giving birth to male child), Alcoholism - 4, Dual Marriage - 04, Dowry – 03, Extra marital affairs – 13, Harassment by husband and by in-laws( Domestic Violence) – 14, Child Sexual abuse 2, property matter -14, Elderly Abuse – 2, Sexual Harassment at workplace – 1, Violence Against Men – 5. Education Help – 9
  - ❖ Cases for emergency shelter referred to Manav Seva Sangh-5, Sharan – 2, Narayan Shelter home 3, B.J. Home 2.



Client's safety

### Aasra Network with following groups;

1. WE Action Networking group
2. M A S U M Networking group (Maharashtra Anti Violence committee, Amman Network).
3. Dignity Foundation, Help Age India for senior citizen cases.
4. Slum Rehabilitation Authority for property matter.
5. Muktangan at Pune, Kripa Foundation, Nasha Mukti Kendra, Bhardawadi, Alcoholic Anonymous for addiction cases.
6. Awaaz-e-Niswaan for Muslim women's rights
7. Sion, Cooper and Nair Hospitals for psychiatric treatment.
8. Shishu Prem Samaj, St. Blaise Church, St. Catherine's Home for educational help.
9. DLSA, Bandra and Thane, Majlis, Family court and Thane Court for Legal Procedures.
10. St. Catherine's Home, Manav Seva Sangh, Aamcha Ghar, Ankur Children Home for accommodation.
11. Child Welfare Committee- Dongri, Ulhasnagar
12. Different police stations for filed N.C,

FIR, missing complaint, protection to filed cases under section 498A etc.

13. **MAVA** as cases registered from men.

### **Saheli group**

- Documentary film “Kauf” based on street harassment was shown to 13 girls on 11<sup>th</sup> April at Byculla. There was a discussion among the girls after watching the film.
- One day training was conducted with Saheli group on 24<sup>th</sup> Feb, 2018 at Byculla. Ms Sheetal Pawaskar and her team from **1098 Child line** share details about the helpline and also awareness on good touch bad touch. Second session was conducted by Ms Neeta Dabre, Assist Co-ordinator on Human Trafficking and POCSO Act. Film was showed to them on Good touch and bad touch. Girls showed their involvement in both the sessions as well as asked some questions to the resource person. Two activities were taken by Dolcy D'souza and Kiran Patil on how to concentrate. Girls enjoyed this full day programme and they were not willing to go back to home. Great contribution was received from Kiran Patil to make this event a success.

### **Nursing Care**

YWCA of Bombay runs one year Nursing Care course under Vocational training centre for marginalized girls and women. Total 98 students were admitted in the year 2017-18. We takes care of the nutritional needs of students and conduct awareness programmes on HIV/AIDS, Cancer, Sexual Harassment at Workplace, Domestic Violence and Self-Defence. We financially sponsor needy students for the course.

- Training for women in nursing and other first-aid procedures.
- Last year, ninety eight girls successfully completed the course and were placed in prominent hospitals, nursing homes and private clinics across Mumbai.
- Basic computer courses and English-speaking courses are also provided.

### **Our Nursing Care Course is registered under Maharashtra State Board Vocational Educational Institute.**

- MSBVE result of batch 2016-17 was declared on 10<sup>th</sup> July 2017. One student got distinction, 31 students got first class & eight students got second class.
- Pre-term exam was conducted on 7<sup>th</sup> September 2017 & terminal exam of Nursing care students was held on 18<sup>th</sup> November 2017.
- Clinical placement for students started from 9<sup>th</sup> October 2017 in different hospitals like Central Railway, Jag Jivan Ram, BSES Hospital, Sanjivani etc.
- Different types of competitions were conducted - Essay, Elocution, Dance, Singing, Mehendi, Traditional day, Rangoli & hair styles.
- Ten days self defense training for students by SKASA (Shotokan Karate and Sports Activity).
- Sessions on 'Parkinson's disease, Organ Donation, Health and Hygiene, Hepatitis B vaccine by Americare, Family planning, Drug addiction & Cyber-crime.

### **Exposure visits**

- Exposure visit was organised for Nursing students at Blind school at Tardeo



- Educational visit for Nursing Care Students was arranged on 8<sup>th</sup> & 9<sup>th</sup> February 2017 to Primary Health Centre at Virar where students learnt about various medical programs like Malaria, TB, Family planning, Filaria, Dog bite & snake bite and thereafter for the camp to Alexson Resort.

### ***Capacity building for staff***

- Training was conducted by Ms Delphina Gurav for nursing staff in the month of June 17 & January 18 at Byculla. Topics covered were Students Evaluation & Recent trends and practices in infection control.
- Conducted session on 'Ethical values of nurses' by Vanita Narvekar for students on 20<sup>th</sup> January.
- Akshaya More and Prajka Dudhe attended training on 'Train the Trainer for Trade Instructors on Assessment Tools' conducted by SKIP Western Region on 19<sup>th</sup> & 20<sup>th</sup> February at Don Bosco Institute at Vidyavihar.

### **Bakery**

Courses in baking are conducted with the objective of providing employment opportunities for youth.

**Academic:** The Long term batches of 2017-2018 **Craft Course Cookery, Bakery and Confectionery** had 21 students of which 19 students of **Craft Course Bakery and Confectionery** are going to appear for the **MSBVE** examination.

1. Short term Bakery course had 15 students.
2. An Educational visit cum Exhibition at Bandra Kurla Complex was organized for Cookery and Bakery students on 22<sup>th</sup> November 2017.

3. **Moinuddin Belgoanwala** won 1 prize in Mocktail competition held by **YMCA of Bombay**.
4. Pre-term exam was conducted on 7<sup>th</sup> September 2017.
5. Nareeen Malim and Patricia Fernandez won Third prize in Intra Chef Competition conducted by Sheela Raheja Hotel Management Institute
6. **Chef Competition** conducted on 1<sup>st</sup> Dec 2017 judged by **Celebrity Chef Varun Inamdar**

### **Competitions arranged throughout the year**

- Essay Competition
- Chocolate Carving Competition
- Solo Dance Competition
- Traditional Attire Competition

**Students have been placed for three months Industrial Training from May to August 2018 at *The Lalit, JW Marriott, Taj Lands End, Birdys, Oberoi Flight Kitchen, The Grand Sarover IBIS, Ratan Tata Institute***

Orders for Bakery Products were taken from churches, members, staff and our regular individual customers during the year.

Womens Development Unit place on record our appreciation to students from TISS, Nirmala Niketan, St Xavier's & volunteers. We thankfully acknowledge support from Networking partners, Police, Legal Aide, hospitals, resource persons and well-wishers. Special thanks to Dosti Organisation and donors for sponsoring children for education and women to start a business. MSME for EDP programme, BMC CDO's for supporting our SHG members and Jan Shikshan Sansthan for enabling us to conduct Tailoring and Beautician Courses.

## **Asha Kiran**

Asha Kiran, the Women's Development Complex of the YWCA of Bombay, continues to be a 'Ray of Hope' to all its beneficiaries. It is dedicated to all-round development of women and children of different backgrounds, age groups, cultures, castes and creeds. It caters to local needs, keeping pace with the rapidly growing changing demands of our times, from providing a home away from home for Senior Citizens, Transient Guest Accommodation and Hostel for working girls in the heart of the city, to organizing awareness programmes, study centers, career guidance classes to SSC/HSC students from vernacular mediums, to a day care center for senior citizens, a crèche for children of domestic workers, and a shelter for women in distress. We also have an Amphitheatre and a Conference hall / Meeting room, for various activities.

### **Residential Programmes**

#### **Residence for Senior Women**

Eight senior women have taken up accommodation at the YWCA and made this place their home. The residents are not only provided with much needed security but also ensured privacy through self-contained single rooms, while at the same time giving the seniors, a rare and unique option to mingle and interact with persons of different age groups under one roof. Asha Kiran also provides for the spiritual wellbeing of these seniors.

Another highlight of their stay is the celebrations of Birthdays, Mother's Day, Elder's Day, Christmas and Valentine's Day. There is indeed a relaxed and happy smile on their faces.

#### **Transient Guest**

To provide accommodation on single and

twin sharing rooms to the women who come to Mumbai for short or business trips. Women from all over the world can avail of this facility. We are happy to inform that guest rooms are running full. Online payments is a facility introduced recently. This year over 169 of guests were accommodated. Several have left appreciating comments of their stay. It is heartening to report that many guests are frequent visitors which speaks volumes of their preferred place of stay.

**'To avoid disappointment, book in advance'**

#### **Emergency Shelter**

Temporary accommodation free or at very nominal cost is provided to women in distress, especially victims of domestic violence and sexual assault / abuse. Women who are referred by NGOs are also provided legal help and counseling. It helps them to recover from their traumatic situations in a very supportive environment which gives them peaceful space to introspect and plan on rebuilding their broken lives. The hostilities and residents interact with these unfortunate women in distress. They lend a helping hand in providing small necessities like clothes, toiletries, companionship and assistance in travelling. There is a different kind of outreach and empathetic relationship developed on the part of residents. Majlis referred four such cases under our roof with two minor children.

**'Yes, we are there for you!'**

#### **Extension Classes**

Over 150 students take the Bharatnatyam classes in the evenings conducted by professionals.

**'Come Dance with Me'**

## **Facilities and Bookings**

- a. Conference hall / Meeting room, is used for various meetings and conferences by several women groups, professionals and YWCA departments for various programmes and in-house workshops.
- b. Amphitheatre is an open air theatre which seats around 100 persons. This facility is used for in-house programmes, Hostel Day and Christmas celebrations. At times this area is booked by theatre groups for rehearsals. Need to aggressively market this space is on our agenda.
- c. Library – It's a well stocked 'Store House' of novels, books on various topics, latest magazines, newspapers and educational books. Students, residents and transient guests who stay here to appear for exams, have a quite space for reference and study. Early morning, this space is used by a resident classical singer to perform her practice and 'riyaz'.

## **'What a utility of every inch of space!'**

### **Community Outreach Programme**

#### **Crèche for Children of Domestic Working Mothers**

We have on record as of April 2018, 42 children in the age group of two and a half to five years who come happily with sunshine smiles, every morning. Their parents feel proud, secure and thankful as they bring their tiny tots. A loving, protective and safe environment helps the mothers to carry on their domestic work peacefully and stress free. In June of each year the older children leave to join regular school. Last year 17 children left the crèche and joined pre-school.

The day starts with exercises and is followed by writing practice of alphabets and

numbers in Hindi, Marathi and English. In the afternoon, they are provided with nutritious lunch where they also learn how to eat in a group and follow discipline; this is followed by a small nap. Numerous activities are done with them through the week e.g. games, nature study, good manners, storytelling, and so on for their holistic development. All important days are observed and celebrated. Picnic and annual day are celebrated enthusiastically. The Balwadi has attracted the parents to participate in all our YWCA outreach and awareness programmes.

#### **Study Centre**

The Study centre caters to students from classes 7<sup>th</sup> to 10<sup>th</sup>. The registration in June 2017 recorded 117 students, however the number fluctuates. The students are from different mediums of instruction, English, Lower English, Urdu and Marathi. A dedicated staff not only gives academic help but also all-round holistic growth. In the academic year 2016 – 2017 sixty two students appeared for the SSC exams held in March 2017. Vaishnavi Mistri was the topper securing 82% at the 2017 SSC exams. The overall pass percentage was 96%. In March 2018, 42 students appeared for the SSC exams of which results are due in June 2018.

#### **'All the Best'**

Two SSC students needed special mention, as they worked hard against all odds.

- a. Nikita Bait was employed as a house maid. She had studied upto 5<sup>th</sup> standard at her native place Mahad. The landlady brought her to YWCA study center. Nikita appeared for the SSC exams and passed securing 40%. Today she has cleared the YCMOU for further studies.
- b. Zainab Shaikh had an accidental fall

from her 1<sup>st</sup> floor residence. After some months of hospitalization and treatment, she came to the YWCA study center with a lot of physical and emotional problems. Sensitive handling by the teachers, motivational staff and her own hard work saw her clear the SSC exams securing 43%. She joined our Basic Tailoring Course and now wants to pursue college in Home Science.

**'Asha Kiran has indeed brought Hope to those who are Hopeless'.**

### **Justice Beyond Borders**

Keeping in focus the Theme for this year we made every effort to fulfill this goal.

1. A 9<sup>th</sup> Std student, Ashwini Gaikwad was made homeless when her step father threw her out of the house. She took shelter at her friend's home for a few days. The friend's mother was aware of YWCA and got in touch with Asha Kiran staff. On hearing the case Asst. Co-ordinator realized it came under the preview of the POCSO (Protection of Children from Sexual Offences) Act. Immediately referred her to our in-house Aasra Family Center and Majlis and is now at CWC (Child Welfare Committee)
2. Mr. Chandra Poojari- YWCA Canteen worker suffered a mild heart attack on our premises. Asst Coordinator Shraddha More spoke with Ms. Shanti (Social Worker-Seven Hills Hospital, Andheri-E) regarding Rajiv Gandhi Yojna and referred Chandra to Seven Hills Hospital. He was operated immediately and is now out of danger. The entire treatment was free of cost and under the Rajiv Gandhi Yojna scheme.
3. Hearing Aid was provided immediately to Ms. Nita Khazan Singh, our senior

resident, with the help of Project Mainstream Organization.

4. Treasa Cornellos was facing a difficult financial as well as medical condition with acute asthma and sudden weight loss of 5 kgs in a month. The YWCA helped her with Rs.5000/- for her immediate upkeep.
5. Most adolescent girls suffer from Anemia and there was an urgent need to supplement their daily food requirement for 110 Study Centre girls was recommended. These girls get nutrition supplements every day.
6. 106 job aspirants came with their resume at the Job Drive Programme. 80 of them got job placements through S. S. Global Experience, Magus Dialogue, Mount Talent and Laycomm Services Pvt .Ltd. It was a successful first time venture which we will pursue in future.

### **Hum Honge Kamyab**

**Sakhi Project-** Single women project, in all 27 cases was registered.

1. This year we enrolled 7 Sakhi members.
2. Renuka Nigappa Bhandari got Tailoring machine from Women and Child Dept., Andheri K- West ward. It was a scheme for single women.
3. Vaishali Gabaji Bucche - 23 works with Illusion Dental Laboratories Pvt Ltd, Andheri-W. She was affected by tuberculosis, came in a distress state to YWCA. Staff referred her to YMCA Sharan at Sakinaka and got her shelter for 6 months.
4. One of our Sakhi members Sunita Sonkusre attended the full day workshop on 'Legal Awareness'.

### **Visits and Exposures**

1. 17 seniors attended 'Vintage Musical



- Extravaganza' Program in Bhaidas Hall on 'World Elders' Day.
  - 2. Day Care Seniors participated in Evening of Carols at YWCA Fort.
  - 3. 87 study centre students enjoyed a picnic to 'National Global Pagoda', Borivali.
  - 4. 12 seniors enjoyed 3D movie 'Padmavat' at PVR, Star Mall, Andheri-W
  - 5. 10 seniors enjoyed 'Sunahare Pal' Musical Orchestra at Mahalaxmi Lala Lajpatrai Auditorium. It was organized by Rotary and Lions Club.
  - 6. 12 seniors enjoyed the movie 'Toilet Ek Prem Katha' at City Mall, Andheri-W.
- 2. Awareness talks 'How to deal with Violence' for girls and adolescent boys from nearby schools was conducted at the amphitheatre, 120 students attended. Efforts to keep it regular are in progress.
  - 3. This year the emphasis focused on 'Single Parenting' Sponsorship and moral support was extended to single mothers to overcome their distressed and helpless state.
  - 4. Day Care Senior programme re-opened in August 2017. Currently we have 20 women who seek help. The number fluctuates according to need.
  - 5. New programmes are implemented as per need like Finishing Touch, Short term skills courses and Eye brow shaping course.

**Highlights**

- 1. Need-based programme was started this year. Every month awareness sessions are conducted. Approximately 30 women have come from various SHG groups.

**Women's Day**



New projects on the way - Community Workers training programme, Yashwantrao Open University Preparatory Coaching Classes and Embroidery class

### Capacity Building for Beneficiaries

<b>Programme</b>	<b>Beneficiaries</b>	<b>Total No.</b>
POCSO (Protection of Children from Sexual Offences) Act. Conducted by-PIYA	Crèche parents	21
Free Demo on Bridal make-up By Tarannum Shaikh	Basic beautician students	52
Free Demo on Smoky Eyes By Avon Company Speaker- Anjum Shaikh	Basic beautician students	41
Session on Healthy Living, Nutrition and Diet By Dr. Falguni Gaitonde	Parents, community women and members.	86
Personality Development By Dr. Sharmila Donde	Study centre students and teachers	67
Human Trafficking by Y Deepa Speaker Mr. Sumit from IJM (International Justice Mission)	Study centre students, staff and teachers	92
Functioning of Self Help Group By Asst. Co-ordinator Shraddha More	SHG Bhimai and Shakti, Community women, Shakhi project members	11
Domestic Violence by Neeta Dabre (Asst. Coordinator - WDU).	Crèche parents, study centre parents and beneficiaries	64
Good Touch and Bad touch by Dr. Falguni Gaitonde	Study centre students, teachers and staff	76
<b>Awareness Camp</b> 1. Dance session was taken by Ms. Ann Daws - DDH Resident 2. Nutrition- by Nachita-WDU Dept. 3. Health and Hygiene by Ms. Prajakta ( Nursing Care Course) Physical Changes by Shobha Ugale (FPAI) Family Planning Association of India 4. Music Session by Dr. Divya Dayal 5. Personality Development by Ms. Rohini Adawale .	Study Centre Students	41
Rationing Rights - Ms. Taruna Kumbhar (Ration Kritee Samittee)	SHG members and Community Women	49
“Premature Pregnancy” by Nanavati Hospital	Study Centre parents, Crèche Parents and Beneficiaries	
How to deal with Violence - Week Without Violence – by Mumtaz Shaikh CORO Organization	Study centre and neighbouring schools	127
Savitribai Phule by Lalita Dhara, YWCA Member	Self-help groups and staff	20
Importance of Education by Asst. Coordinator Shraddha More	Self-help group	27
Participation in Cricket Tournament	Neighbouring school students	5

<b>Programme</b>	<b>Organized by</b>	<b>Staff</b>
Employment Card Registration	Skill and Training Dept of Government	Shraddha More Asst. Coordinator
International Justice Mission	PASI Dept	Maya Chandanshiv, Harshita Jain, Kameez Faqri, Sharddha More and Shamal Pawar
Social Status of Women in Society	Shraddha More - Asst. Coordinator	Pallavi, Anita Katkade, Sarita Patankar, Lal Bee, Sangita, Vaishali Sakpal, Maya Chandanshive and Ratna Naik
Conference on 'Need of Making Policies for Single Women'	CORO	Shraddha More Asst. Coordinator - AK, Neeta Dabre Asst. Co-ordinator WDU, Dolcy D'souza- Counsellor-Aasra
Challenging and Changing Social Norms that Perpetuate Violence- 'Politicizing The Personal'	CORO	Shraddha More Asst. Coordinator - AK
'Week without Violence'	Women's Networking	Para Social Workers -Vaishali Sakpal and Swati Sawant
Legal Awareness	PASI	Asst. Coordinator Shraddha More, Para Social Workers Vaishali Sapkal and Swati Sawant, Sakhi member Ms. Sunita Sonkusre
Vidhi Seva Maha Shibir	Govt. Services Exhibition	Asst. Coordinator - Shraddha More
Women's Day programme	National Institute of Industrial Engineering	Para Social Worker, Vaishali Sakpal

### Special Events

**Important days are celebrated with awareness talks and information on the day. Skits, plays, dance performances are a regular feature at all these events.**

#### Some Special Mentions

- a. Women Networking celebrated International Women's Day at Ashankur Center Adv. Jaya Menon spoke on 'Changing Images of Women in Media'
- b. AK staff and study centre teachers celebrated Women's Day with a sponsored breakfast and gifts.
- c. World Alzheimer's Day observed with a talk on 'Dementia' by Dr. Sharmila Donde from Parkinson's, Neurology Foundation. Silver Innings also participated in the session for seniors and members.
- d. 'World Elders Day' was celebrated enthusiastically.
- e. Bhogi (Pongal Festival) was joyful celebrated by seniors who brought all kinds of pulses and mixed sprouts for breakfast.
- f. Seniors performed Prayer Dance at 'Umang Talent Show'. They won a trophy and certificates. They performed the dance at the YWCA APM function and also AK Annual Day.
- g. New Year was celebrated with 'Malvani Flavour'. Seniors contributed and made fish curry, Ghati fish fry, Bhakri and Rice to encourage all to enjoy our 'Koli Culture'.
- h. 2018 - Women's Day was celebrated with a talk on 'Kashmiri Women Resistance Day'. Lara Jesani, Sandhya Gokhle and

- Sujata Godoskar were the Resource Persons. All of them are Members of 'Forum against Oppression of Women'. 263 women from various SHG's, ICDS (Integrated Child Development Schemes) and others attended the event.
- i. 97 women attended alumni meet with Tailoring and Parlor students. Ms. Smita Modi Finance Head from Celeste Pvt. Ltd and Ms. Asmita Salgaonkar Asst. Director from Jana Shikshan Sansthan were the resource persons.
  - j. Asha Kiran bursts with joy on its Annual Day (28th February). This year's theme was 'Tri Colour-TIRANGA' The message of the theme was showcased with a variety of performances. All beneficiaries above 315 participated joyfully. House Full Programme!!

### Sponsorship Students

1. Neetu Prajapati secured 49.23% in 12<sup>th</sup> Commerce.
2. Namrata Prajapati has appeared for SYBA.
3. Gausiya Qazi graduated with a BSC degree scoring an overall 83%. Her entire study, for 5 years was sponsored by YWCA. She has always been a deserving study center student.
4. Harshita Mahale completed her BSC degree with YWCA sponsorship. She now works for our study centre as a Maths/Science Teacher.

Deserving low income students regularly get Y-sponsorship for beautician and Tailoring courses. Andheri members generously sponsor students and donate equipment towards growth of the classes.

### Sustainable Livelihood Programme and Skill Training. Regular Classes and Course

Name of the Course	Total No of Students	No. Of Batches
Basic Beautician	99	6
Basic Tailoring	36	2
Dress Designer and Blouse Making	11	1
English Speaking	46	2
Finishing Touch	15	1
<b>Total</b>	<b>207</b>	<b>11</b>

### Vacation Courses

Name of the Course	Total No of Students	No. Of Batches
Bridal Makeup	20	1
Basic Mehendi	40	2
Bridal Mehendi	15	1
Hobby ClassRangoli	12	1
Hair Cut	13	1
Self Defense	20	1
Nail Art	23	1
Self-Grooming	48	3
<b>Total</b>	<b>191</b>	<b>11</b>



On any given day Asha Kiran is buzzing with activities, including sundays where approximately 200 members of various denominations worship on our premises. Seniors and residents participate in these spiritual gatherings as well.

*In fact we are ever on the lookout for space to start a new activity. Asha Kiran is an exemplary hub putting our motto in action "By Love Serve One Another" and has truly lived upto the expectations of the people for whom it was initiated.*

**Amidst all the hustle and bustle of Mumbai there is a 'Asha Ki Kiran'**

## **Committees for Residential Facilities**

### **International Centre**

We have completed one more year in providing outstanding services to our esteemed guests, both domestic as well as International.

The annual turnover for the year 2017-2018 was **Rs. 4,39,34,478/-**. In spite of economic crisis due to demonetization of Indian currency and terrorist attack in many European countries, overall we have almost achieved our budgeted income amount @ 67% room occupancy. (Net profit for the year 2017-2018 was Rs. 55,36,892/- as compared to Rs. 77,58,052/- in 2016 – 2017).

We have in the past year hosted guests from various parts of the world – Australia, Spain, South Africa, Sri Lanka, Israel, UK, France, London, Japan, China, America and Canada to name a few. It was also encouraging to find excellent feedback from our guests in the 'tripadvisor.in' for the past year. Breakfast and buffet dinner included in our tariff is much appreciated by our guests.

- Trip Advisor team has awarded

Certificate of Excellence in Hospitality with best rating for International Centre of YWCA for the year of 2017 (based on guest feedback on trip advisor).

- With the installation of Solar Power system our electricity bill has been reduced by 50%.
- Four establishment staff have been promoted to front office after obtaining a diploma in MS CIT.
- No overtime was paid to permanent staff, resulting in further savings.
- In-house seminars were conducted for all employees.
- Introduction of Floor Captains helped in smooth and efficient functioning.

## **General Hostels**

### **ABH**

YWCA Achamma Bhavan Hostel is situated in Mumbai Central, the heart of the metro city. It is clean, safe and secure with affordable rates. It has 2 well equipped dormitories to house 23 working women and students/trainees along with one comfortable 3 seater guest room. We have replaced the old cots with wrought iron cots and new mattresses in both the dormitories.

In-nights are organized to provide an opportunity for the residents to get together and interact with one another, it is a platform to express their talents and share their knowledge. Session on Gender Justice and Empowerment for Girls and Women were organized.

National festivals are celebrated with great enthusiasm by the residents and guests.

Christmas celebration was held on Monday, 13<sup>th</sup> December 2017. The programme began

with a skit on the birth of Jesus and Christmas carols. Games were played. A special programme was organized to crown the 'YWCA Queen'.

Daily Devotion is a blessing to the residents, guests and staff.

### **Anugraha**

Strategically located near the bus and railway station, Anugraha is situated amidst lush greenery and gentle mountains. This beautiful and green hostel houses working women, student residents and transient guests. It runs to full capacity throughout the year as it is extremely clean and aesthetically decorated, the front garden and backyard with potted plants add to its intrinsic charm.

This past year was fruitful in terms of executing the Lease Deed at CIDCO and getting it registered at the Sub Registrar's office in the name of YWCA of Bombay Anugraha on 6<sup>th</sup> March 2018 pending from 2001. The application for extra 0.25% FSI has also gone through.

Anugraha hosts tailoring, beauty, mehndi, fashion designing, bag making and cookery classes for the women and girls from the nearby community. Besides this there is a very well attended nursery for the community children.

In-nights are celebrated with great enthusiasm and fun comprising of songs and dances by the residents. Skits by the Reach Band from Canada and a student group from Hawaii was thoroughly enjoyed by all. Talk shows giving vital information on 'The Mind and Our Thoughts' by in-house MD residents were also held.

The hostel was decorated beautifully for Christmas with streamers, red and green shrub balls and paper Mache lamps, In-night

was special with Carols by the choir from 'The Church' and skits to explain the real meaning of Christmas. National Festivals were celebrated with patriotic fervor and vigor.

Weekly Bible Study were held for the past 18 years by our senior members and faithful Bible teacher Hilda Prabakaran. It was the end of an era for all at Y Belapur with her passing away on 15<sup>th</sup> November 2017. The legacy still continues.....

Every Sunday throughout the year, 3 Church services are held bringing blessings to all.

### **LWH**

Lady Willingdon Hostel is an UNESCO award winning heritage building. It is located in South Mumbai and caters to the needs of young working women and interns from many states of our country. It is extremely popular and runs to full capacity throughout the year. Its popularity can be attributed not only to its prime location but also its proximity to the much sought after Educational Institutions as well as the High Court. We house professionals from various fields. The Hostel provides safe, secure and comfortable accommodation to 68 residents and 10 guests. This year saw a complete rewiring of the hostel and a shift from normal to electricity saving LED bulbs. The installation of Solar Roof-top Power panels for power generator has been another feather in our cap leading to massive reduction in power consumption.

In-nights are times of togetherness and engaging in interesting lectures and interactive discussions. Residents and guests also participate in the Y programmes like Sacred Music, World Day of Prayer and Celebration of National Festivals.

Weekly Bible Study/Prayer is held on

Wednesdays. Sundays are filled with worship songs and study of The Word by the Hindi Church which meets in the premises, on Saturday afternoons the hall echoes with melodious sounds of the choir.

## **DDH**

Dipti Dhaman Hostel is situated at Andheri near the railway and metro station. It is an ideal home for working women and students. Andheri being a socio-economic hub with scores of opportunities in its various industries, ensures year round full occupancy. Also it is well connected with safe public transport and hence much preferred by young ladies beginning their career and students pursuing higher studies. Accommodation is available for 100 girls in 3, 4 and 5 seaters. The need for discipline, cleanliness, responsibility and empathy are stressed upon, at the time of admission. This results in an atmosphere of camaraderie. The hostel provides furnished, well maintained rooms, each floor has a lounge with cable TV, newspapers and magazines are also provided. The ground floor has a cafeteria which provides meals and snacks to the residents.

YWCA, being an NGO for women and children and various programmes are held. Residents can participate and contribute in these along with members / guests.

In-nights are regularly held, it is the platform where the residents get an opportunity to present their own programmes or resource persons are invited to discuss current issues. A movie 'War Room' was screened.

The residents observed National events such as Republic and Independence Day with active participation.

The Annual Christmas party was held with much enthusiasm, it included games and

various performances in the evening. Floor decoration competition was held. These activities were followed by Christmas dinner.

## **Prevention of Sexual Harassment at Workplace (POSH)**

Sexual harassment at workplace has been one of the central concerns of the women's movement in India since the 80's. The Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act 2013 (POSH) was passed in December 2013. The main objective of the Act is to ensure that women feel safe at the workplace. It is important to abide by certain principles and professional decorum to allow every person to work to their best ability without being made to feel inferior, excluded or discriminated against.

The committee members of YWCA of Bombay Internal Complaints Committee are Dr Usha Ubale, Rekha Joshi, Shoba Philip, Neeta Dabre, Lawrence Rebello and Anil Bhojane.

- The organization has an independent policy of POSH
- Number of Complaints received during the year: Nil

## **Awareness programs and workshops**

- Awareness sessions with staff of Lilavati Hospital, HDFC capital (Delhi and Mumbai Branch) and National Insurance.
  - Awareness session conducted for YWCA - IC and Fort staff as well as for Fort and Thane community.
  - Creating toolkits which include IEC material (Information, Education and Communication) in the form of posters, banners and stickers.
- Knowledge is power and being aware of

the laws and remedies available reduces the chance of sexual harassment.

Organisations on which YWCA is the NGO member of their ICC

1. HDFC Sales
2. HDFC Capital
3. GPO (HQ) and Dadar (RO)
4. Ambedkar / Shatabadi Hospital
5. N/Ward Office
6. M East and M West Ward Office
7. Kasturba Hospital
8. Matunga Railway Workshop
9. Byculla Railway Workshop
10. MDACS, Wadala

A systematic grievance redressal

### **Heads of Departments**



### **Seminar on Role of NGOs**





## Report of the Nominating Committee

Nominating Committee in consultation with Board of Management identified eligible members for election of National Board and Nominating Committee. Forms with their consent were sent to National Nominating Committee.

A meeting of Nominating Committee was held on 13<sup>th</sup> April 2018, in which election schedule was discussed and letter was sent to Membership Committee asking for Electoral Roll 2018 – 19.

The Membership Committee furnished us with the list of 96 (ninety-six) electoral members age-wise and area-wise.

The eligibility Electoral List was prepared and put up on the office Notice Board at all centres. This was informed in advance to all

the members through Jottings. Nominations for the Board of Management, Office Bearers, Nominating Committee Chairperson and Members were called from 96 (ninety-six) eligible Electoral Members to whom the nomination forms were sent.

Election will be held on Saturday, 30<sup>th</sup> June 2018 from 11.00 am to 2.00 pm at YWCA of Bombay, 75, Motlibai Street, Near Maratha Mandir, Byculla, Mumbai 400 008.

I thank the Tellers, the Nominating Committee Members and the Staff for their full support and active participation.

We wish all the best to the new Board and all the Committees.

***Dr. Usha Ubale***

Chairperson, Nominating Committee

### Tellers

Indira Jenna  
Shobha Bhatia  
Poonam Priya  
Jayanthi Premkumar  
Aasiya Sayed  
Tehzeem Ahmedabadwala

### Nominating Committee

Dr. Usha Ubale - Chairperson  
Elsa D'Cruz - Board Member  
Vimala Raichur  
Vinita Reuben  
Rosa D'Souza  
Sandra Francis  
Miriam Kanga



## List of Committees

### Administrative Committees

#### Finance

Pavana Anchees (CP)  
Lalitha Fernandes  
Rekha Joshi  
Dr. Sonal Ohol  
Sharon Pires  
Elizabeth Mascarenhas  
Juliet Solomon  
Elsa D'Cruz  
Dr. Lata Clements  
Yasmin Kuruvilla  
Latika Pillai  
Mary Cheru

#### Personnel

Yasmin Kuruvilla (CP)  
Lalitha Fernandes  
Vanita Narvekar  
Mary Cheru  
Sarasa Isaac  
Smita Pathak  
Elsa D'Cruz

#### Buildings

Lalitha Fernandes (CP)  
Lavina Shirsat  
Mary Cheru  
Meena Azavedo  
Smita Pathak  
Chandraprabha Nundy  
Elsa D'Cruz / Miriam Kanga

### Committees for Programmes & Activities

#### Membership

Juliet Solomon (CP)  
Aasiyaa Sayed  
Ovita Parulekar

Jaya Damodaran  
Elaine Fernandes  
Shama Chatterjee  
Sharon Solomon  
Vinita Reuben  
Jane Rodrigues

#### Jottings

Shama Chatterjee (CP)  
Meena D'Souza  
Hilda Patrao  
Ovita Parulekar

#### Spiritual Emphasis

Elizabeth Mascarenhas (CP)  
Elsa D'Cruz  
Lily Sebastian  
Miriam Kanga  
Roma Bob Peters  
Elizabeth Peters

#### PASI

Rekha Joshi (CP)  
Dr. Ratna Bhattacharya  
Dr. Anuradha Patil  
Shoba Bhatia  
Dr. Sonal Ohol  
Lovey Pariyaram  
Susy Babychan  
Chandraprabha Nundy

#### PIYA

Lathika Pillai (CP)  
Indira Jenna  
Geeta Murudeshwar  
Pricilla Albuquerque  
Alka Desai  
Shama Chatterjee

#### Public Relations

Sharon Pires (CP)  
Indira Jenna

Sarojini Hingorani  
Lavina Shirsat  
Dr. Sonal Ohol  
Melissa D'souza

#### WDU

Dr. Sonal Ohol (CP)  
Dr. Usha Ubale  
Vanita Narvekar  
Komal Oberoi  
Mary Mathew  
Lalitha Fernandes  
Rosa D'Souza

#### Asha Kiran

Dr. Lata Clements (CP)  
Marina John  
Flory D'Souza  
Vimala Raichur  
Komal Oberoi  
Neelam Sharma  
Tessy Abraham  
Smita Pathak  
Sharon Solomon

### Committees for Residential facilities

#### International Centre

Elsa D'Cruz (CP)  
Dr. Anuradha Patil  
Vanita Narvekar  
Meena Azavedo  
Miriam Kanga  
Elizabeth Mascarenhas  
Juliet Solomon  
Elizabeth Peters

#### General Hostels

Lavina Shirsat (CP)  
Mary Cheru  
Meena Azavedo

Smita Patak  
Chandraprabha Nundy

#### Achamma Bhavan

Meena Azavedo (CP)  
Jennifer Talwalkar  
Usha Ubale  
Jayanti Premkumar  
Miriam Kanga

#### Anugraha

Chandraprabha Nundy (CP)  
Rajitha Chandran  
Ashiya Sayeed  
Nita Susan Jacob

#### Dipti Dhaman

Smita Pathak (CP)  
Shama Chatterjee  
Flory D'Souza  
Sarojini Hingorani  
Vinita Reuben

#### Lady Willingdon

Mary Cheru (CP)  
Susan Jacob  
Ratna Bhattacharya  
Rajathi Moses  
Sarasa Isaac

#### POSH

Dr. Usha Ubale (CP)  
Rekha Joshi  
Shoba Philip  
Neeta Dabre  
Lawrence Rebello  
Anil Bhojane

#### Ex-officio on all committees

President – Priyadarsini

## **Our Offices**

### **Andheri**

Asha Kiran  
53, J.P. Road, Andheri West,  
Mumbai - 400058  
Ph: 022-26702831 / 63 / 72  
Fax: 022-26280577  
Email: ywcaandheri@rediffmail.com

### **Belapur**

Anugraha Hostel, Sector - 8,  
CBD - Belapur, Navi Mumbai - 400 0614.  
Ph: 022 - 27570786  
E-mail: ywcaanugraha774@gmail.com

### **Byculla**

75, Motlibai Street, Near Maratha Mandir,  
Byculla, Mumbai - 400 008.  
Ph: 022 - 23096544 / 555 / 23020469  
Fax: 022 - 23098066  
E-mail: ybombaygs@gmail.com

### **Fort**

18, Madame Cama Road, Fort,  
Mumbai - 400 001  
Ph: 022 - 22833768 / 22020122  
022-22823411 / 22844822  
Fax: 022 - 22822057  
Email: ywcafort@rediffmail.com

## **Our Hostels**

### **Dipti Dhaman Hostel**

Asha Kiran  
53, J.P. Road, Andheri West,  
Mumbai - 400058  
Ph: 022-26702831 / 63 / 72  
Fax: 022-26280577  
Email: ywcaddh1@gmail.com

### **Anugraha Hostel**

Sector - 8, CBD - Belapur,  
Navi Mumbai - 400 0614.  
Ph: 022 - 27570786  
E-mail: ywcabelapur@gmail.com

### **Achamma Bhavan Hostel**

75, Motlibai Street, Near Maratha  
Mandir, Byculla, Mumbai - 400 008.  
Ph: 022 - 23096544 / 555 / 23020469  
Fax: 022 - 23098066  
E-mail: ywcaadm@gmail.com

### **Lady Willington Hostel**

18, Madame Cama Road, Fort,  
Mumbai - 400 001  
Ph: 022 - 22833768 / 22020122  
22823411 / 22844822  
Fax: 022-22822057  
E-mail: membershipywca@gmail.com  
E-mail: genhostelsbomy@gmail.com

## **YWCA of Bombay**

Website: <http://www.ywcabombay.co.in>  
Facebook: [facebook.com/ywcabombay](https://www.facebook.com/ywcabombay)

## **International Centre**

18, Madame Cama Road, Fort, Mumbai – 400001.  
Ph: 22025053/6624722/22826814/ Fax: 22020445  
Email- [manageryic@gmail.com](mailto:manageryic@gmail.com)







